



Penrith Methodist Circuit

Weekly Bulletin

Sunday 30th July 2023

Mind-blowing

It seems a strange thing to want to expose our minds to being 'bent' or 'blown', but who doesn't like a film or novel that leaves you in a state of disorientation, or your imagination fired as you try to make sense of what just happened? The mind-blown emoji is a head with a mushroom cloud above indicating the severity of the brain meltdown within.

But isn't this such a necessary part of coming to faith and our ongoing discipleship experience?

The apostle Paul had his mind-blown from his blinding Damascene conversion. So much so, that he spent three years in Arabia and another (circa) eleven years in Tarsus before beginning his mission in earnest. (I'm no expert but it is suggested that there's a 14-year gap between Acts 9: 25 and Acts 9: 26 on the basis of Gal 2: 1.)

It's speculative, but makes sense to me, that Paul needed this time to completely rebuild, refocus, reimagine ... everything he thought he knew about God, Israel, the Torah, Hebrew history, writings and oral traditions, the Gentiles (and their philosophies), and God's plan for humankind ... all of which needed to be re-centred on the revelation of Jesus as Lord, which clearly continued during this period (2 Cor 12: 2-4).

No wonder then that Paul can say in his epistle to the Romans (12: 2): "Do not conform any longer to the pattern of this world but be transformed by the renewing of your mind." He had thought deep and hard about it all – even Peter acknowledges the intellectual depth of his writings (2 Peter 3:16).



So, what was Paul's mission then? Not simply 'to the Gentiles', but Christ's objective of making a new humanity (Eph 2: 15-16) where the established structures and divisions (the 'pattern of this world') no longer applied, where "there is neither Jew nor Gentile, neither slave nor free, nor is there male and female, for you are all one in Christ Jesus." (Gal 3: 28)

We'd do well to allow ourselves to be challenged about the things we think we know and be bent to the same mind-blowing end.

Shane McNicol



Penrith Methodist Church

10.30am ~ Morning Worship ~ Mr. Morgan Tebb-Roger

'When 'Normal' Becomes Dangerous'

Readings: Isaiah 43: 14 – 21; Matthew 6: 22 – 23

Christ Church, Penrith

6.30pm ~ Churches Together in Penrith Joint Service
(See separate notice)

St. Patrick's Church, Patterdale

10.30am ~ Morning Communion ~ Rev. Gillian Belford

Skelton Methodist Church

10.30am ~ Morning Worship ~ Mrs Lois Morton

Stainton Methodist Church

10.30am ~ Morning Communion ~ Rev. Tim Cooke

Blencathra Mission Community

3pm ~ Family Open Air Service – Calthwaite Football Pitch
(See separate notice – No service at Cottage Wood Centre)

Thought for the Week



Weekly Diary

Monday 31st July

9.30am ~ Monday Walks – Meet outside PMC

6.15pm ~ Choral Group – Sandgate/PMC

7.30pm ~ Monday Zoom Prayer

Tuesday 1st August

10am ~ Midweek Service ~ Mrs Lois Morton - Church/PMC

10.30am ~ CAP Job Club – Beacon/PMC

11am ~ 4F – Ullswater/PMC

Wednesday 2nd August

10am ~ Coffee Morning – Skelton Methodist Church

7pm – 8pm ~ Cottage Wood Monthly Prayer Time - *We are continuing to pray at home, and all are welcome to take part for any or all of the hour.*

Sunday 6th August

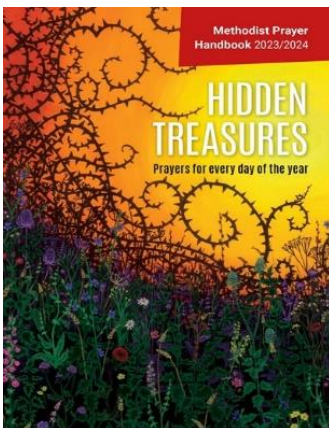
Penrith: 10.30am ~ Morning Worship ~ Rev. Tim Cooke

Skelton: 10.30am ~ Morning Worship ~ Mr. Michael Boone

Stainton: 10.30am ~ Morning Worship ~ Miss Kathleen Williamson

Cottage Wood Centre: 5pm ~ Cafe Worship ~ Miss Kathleen Williamson

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## **Final Reminder**

### **Prayer Handbook 2023/24**

***'Hidden Treasures', the new Prayer Handbook, will be available to order until 30th July on the list in Reception.***

The price is £4.15 per copy for a bulk order.

Best wishes, Judith Joyce.

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PMC Sunday Coffee

We still don't have anyone on the rota to prepare and serve tea & coffee next Sunday, 6th August. Please either sign the rota or contact the office if you can help.



Family Open Air Service & BBQ



Come and join churches from the Blencathra Mission Community for a Family Open Air Service, with live music, BBQ, ice cream van and fun for the kids.

**Sunday 30 July 3pm-5pm
Calthwaite Football Pitch**

Tickets:

Greystokevillage.co.uk/event/churchbbq





**Churches Together in Penrith
Joint Service**

Christ Church

Sunday 30th July

6.30 p.m.

*Focus on:
“Linking Lives Project”
and Loneliness*

All welcome

**This Way
to the
FUN**

Wanna Have Fun!
**You are invited to come
along and have fun**

And much more!

