



East Cumbria **Methodist** Circuit



Weekly Bulletin Sunday 17th September 2023

Embracing the Natural Processes

Autumn is here. The change of the seasons is upon us. So, I am here to give you your friendly reminder that we too change with the seasons. Like the seasons, we were created by God, therefore must embrace the natural processes of this world and recognise our connection to the seasons.

Since the light bulb was invented, we've lost touch with the natural rhythms of the year. Long gone are the days where we would get up with the sun and work with the light. Now instead of adjusting our routine to match our energy levels through the seasons, we continue to push ourselves the way we would at the peak of summer when we have the most energy. Often without recognising the need to rest.

A massive part of our Christian faith is taking time to rest. Jesus demonstrated this in His ministry by taking regular breaks away from people to pray. He also says in Matthew 11:28 *"Come to me, all you who are weary and burdened, and I will give you rest."* Jesus wants us to rest, because without it we become disconnected from God. We must consistently take time to truly rest so that we can stay in touch with what God is saying to us.



So, this is a reminder from your friendly neighbourhood Pioneer, don't overdo it. You should never feel bad for looking after yourself. Take time this winter to rest and come back to God. That's what the long nights are for. God loves you and never wants to see you burnt out.

*Morgan Tebb-Roger
Pioneer Minister*



Penrith Methodist Church

10.30am ~ Healing Service ~ Rev. Gillian Belford

'Celebrating God's 'F' Word - The Gift of Forgiveness'

Readings: Genesis 33: 1 - 11; Luke 15: 21 - 32

Skelton Methodist Church

10.30am ~ Harvest with Communion ~ Rev. Keith Speck

Stainton Methodist Church

10.30am ~ Morning Worship ~ Mrs Carolyn Dickinson

Cottage Wood Centre

5pm ~ Evening Communion ~ Rev. David Milner
(Followed by Church Council Meeting)

Alston Moor Methodist Church

11am ~ Harvest Festival ~ Rev. David Milner

Kirkoswald Methodist Church

6pm ~ Third Sunday Service ~ Rev. Keith Speck

Thought for the Week



Weekly Diary

Monday 18th September

9.30am ~ Monday Walks – Meet outside PMC

2pm ~ Bible Fellowship - Skelton Methodist Church

6.15pm ~ Choral Group – Sandgate/PMC

7.30pm ~ Monday Zoom Prayer – Hosted by Gillian & David Belford

7.30pm ~ Penrith Music Club Concert ~ Church/PMC

Tuesday 19th September

10am ~ Midweek Service ~ Ven. Morris Rodham – Church/PMC

10.30am ~ CAP Job Club – Beacon/PMC

7pm ~ Omega HG – Sunningdale, Stainton

7.30pm ~ Junior Youth Club ~ Ullswater/PMC

Wednesday 20th September

10am ~ 3Cs (Coffee, Children, Crafts) ~ Cottage Wood Centre

1.30pm ~ Sewing Craft Group - Skelton Methodist Church

2pm ~ Langwathby Community Fellowship ~ Langwathby Methodist Church

7pm ~ Blencow HG – The Hollies, Blencow (*We meet twice monthly at 7pm on a Wednesday. Contact Steve on 07711 088448 for further details.*)

7.30pm ~ Circuit Meeting – Stainton Methodist Church

Thursday 21st September

10.30am ~ Oasis - Langwathby Methodist Church

2pm ~ Parklands HG – 19 Frenchfield Way, Penrith

Friday 22nd September

12 noon ~ Lunch Club ~ Ullswater/PMC

7.30pm ~ Senior Youth Club - Ullswater/PMC

Saturday 23rd September

9.30am ~ Harvest Flower Workshop – Ullswater/PMC

6pm ~ Harvest Supper & Presentation – Cottage Wood Centre

Sunday 24th September

Penrith: 10.30am ~ Harvest ~ Mr. Morgan Tebb-Roger & Mrs Averil Cozens

Skelton: 10.30am ~ Morning Worship ~ Mrs Lois Morton

Stainton: 10.30am ~ Harvest ~ Rev. Catherine Helm

Cottage Wood Centre: 5pm ~ Harvest – Rev. Keith Speck

Alston Moor: 11am ~ Morning Worship ~ Mr. David Pepin

Langwathby: 11am ~ Morning Worship ~ Rev. Mary Elliot

Kirkoswald: 10am ~ Harvest ~ Rev. Canon Katharine Butterfield & Team

Gamblesby: 2pm ~ Harvest ~ Mr. Bill Wright

Salkeld Dykes: 6pm ~ Evening Worship ~ Rev. David Milner



Penrith Music Club Concert

Monday 18th September, 7.30pm at PMC
Rosco Piano Trio

See www.penrithmusicclub.com for details.

