



Penrith Methodist Circuit

Weekly Bulletin

Sunday 6th August 2023

Concert of Birds

If you go to the café at Lowther Castle you will see this enormous painting on the back wall. After the Second World War the contents of the castle were all put up for sale and only a few items remained in the family hands, including this painting.



Frans Snyders - *"A Concert of Birds by a Pond"*

I wonder if you, like me, love to sit in the garden or park sometimes and just listen to the birds singing. During Lockdown Days (remember them?) the birds seemed to be singing more loudly, or perhaps it was just the silence of the traffic noise. I wish that I were a bit more knowledgeable and able to identify the different songs. Is that a song thrush or a nightingale? I am sure there's an app for that!

But, according to the Natural History Museum: **"48% of all bird species have declined between 2015 and 2020. Woodland birds have been the most impacted since 2015 with 59% of species showing a decrease. Farmland birds have shown the biggest decline overall since 1970, with 63% of species showing a decrease."**

It is said that the painter, Frans Snyders, was influenced by the stories of St Francis of Assisi, and perhaps this art work reminds us (if we need reminding) of humanity's duty of care for the environment. We must "Tread Gently".

The painting itself is very big and very detailed. I wonder how many different types of bird you can spot. Although they are different species, somehow they manage to sing together in unity. It is a Concert. I wonder what they are singing. Psalm 148 says: "Praise the Lord from the earth, all you wild animals and cattle, small creatures and flying birds..." and Psalm 104.12 says: "The birds of the air nest by the waters; they sing among the branches." If this verse is the starting point for Snyders' painting, perhaps these birds in concert are singing hymns of praise to our Creator God. And, in the words of one of our modern worship songs, "If creation sings Your praises, so will I".

So, the next time I visit the café at Lowther, perhaps I will break out into singing and join my voice to that of this concert of birdsong... Or, perhaps I could get the Choral Group at PMC to accompany me?

Rev Dave



Penrith Methodist Church

10.30am ~ Morning Worship ~ Rev. Tim Cooke

Readings: Luke 15: 11-24

Skelton Methodist Church

10.30am ~ Morning Worship ~ Mr. Michael Boone

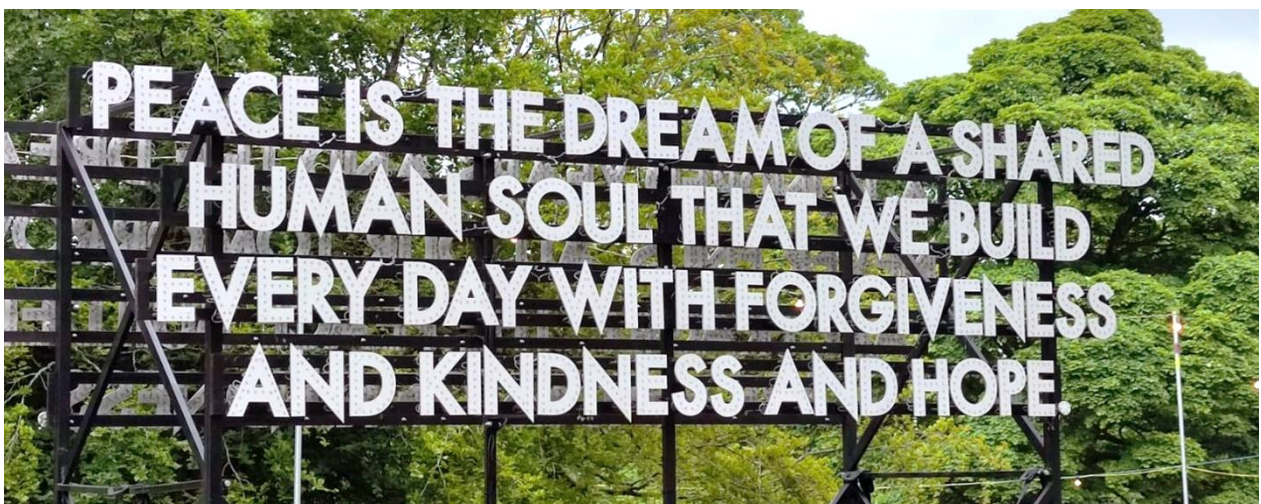
Stainton Methodist Church

10.30am ~ Morning Worship ~ Miss. Kathleen Williamson

Cottage Wood Centre

5pm ~ Early Evening Worship ~ Miss Kathleen Williamson

Thought for the Week



Weekly Diary

Monday 7th August

9.30am ~ Monday Walks – Meet outside PMC

NO ~ Choral Group – Sandgate/PMC

7.30pm ~ Monday Zoom Prayer

Tuesday 8th August

10am ~ Midweek Service ~ Morgan Tebb-Roger - Church/PMC

NO ~ CAP Job Club – Beacon/PMC

11am ~ 4F – Woggle Goggle Swimming Pool

Thursday 10th August

1.30pm ~ Take Tea Out – Cottage Wood Centre – *Contact Sheila Mallinson to book*

Sunday 13th August

Penrith: 10.30am ~ Morning Communion ~ Rev. David Milner

Patterdale: 10.30am ~ Morning Worship ~ Rev. Tim Cooke

Skelton: 10.30am ~ Morning Worship ~ Mr. Morgan Tebb-Roger

Stainton: 10.30am ~ Morning Worship ~ Mrs. Lois Morton

Cottage Wood Centre: 5pm ~ No service at All Saint's Calthwaite (see notice below)

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## **Cottage Wood Centre**

On the 2<sup>nd</sup> Sunday in August there is no Something New service at All Saints, Calthwaite.

Instead, at Cottage Wood Centre, on 13<sup>th</sup> August we are having a short service at 5pm (outdoors if the weather allows) followed by a barbeque.

