

# Penrith Methodist Circuit

## Weekly Bulletin

### Sunday 18<sup>th</sup> June 2023



What's believed to be the most famous tag-line of this generation is the Nike slogan '*Just do it*'.

It's been going 35 years now! The phrase was created by Dan Wieden, co-founder of advertising agency Wieden + Kennedy who were working for Nike, and its source is quite macabre. Apparently, these were more or less the last words of a death-row inmate as he faced the firing squad. Wieden saw it on TV, sold it as a slogan to Nike, and the rest is history.

Since then, it's become synonymous with the Nike brand, and the most used, copied and quoted meme or catch-phrase in the world.



The phrase, however, is a pretty good motto for us as Christians, and followers of Jesus. We often talk and think about what we call 'orthodoxy' – having the right beliefs, but we don't hear so much about what's called orthopraxy – doing the right actions. '*Just do it*' would be a good motto for us to take on board.

I believe that faith is a verb, not a noun. It's a *doing* word. You see, what we believe won't make a jot of difference to other people. But what we do just might.

The apostle James said this in James 2:14-17: '*What good is it, my brothers and sisters, if someone claims to have faith but has no deeds? Can such faith save them? Suppose a brother or a sister is without clothes and daily food. If one of you says to them, "Go in peace; keep warm and well fed," but does nothing about their physical needs, what good is it? In the same way, faith by itself, if it is not accompanied by action, is dead*'. He goes on to say '*Be doers of the word, not just hearers*'.

One of the earliest accounts of St. Francis, quotes Francis as telling the first friars, "You only know as much as you *do*." His emphasis on action, practice, and lifestyle was foundational and revolutionary for its time, and is at the root of

Franciscan spirituality. He is reported to have once said: 'Preach the gospel at all times. Use words if necessary'.

We are all busy people, and today's culture is telling us we need to take time for ourselves, and rest, and look after ourselves. Fair enough. But there is also a world out there – even in the streets where you live - even in the church where you worship – that needs people of service and action; people willing to get stuck in and make a difference; people who will 'just do it'.  
Will you be one of them?

*Rev. Tim*



**Penrith Methodist Church**

**10.30am** ~ Morning Worship ~ Rev. Dr James Tebbutt

'GOD'S **TEXT**?' (God Made or Man-made?)

**Readings:** Psalm 23, Matthew 9.35-10.8

**Skelton Methodist Church**

**10.30am** ~ Morning Communion ~ Rev. Tim Cooke

**Stainton Methodist Church**

**10.30am** ~ Morning Worship ~ Rev. David Milner

**Cottage Wood Centre**

**5pm** ~ Early Evening Worship ~ Mr. Michael Boone

**Thought for the Week**

THE LORD IS MY SHEPHERD; I HAVE ALL THAT  
I NEED. HE LETS ME REST IN GREEN MEADOWS;  
HE LEADS ME BESIDE PEACEFUL STREAMS

PSALM 23:1-2



# Weekly Diary

## **Monday 19<sup>th</sup> June**

**9.30am** ~ Monday Walks – Meet outside PMC

**6.15pm** ~ Choral Group

**7.30pm** ~ Monday Zoom Prayer

**7.30pm** ~ Felting Workshop – Ullswater/PMC

## **Tuesday 20<sup>th</sup> June**

**10am** ~ Midweek Service ~ Mrs Lois Morton - Church/PMC

**10.30am** ~ CAP Job Club ~ Beacon/PMC

**7pm** ~ Omega HG – Sunningdale, Stainton

**7.30pm** ~ Junior Youth Club – Ullswater/PMC

## **Wednesday 21<sup>st</sup> June**

**1.30pm** ~ Sewing Craft Group – Skelton Methodist Church

**7pm** ~ Blencow HG – The Hollies, Blencow *(We meet twice monthly at 7pm on a Wednesday. Contact Steve on 07711 088448 for further details.)*