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## Langwathby Methodist Church

Wednesday, 20<sup>th</sup> September, at 2pm – **Langwathby Community Fellowship:**

“An introduction to Hartside First Responders Team and RAF Reserves  
Aeromedical Evacuation Squadron”.

New members welcome (men and women).

Thursday, 21<sup>st</sup> September, from 10.30am – **“Oasis”**: An  
opportunity for a quiet reflective morning – coffee  
followed by a short informal service and light lunch.



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A poster for 'The Weardale Museum invites you to attend The Methodist Tapestries Collection Launch Event'. The background is a tapestry-style illustration of a man in a dark coat gesturing towards a group of people in a landscape. The text is overlaid on the illustration.

The Weardale Museum
invites you to attend

The Methodist Tapestries Collection
Launch Event

St John's Chapel Town Hall
1 Harthope Road, Saint John's Chapel, DL13 1QF

Friday 22nd September, 2pm - 7pm
Saturday 23rd September, 11am - 4pm



Missing Blackboard from PMC Kitchen

Please can the little blackboard that fits on the small easel be
returned to the kitchen at PMC. (It's been missing for a while!)



Saturday 23rd September 2023

Harvest Supper at 6pm,

then a presentation from Lee Jackson and Clare Taylor

Cumbria Action for Sustainability (CAFS)

Cumbria's Charity for Climate Change

Pie & pea supper and dessert.

Please make a donation.

*Please let Sheila (01768 885362) or
Carolyn (01768 840049) know you are
coming.*



Sunday 24th September at 5 pm

Harvest Service

taken by Rev. Keith Speck

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national retreat week

**renew:all**

23 - 30 sept 2023

[renewall.org.uk](http://renewall.org.uk)

promoting individual and collective  
reflection, contemplation, prayer and retreat



# Harvest

**PENRITH METHODIST CHURCH  
HARVEST SERVICE  
SUNDAY, 24TH SEPTEMBER AT 10.30 AM**



AS IN THE PAST, IT WOULD BE LOVELY IF ALL OF US COMING TO THE SERVICE COULD BRING A GIFT OF LONG-LIFE FOOD (SUITABLE FOR THE FOOD BANK) TO PUT BY THE ALTAR.

THERE WILL BE A FLOWER WORKSHOP ON SATURDAY, 23RD SEPTEMBER FROM 9.30 AM WHEN WE WILL PREPARE BASKETS OF FLOWERS AND FRUIT TO DECORATE THE CHURCH AND THEN DISTRIBUTE AFTER THE SERVICE. YOU CAN HELP IN THE FOLLOWING WAYS:

1. COME TO THE WORKSHOP TO MAKE UP A BASKET (COFFEE WILL BE PROVIDED).
2. DONATIONS OF FLOWERS, FOLIAGE OR CASH WOULD BE VERY WELCOME.
3. IF YOU HAVE ANY SUITABLE BASKETS PLEASE LEAVE THEM IN THE RECEPTION AREA BEFORE THE WORKSHOP.

# Gamblesby Chapel



The Members and Little Acorns invite you to join them on

## Sunday 24 September

### at 2pm

Led by Bill Wright

We particularly invite local farmers to give thanks for this year's Harvest.

Please bring tins to be donated to Food Bank or produce to sell.

**Service followed by light refreshments**

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MHA Service

Late notice but we are having a Service to celebrate 80 years of MHA, Woodlands 40th Anniversary, and including our annual Memorial Service on Thursday 28th September at 2pm, in Ellwood, to be followed by tea and cakes.

This would replace a Methodist Thursday service, but it would be nice if some people from the church could attend and everyone would be welcome.

Children, Youth & Families Network

Meeting: Thursday 28th
September 11.30-2pm

Venue: 2 Sand Croft,
Penrith CA11 8BB.
Buffet included!



Talk with Rev. Dave Gidney,
Director of Children
Worldwide, a network of
Children's Workers.



