



Penrith Methodist Circuit

Weekly Bulletin

Sunday 16th July 2023

Journeys

As some of you will know, Roger and I have made many journeys this past 12 months between Penrith and the Hospital in Carlisle. We began by using the major roads (Motorway, Warwick Road, Hardwicke Circus, etc.) but this always carried a risk, particularly if appointments coincided with the rush hour. Would we be there in time or be delayed by the traffic? Eventually, Roger decided to ignore these main roads and go via the road to Wigton, taking the turning to Dalston and into Carlisle that way. It was slightly longer but reduced the amount of traffic and was through much more beautiful scenery.

Is it better to take more time and arrive stress free than in a state of worry? Surely the answer is YES. This made us both think of the analogy with the journey of life and the Christian journey.



When we are young our journeys are determined by those who care for us – we go where they go. As we grow older we make our own choices, and these do not always take us by the best routes. We may think we know best but can easily get caught up in the traffic of life – succumbing to temptations that can bring us harm or at least prevent us achieving our best. How can we find a better more beautiful way?

Jesus said “I am the Way” – John 14.6. It is His promise to us to be a guide on our earthly journey and our spiritual journey – not only one who gives us directions but who will be a constant companion in this life and the next. Sometimes the journeys may be difficult and cause us to worry but at other times we will be permitted to enjoy the scenery around us and relish all we experience.

God, our fellow traveller, we pray for those setting out on a new journey of life – those moving home, refugees, babies and children, new Christians. Please encircle them with Your love and protect and guide them.

God, our fellow traveller, we pray for those who are hurt on their journey – the victims of crime or accident or disease, neglect or abuse. Please bind their wounds and comfort them

God, our fellow traveller, we pray for those who help us on our journey – our family and friends, preachers, teachers and fellow Christians. Keep us travelling together, united in Your love. Amen.

Lois Morton



Penrith Methodist Church

10.30am ~ Healing Service ~ Rev. Gillian Belford

"Home Is Where the Heart Is"

Readings: Psalm 91 & Luke 13: 10 - 17

Skelton Methodist Church

10.30am ~ Morning Worship ~ Rev. David Milner

Stainton Methodist Church

10.30am ~ Morning Worship ~ Mr. Morgan Tebb-Roger

5pm ~ Cottage Wood Centre

Early Evening Worship ~ Rev. Tim Cooke

Thought for the Week



Weekly Diary

Monday 17th July

9.30am ~ Monday Walks – Meet outside PMC

6.15pm ~ Choral Group – Sandgate/PMC

7.30pm ~ Monday Zoom Prayer

Tuesday 18th July

10am ~ Midweek Communion Service ~ Rev. David Milner - Church/PMC

10.30am ~ CAP Job Club – Beacon/PMC

Friday 21st July

12 noon ~ Lunch Club – Ullswater/PMC

Saturday 22nd July

2pm ~ Supper Club Summer Get-Together – Morland (see notice)

Sunday 23rd July

Penrith: 10.30am ~ Morning Communion ~ Rev. Beth Honey

Skelton: 10.30am ~ Morning Communion ~ Rev. Tim Cooke

Stainton: 10.30am ~ Morning Worship ~ Mr. Lawrence Tomlinson

Cottage Wood Centre: 5pm ~ Early Evening Worship ~ Sharing Service

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## **PMC Sunday Coffee Rota**

We have no volunteers to help with Sunday coffee this Sunday, 16<sup>th</sup> July.

Any help would be appreciated.

Please sign the rota in the kitchen if you can help on either 6<sup>th</sup> or 27<sup>th</sup> August.

**The Bouncing Books Foundation Event**  
**Monday 17<sup>th</sup> July, 7pm, at Penrith Golf Club**



**THE BOUNCING BOOKS FOUNDATION** – a lovely charity providing English books to children in Tanzania so that they can go to senior school. Come and meet the founder, Rachel Ellyard (nee Jackson & ex UCC) at Penrith Golf Club Monday 17<sup>th</sup> July 7pm

[www.bouncingbooks.org](http://www.bouncingbooks.org)



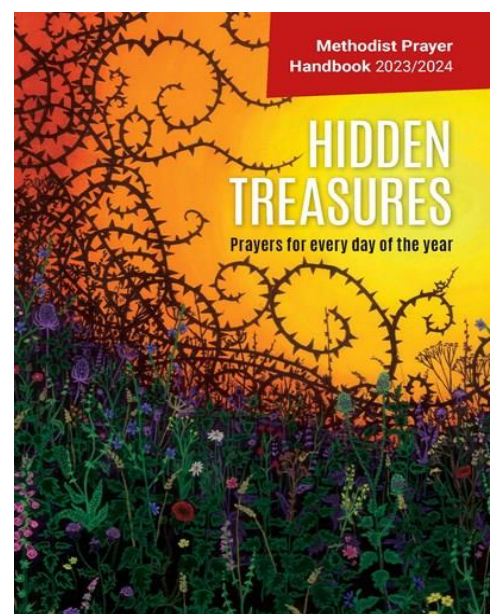
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Prayer Handbook 2023/24

'Hidden Treasures', the new Prayer Handbook, will be available to order until 30th July on the list in Reception. The handbook is a resource shared by Methodists throughout the world. It contains prayers for every day of the year, each day linking with different Christians at home and abroad.