## **Thursday 22<sup>nd</sup> June**

**1pm** ~ Twinkly Tots - Ullswater/PMC

## **Friday 23<sup>rd</sup> June**

**12 noon** ~ Lunch Club – Ullswater/PMC

**7.30pm** ~ Senior Youth Club – Ullswater/PMC

## **Sunday 25<sup>th</sup> June**

**Penrith: 10.30am** ~ Morning Worship ~ Mr. Morgan Tebb-Roger

**7pm** ~ Encounter ~ PJ Summers & Mr. Morgan Tebb-Roger

**Skelton: 10.30am** ~ Morning Worship ~ Rev. Beth Honey

**Stainton: 10.30am** ~ Morning Communion ~ Rev. Tim Cooke

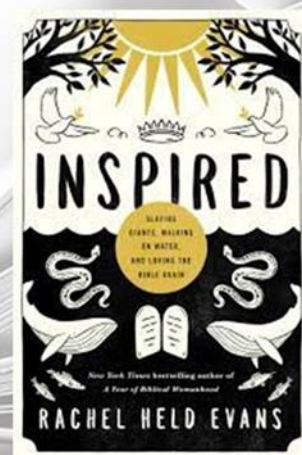
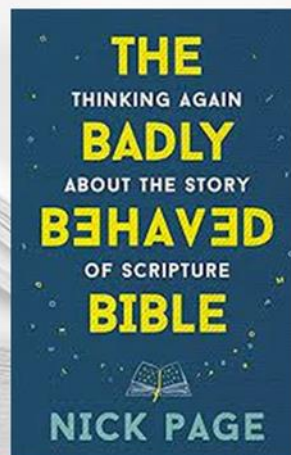
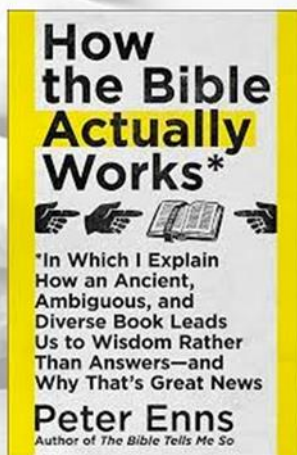
**Cottage Wood Centre: 5pm** ~ Early Evening Worship ~ Sharing Service

**We are super-excited about our  
Sunday morning series running at  
PMC throughout June:**

## *Unpacking the Bible*

**Join us at 10:30 each Sunday,  
or catch-up on YouTube  
as we explore how we can  
fall back in love with this confusing,  
difficult, but beautiful book, and be transformed by it!**

### Unpacking the Bible – 3 great books to go deeper



**These are 3 books you may wish to purchase to go deeper into  
'Unpacking the Bible'.**

**There is also some material being produced each week  
for use in House Groups. If anyone else would like a copy,  
please contact the Circuit Office.**



# FELTING WORKSHOPS

**AN OPPORTUNITY TO LEARN A NEW CRAFT WHILST  
MAKING A 'WELCOME' WALL HANGING**

BRING A FRIEND OR COME ALONG FOR SOME COMPANY

**MONDAY 12TH & 19TH JUNE, 7.30PM  
PENRITH METHODIST CHURCH**

PLEASE LET US KNOW IF YOU WOULD BE INTERESTED IN JOINING US!

**THANKS,  
DAPHNE, TAMAR & ANGE**

## **EAST CUMBRIA METHODIST CIRCUIT VOLUNTEER PROPERTY STEWARD**

**This new circuit comes into being on 1 September as the Penrith and KOAM Circuits merge.**

**We are looking for a volunteer to act as Property Steward for the new circuit. The role is largely administrative in working with eight individual chapel property stewards to ensure compliance with well documented Methodist procedures and offering advice where necessary.**

**The role will also involve looking after 5 manses including liaison with the managing agents for the two that are currently let out.**

**For further details or an informal chat, please contact John Slee on 07971446286.**

## Sad News

Please hold Joy Moore and her family in your prayers following the death of her husband, Peter, last week.



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## Committal Service

There will be a Committal Service for the late Edith Firth on Friday 23<sup>rd</sup> June, 12 noon at Penrith Cemetery. Those who knew Edith are welcome to attend. Please continue to hold her family in your prayers.