All Welcome



## Sound at PMC

Unfortunately, we do not have anyone to cover sound for the service on Sunday 27<sup>th</sup> August. It would be amazing if someone came forward to help (training would be given!).

Please contact the Circuit Office if you are able to help.



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4F @ PMC

2023 Summer Holiday Dates

Join us for lots of fun, games, crafts and lunch!

- Tuesday 1st August
PMC, 11am-2pm
- Tuesday 8th August
Woggle Goggle
meet there at 11am
- Tuesday 22nd August
PMC, 11am-2pm
- Tuesday 29th August
Walby Farm Park
meet at PMC @ 9.30am,
arrive back at 4pm

**Booking is essential for
8th & 29th August**

Contact admin@penrithmethodist.co.uk
to save your place!

Holiday Club!

- Monday 14th - Friday 18th
August

To book your place go to
www.penrithmethodist.co.uk/holidayclub



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**Be Boulder** weekend is our church family weekend where we can all come and share in God's love in this wonderful place. On this same weekend we also celebrate **150 years** at PMC.

I'm sure everyone will have some memories, photos, etc. Helen Brunskill is looking for anyone who would like to join her in looking for (or if anyone has any) memorabilia so we are able to decorate the church windows and possibly crush hall. If anyone is interested in getting involved, or has any ideas please get in touch with Helen!!

After the weekend it would be lovely if we could open the church and invite people of our community to come and look around.

# Christian Meditation Cumbria (CMC)

From September onwards – 3rd Wednesday of every month  
(Sept 20th, Oct 18th, Nov 15th, Dec 20th, 2023)

Penrith Christian Meditation group

From 12 – 1 PM (entry to room from 12 PM before session  
begins at 12.10 PM)

This group is part of Christian Meditation Cumbria (CMC),  
within the World Community of Christian Meditation  
(WCCM), a fellowship of Christian contemplatives worldwide.

These meditations are connected to Jesus. Sometimes we  
will share a small piece of text or theme for the meditation,  
then hold together a silent Christian focus, for 30 minutes,  
followed by time to share our reflections. Other times we  
will hold a mindful meditation space, with our awareness on  
living here and now within Christianity, followed by an  
optional sharing of our experiences and insights.

Everyone, of all faiths and none, is welcome.

The Hope Centre, 2nd Floor, 15-16 Angel Lane, Penrith, CA11 7BP



For this group meeting we ask for £2 per session or  
a small donation. There is no need to book, you can  
simply turn up at the room and find a space.  
For more information, please see the website page:  
[www.thelovethatweare.org/hopecentre](http://www.thelovethatweare.org/hopecentre)  
or contact Jacci on:  
[hopecentre@thelovethatweare.org](mailto:hopecentre@thelovethatweare.org)

This Way  
to the  
FUN

**Wanna Have Fun!**  
You are invited to come  
along and have fun

And much more!

Stone decorating

**Gamblesby Village Green**  
Dates: 1<sup>st</sup> and 22<sup>nd</sup>  
August 2023  
Tuesday afternoon  
2-4pm

Kids badminton

Hop-scotch

Tag-o-war

Spend time making new friends, enjoy refreshments  
and keep the children occupied.

All Welcome

Football

# THINK WINTER

(Carlisle Refuge for the Homeless)

Already several people have asked 'when is the next BIG Autumn collection?'

As yet there is **no** fixed date, probably **mid/late** October.

Then **warm** winter clothing & soups (we would obviously collect our old favourites, kitchen items, bedding, etc.)

God bless and many thanks,  
Jeanette & Keith



As a **Fairtrade Church** we have committed to;

- Use Fairtrade tea & coffee for all meetings for which we have responsibility
- Move forward on using other Fairtrade products (e.g. sugar, biscuits, chocolate & fruit)
- Promote Fairtrade throughout the year. Through events such as coffee mornings, worship, and other activities where possible.

The sugars, filter coffee and teas are provided. If people on coffee wish to supply instant coffee, it would be much appreciated if this could please be Fairtrade.

## Contact Details:

**Superintendent: Rev. Tim Cooke:** 01768 890465 or  
email: [tim.cooke@methodist.org.uk](mailto:tim.cooke@methodist.org.uk)

**Circuit Minister: Rev. David Milner:** 01768 863209 or email: [dave@revmilner.plus.com](mailto:dave@revmilner.plus.com)

**Missional Pioneer & Communities Lay Pastor: Morgan Tebb-Roger:** 07949 156051  
or email: [outreach@penrithmethodist.co.uk](mailto:outreach@penrithmethodist.co.uk)

**Circuit Office:** 01768 862787 or email: [admin@penrithmethodist.co.uk](mailto:admin@penrithmethodist.co.uk)  
(Open 9am - 1pm, Monday to Friday)

**Circuit Administrative Manager: Sarah Mulheron**

**Administrative Assistant: Maureen Brunskill**

**Premises Manager: Lindsay Wilson**

### Pastoral Team:-

**Angela Wicker:** 01768 881357; **David & Karen Lee:** 01768 868428

**Lucy Pullan:** 01768 898386; **Morgan Tebb-Roger:** 07949 156051

**Ruth Gardiner:** 01768 863412; **Marion Todd:** 01768 868255

**Eden Debt Centre Manager (CAP) ~ Jon Cook:** 07464 939138  
or email: [joncook@capuk.org](mailto:joncook@capuk.org)

**Cottage Wood Centre - Please send a request to join our Facebook group.**

**PMC Website:** [www.penrithmethodist.co.uk](http://www.penrithmethodist.co.uk)

**Find our Sunday services on YouTube**

**Follow us on Twitter @PMCMethodists and on Facebook**

**Let's stay connected with one another!**