The price is £4.15 per copy for a bulk order.

Best wishes, Judith Joyce.



Supper Club

The first four months of Supper Club have now come to an end. During this time there have been many opportunities for those taking part to meet up with others in the Church family. We have enjoyed good food, sincere friendship, chances to exchange news, put the world to rights and have some fun!

Supper club will start again in September and run until November.

It would be really good to welcome new people to join us. If you would like to know more, please contact Margaret or myself (01931 714110) and we will be happy to talk about it.

OR :- Why not come along to our Summer get-together to find out more.

When & Where:- 2pm on Saturday July 22nd, our house in Morland

Enjoy a local walk and/or relax for afternoon tea.

If you would like to join us for this event, please call the number above or email johngore214@btinternet.com (this will help in judging how much food will be required)

Thank you.

John & Margaret (Gore)





Transport Required

Nora Maule who attends Lunch Club on Fridays, would also like to attend Sunday morning services, however, she is unable to make her own way to PMC.

If anyone would be able to help by giving her a lift to and from church, please contact her on 01768 864295.

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# **Family Open Air Service & BBQ**



**Come and join churches from the Blencathra  
Mission Community for a Family Open Air  
Service, with live music, BBQ, ice cream van  
and fun for the kids.**

**Sunday 30 July 3pm-5pm  
Calthwaite Football Pitch**

### **Tickets:**

**[Greystokevillage.co.uk/event/churchbbq](https://greystokevillage.co.uk/event/churchbbq)**





Thanks to the grant which we have received for 4F, we are able to offer two outings to our lovely families who attend 4F regularly. One of these is an activity day at Penrith's new privately owned swimming/activity centre 'Woggle Goggle'.

Unfortunately, it has been brought to my attention that some families do not own appropriate swimwear. With this in mind, I'm asking you to search your cupboards and drawers for any suitable swimwear – adults (mens and ladies) or childrens of any age – and towels which you may have no further use for.

If you can help, please leave in labelled bags (giving an idea of size/age and suitability) in the glasshouse.

Thank you once again for your continued support!



**Wanna Have Fun!**  
**You are invited to come along and have fun**

*And much more!*

**Gamblesby Village Green**

**Dates: 1<sup>st</sup> and 22<sup>nd</sup>  
August 2023**

**Tuesday afternoon  
2-4pm**

*Kids badminton*

**Hop-otch**

**Spend time making new friends, enjoy refreshments and keep the children occupied.**

*Bug-o-war*

**All welcome**

*Football*



Following PMC's Annual Church Meeting a letter is due to be sent to all members and friends of PMC. The majority will be emailed, however some will be left on a table in reception to be collected.

## Contact Details:

**Superintendent: Rev. Tim Cooke:** 01768 890465 or  
email: [tim.cooke@methodist.org.uk](mailto:tim.cooke@methodist.org.uk)

**Circuit Minister: Rev. David Milner:** 01768 863209 or email: [dave@revmilner.plus.com](mailto:dave@revmilner.plus.com)

**Missional Pioneer & Communities Lay Pastor: Morgan Tebb-Roger:** 07949 156051  
or email: [outreach@penrithmethodist.co.uk](mailto:outreach@penrithmethodist.co.uk)

**Circuit Office:** 01768 862787 or email: [admin@penrithmethodist.co.uk](mailto:admin@penrithmethodist.co.uk)  
(Open 9am - 1pm, Monday to Friday)

**Circuit Administrative Manager: Sarah Mulheron**

**Administrative Assistant: Maureen Brunskill**

**Premises Manager: Lindsay Wilson**

### Pastoral Team:-

**Angela Wicker:** 01768 881357; **David & Karen Lee:** 01768 868428

**Lucy Pullan:** 01768 898386; **Morgan Tebb-Roger:** 07949 156051

**Ruth Gardiner:** 01768 863412; **Marion Todd:** 01768 868255

**Eden Debt Centre Manager (CAP) ~ Jon Cook:** 07464 939138  
or email: [joncook@capuk.org](mailto:joncook@capuk.org)

**Cottage Wood Centre - Please send a request to join our Facebook group.**

**PMC Website:** [www.penrithmethodist.co.uk](http://www.penrithmethodist.co.uk)

**Find our Sunday services on YouTube**

**Follow us on Twitter @PMCmethodists and on Facebook**

**Let's stay connected with one another!**