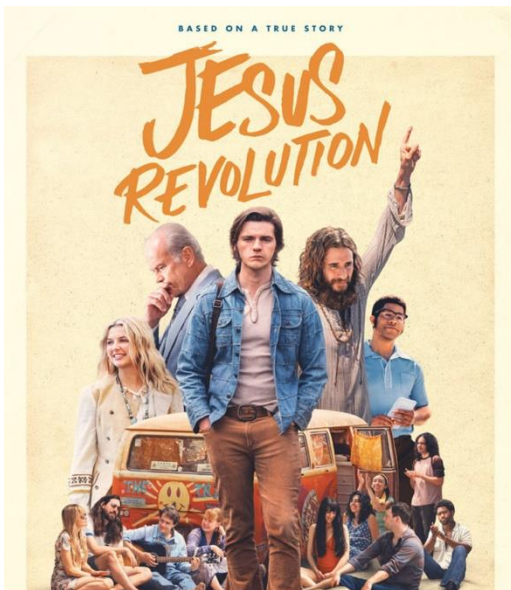
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## Wedding Invite

Amy & Phillip Chapman would like to invite the PMC Church family to their wedding on Saturday 8<sup>th</sup> July at 11am. A garden party is to follow at their home at Newby Hall, Newby, CA10 3EX and all are welcome to attend.



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## Jesus Revolution Film

Keswick's Alhambra cinema is putting on a new Christian film *Jesus Revolution* on:

Friday 23<sup>rd</sup> June at 2pm, Sunday 25<sup>th</sup> June at 5.30pm and Wednesday 28<sup>th</sup> June at 8pm.

To view the trailer, cinema details and to book:

<https://jesusrevolutionmovie.co.uk/movies/15356?ref=>

*"A powerful message of love and forgiveness"* - Esther Higham, Premier Christian radio breakfast show

*"One of the most appealing faith-based big-screen entertainments in a while, polished and persuasive"* - Variety magazine

*Jesus Revolution* opened at number 3 in the USA cinema charts - let's see what you can do in Keswick. Spread the word!

# PRAISE ON THE LAKE 2023

**Sunday 25th June 2023**

Sailing from Lakeside  
(Boarding from 6.30pm)

**Tickets £10.00**

The joy of the Lord will be your strength  
Nehemiah 8:10

**TICKET SALES 015394 41324**

Guest Speaker: Mr John Hutchinson, Grange

Preston Salvation Army Band Musical Director: Mr Darren Highton

Salvation Army Praise 150 Youth Chorus

Promotion and Organisation: C & D Reilly, Coniston

Printing Colder Christian Trust

Any profit from ticket sales will go to the  
Preston Salvation Army Band

**Praise on the Lake is at Windermere.**



**The next Encounter Service will be on Sunday 25<sup>th</sup> June, 7pm at PMC.**



## **PMC Annual Church Meeting**

On Sunday 2<sup>nd</sup> July, our Annual Church Meeting will be included as part of our Morning Worship and will be followed by lunch.

The ACM Booklet will be available in due course.



# *Church Lunch*

**SUNDAY 2ND JULY  
FOLLOWING CHURCH ACM**

**Jacket potatoes & fillings,  
salads and sides, plus  
cake for pudding!**

**Please let the church  
office know if you're able  
to bring fillings, sides or  
pud**





## **All About Anna Chaplaincy**

### **Why Anna?**

In Luke chapter 2 we read about Anna, a faithful older person who recognizes the baby Jesus as the Messiah and tells everyone about him. Older people still have so much to offer in wisdom and life lessons. They should not be forgotten or overlooked because of age.



### **What is Anna Chaplaincy?**

*An Anna Chaplain is someone who accompanies older people at this stage in their life and promotes their spiritual welfare. It is a ministry focused on visiting older people wherever they may be living, whether in residential and nursing homes, sheltered housing, retirement complexes or other private homes. The emphasis is on spiritual support, but practical help can also be offered.*

*An Anna Chaplain also has a wider role as an advocate and champion of the contribution older people make to society. Spiritual support can enable older people to live more peacefully in their later years and be prepared to face the end of their earthly life.\**

### **Why are you telling me this?**

I feel called to this role and having completed the training, am being commissioned as an Anna Chaplain on Sunday 2<sup>nd</sup> July at Cottage Wood at 5pm. Everyone is welcome.

Every Anna Chaplain is different. As I develop my role, I would appreciate any input or suggestions, and am happy to answer any questions you may have.