Stone decorating

Gamblesby Village Green
Dates: 1st and 22nd
August 2023
Tuesday afternoon
2-4pm

Kids badminton

Hop-scotch

**Spend time making new friends, enjoy refreshments
and keep the children occupied.**

Bug-o-war

All welcome

Football

CUMBRIA METHODIST WOMEN IN BRITAIN



Afternoon Tea

Tebay Methodist Church

THURSDAY 3rd AUGUST 2023
2pm - 4.30pm

**Mrs Debs Coggrave describing
'An Unexpected Journey'
Followed by Afternoon Tea**

Retiring Collection for District MWiB funds

**For dietary needs or other queries
contact Rev Jackie Betts 01768371598
j.betts 321@btinternet.com**

Tebay Methodist Church is just off Junction 38 of M6
Postcode – CA10 3XB – Good roadside parking

Diary Dates 2023

November 6-8th "Together at Thornleigh", our MWiB Residential;
"To Serve the Present Age"

We are delighted to have leading us *Kathleen Pearson*, from Scotland.

Sound at PMC

Unfortunately, we do not have anyone to cover sound for the service on Sunday 27th August. It would be amazing if someone came forward to help (training would be given!).

Please contact the Circuit Office if you are able to help.



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## Correction to Recent Finance Letter

You will be aware we have just sent a letter to all members and friends regarding the financial position of PMC – asking for folk to consider their own giving. Within the letter, in trying to show what effect your contribution could have, a reference was made that *'£5 would fund a meal for a Lunch Club client'*.

On reflection, this was a misleading example, because, of course, clients at Lunch Club pay for their own meals.

I hope you will forgive the poor choice of illustration. The point we wanted to make was that a small contribution can go a long way! Perhaps a better example would be that £5 will fund the craft activities for one child for 5 days of our holiday club'.

The overall message remains the same. Any increase in giving will make a big difference to our ability to reach out to our community with God's love, and maintain our mission and ministry. Please continue to prayerfully reflect on how you could help.

With love in Christ,

Rev. Tim.

***\*The majority of these letters have been emailed. However, some are in reception awaiting collection. Please check if there is one for you.***

# 4F @ PMC

## 2023 Summer Holiday Dates

Join us for lots of fun, games, crafts and lunch!

➤ Tuesday 1st August  
PMC, 11am-2pm

➤ Tuesday 8th August  
**Woggle Goggle**  
meet there at 11am

➤ Tuesday 22nd August  
PMC, 11am-2pm

➤ Tuesday 29th August  
**Walby Farm Park**  
meet at PMC @ 9.30am,  
arrive back at 4pm

**Booking is essential for  
8th & 29th August**

Contact [admin@penrithmethodist.co.uk](mailto:admin@penrithmethodist.co.uk)  
to save your place!

## Holiday Club!

➤ Monday 14th - Friday 18th  
August

To book your place go to  
[www.penrithmethodist.co.uk/holidayclub](http://www.penrithmethodist.co.uk/holidayclub)



# Christian Meditation Cumbria (CMC)

From September onwards – 3rd Wednesday of every month  
(Sept 20th, Oct 18th, Nov 15th, Dec 20th, 2023)

## Penrith Christian Meditation group

From 12 – 1 PM (entry to room from 12 PM before session  
begins at 12.10 PM)

This group is part of Christian Meditation Cumbria (CMC),  
within the World Community of Christian Meditation  
(WCCM), a fellowship of Christian contemplatives worldwide.

These meditations are connected to Jesus. Sometimes we  
will share a small piece of text or theme for the meditation,  
then hold together a silent Christian focus, for 30 minutes,  
followed by time to share our reflections. Other times we  
will hold a mindful meditation space, with our awareness on  
living here and now within Christianity, followed by an  
optional sharing of our experiences and insights.

Everyone, of all faiths and none, is welcome.

**The Hope Centre, 2nd Floor, 15-16 Angel Lane, Penrith, CA11 7BP**



For this group meeting we ask for £2 per session or  
a small donation. There is no need to book, you can  
simply turn up at the room and find a space.

For more information, please see the website page:  
[www.thelovethatweare.org/hopcentre](http://www.thelovethatweare.org/hopcentre)  
or contact Jacci on:  
[hopcentre@thelovethatweare.org](mailto:hopcentre@thelovethatweare.org)



Congratulations to Naomi Thornton on winning the People First Independent Advocacy Social Worker of the Year Award!

Naomi was nominated for her kindness, always seeing the value in people and wanting the best for them.

## Contact Details:

**Superintendent: Rev. Tim Cooke:** 01768 890465 or  
email: [tim.cooke@methodist.org.uk](mailto:tim.cooke@methodist.org.uk)

**Circuit Minister: Rev. David Milner:** 01768 863209 or email: [dave@revmilner.plus.com](mailto:dave@revmilner.plus.com)

**Missional Pioneer & Communities Lay Pastor: Morgan Tebb-Roger:** 07949 156051  
or email: [outreach@penrithmethodist.co.uk](mailto:outreach@penrithmethodist.co.uk)

**Circuit Office:** 01768 862787 or email: [admin@penrithmethodist.co.uk](mailto:admin@penrithmethodist.co.uk)  
(Open 9am - 1pm, Monday to Friday)

**Circuit Administrative Manager: Sarah Mulheron**

**Administrative Assistant: Maureen Brunskill**

**Premises Manager: Lindsay Wilson**

### Pastoral Team:-

**Angela Wicker:** 01768 881357; **David & Karen Lee:** 01768 868428

**Lucy Pullan:** 01768 898386; **Morgan Tebb-Roger:** 07949 156051

**Ruth Gardiner:** 01768 863412; **Marion Todd:** 01768 868255

**Eden Debt Centre Manager (CAP) ~ Jon Cook:** 07464 939138  
or email: [joncook@capuk.org](mailto:joncook@capuk.org)

**Cottage Wood Centre - Please send a request to join our Facebook group.**

**PMC Website:** [www.penrithmethodist.co.uk](http://www.penrithmethodist.co.uk)

**Find our Sunday services on YouTube**

**Follow us on Twitter @PMCMethodists and on Facebook**

**Let's stay connected with one another!**