Gill Williams.

*\*Taken from the BRF Anna Chaplaincy handbook 2022.*

Creating our Future  
**Together**



**Cumbria**  
Methodist District

**Saturday 8th July 2023**  
**9:30am—1:00pm**

**St Andrew's Church Rooms, Penrith**  
**(St Andrew's Place, Penrith CA11 7XX)**

On Saturday 22nd April our District Synod called on us all to prayerfully consider the possibility of creating one, Countywide Circuit. We are inviting you all to join with us as members from across the Circuits in looking at how this could be.

**For this event to work we need to hear your thoughts. Will you be with us on the day?**

Please register via our District Administrator, Carolyn Dickinson  
cumbriamethodistdistrict@outlook.com or telephone: 07727 415400  
to aid us with our planning for the day.

*Our aim is for every Circuit to be represented*

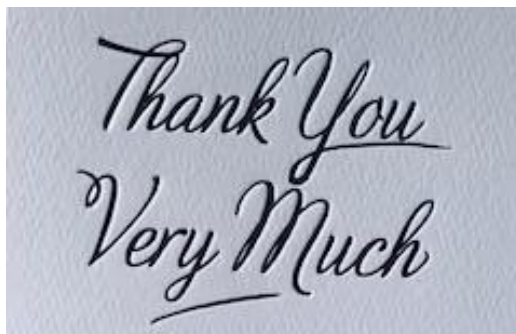
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### PMC Sunday Coffee Rota

As we are now approaching July, please sign up to help with Sunday coffee on the rota in the kitchen or contact the Circuit Office.



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Thank you to all the Church family for my birthday wishes on this next milestone. I had a lovely week spent celebrating with family and friends.

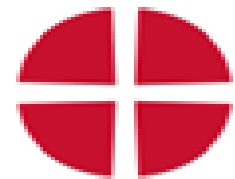
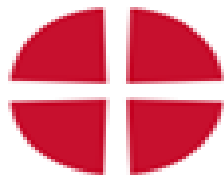
Bryan Gardiner.

# **Sedbergh Methodist Circuit**

warmly invites you to join us at a

Farewell Service

for



**Rev David & Mrs Sarah Crouchley**

on Saturday 15 July 2023

at Cornerstone Community Church,  
New Street, Sedbergh LA10 5AF

at 2.30pm

followed by afternoon tea

The service will be led by  
Rev Dr James Tebbutt,  
Chair of the Cumbria District  
and the preacher will be  
Rev Richard Teal

## Contact Details:

**Superintendent: Rev. Tim Cooke:** 01768 890465 or  
email: [tim.cooke@methodist.org.uk](mailto:tim.cooke@methodist.org.uk)

**Circuit Minister: Rev. David Milner:** 01768 863209 or email: [dave@revmilner.plus.com](mailto:dave@revmilner.plus.com)

**Missional Pioneer & Communities Lay Pastor: Morgan Tebb-Roger:** 07949 156051  
or email: [outreach@penrithmethodist.co.uk](mailto:outreach@penrithmethodist.co.uk)

**Circuit Office:** 01768 862787 or email: [admin@penrithmethodist.co.uk](mailto:admin@penrithmethodist.co.uk)  
(Open 9am - 1pm, Monday to Friday)

**Circuit Administrative Manager: Sarah Mulheron**  
**Administrative Assistant: Maureen Brunskill**  
**Premises Manager: Lindsay Wilson**

### Pastoral Team:-

**Angela Wicker:** 01768 881357; **David & Karen Lee:** 01768 868428

**Lucy Pullan:** 01768 898386; **Morgan Tebb-Roger:** 07949 156051

**Ruth Gardiner:** 01768 863412; **Marion Todd:** 01768 868255

**Eden Debt Centre Manager (CAP) ~ Jon Cook:** 07464 939138  
or email: [joncook@capuk.org](mailto:joncook@capuk.org)

**Cottage Wood Centre - Please send a request to join our Facebook group.**

**PMC Website:** [www.penrithmethodist.co.uk](http://www.penrithmethodist.co.uk)

**Find our Sunday services on YouTube**

**Follow us on Twitter @PMCmethodists and on Facebook**

**Let's stay connected with one another!**