Video message from Gavin Calder,
Former Leader of Youth for Christ

For more information, including where to park and dietary requirements contact Lol Wood: lol@cilfamilyproject.org or Chenda Nuttall : 07947 328551

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## **Plants along the Wall at Fairfield and Little Fairfield, Wordsworth Street.**

Saturday 30<sup>th</sup> September, starting at 10am.

No money taken but please give a donation to a favourite charity.

Donations of plants and 'gardenalia' welcome.







**\*Online registration is now open or sign-up on the sheet in reception.**

**There is also a sign-up sheet for 'PMC's Got Talent'.**

**Be Boulder** weekend is our church family weekend where we can all come and share in God's love in this wonderful place. On this same weekend we also celebrate **150 years** at PMC.

***If anyone would like to help decorate the windows at PMC for the 150<sup>th</sup> Anniversary celebration, we will be doing so after the Harvest service on Sunday 24<sup>th</sup> September. It would be lovely if we could also include some photographs of weddings and christenings which have taken place at PMC over the years.***



### **Small Coins**

We still collect small coins for All We Can. So, for those who use cash, save up your small coins and give them to Judith Joyce to pass on to AWC. We raised £228 last year. Thank you to all who helped.



### **Alpha Course**

This year's Alpha starts again in Penrith on Thursday 5<sup>th</sup> October, 7.30pm at the Restore Shop in New Squares. Very Exciting!

Light meal, video and chat about life and meaning.  
Week 1: 'Is there more to life than this?'

'STAY CURIOUS' is the theme of the publicity.  
What if there is something in this Christian faith after all?!

Do come if you are intrigued or, if you are convinced already, bring a friend!



Final Concert of the Season on Saturday 7<sup>th</sup> October at 6pm



54°32'12.4"N 2°56'23.4"W

# St Patrick's, Patterdale

Simeon Walker brings his evocative solo piano music to the Lakes for an intimate early-evening concert gathered around the piano, performing a range of original compositions, including pieces from his most recent release 'Imprints 1 & 2'.

*"I'm very pleased to be performing in The Lake District this autumn - one of my favourite parts of the country - at the excellent, long-running concert series held at St Patrick's in Patterdale. I'd love to see you there!" - Simeon*

*"The audience were deeply moved and impacted by his beautiful compositions"*  
- *Music in Mortimer Street*

*"Remarkable stage presence and command with the instrument"*  
- *Modellbahn Music*

Saturday 7th October, 6pm.  
Pay What You Feel  
Tickets: [simeonwalker.co.uk/live](http://simeonwalker.co.uk/live)

## Simeon Walker



## Operation Christmas Child

Operation Christmas Child Shoebox Packing and Coffee Morning will be here at PMC on Saturday 14th October from 10.00 am.

All are welcome to come and help.

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Great North Run

Isabella would like to say a very big thank-you for all of the encouragement and generous donations to the Smile Train. Despite the heat Isabella managed a personal best in the Great North Run.



Donations can still be made at:

<https://www.justgiving.com/page/isabella-sharrock-1690038241292>

Your kindness is very much appreciated.

With thanks, Kerrie & David Sharrock.

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The Cumbria Methodist District Representative Synod was held at Penrith Methodist Church on Saturday 9<sup>th</sup> September, hosted by the East Cumbria Circuit. A thank you has been received from the Synod Secretary which is included here.

10/9/23

Dear Carolyn & Penrith Synod Support Team

Thank you all so much for all your hard work which made yesterday's Synod a success.

Everyone's contribution is important - often it is the seemingly unimportant roles which make a difference to the smooth running of the event, so thank you every-one for your help.

With best wishes

Janice  
[Synod Secretary]

# THINK WINTER

(Carlisle Refuge for the Homeless)

Already several people have asked 'when is the next BIG Autumn collection?'

As yet there is **no** fixed date, probably **mid/late** October.

Then **warm** winter clothing & soups (we would obviously collect our old favourites, kitchen items, bedding, etc.)

God bless and many thanks,  
Jeanette & Keith

p.s. Keith & Jeanette are more than willing to talk to the wider Circuit about the Carlisle Refuge



## Contact Details:

### Co-Superintendent Ministers

**Rev. Tim Cooke:** 01768 890465 or email: [tim.cooke@methodist.org.uk](mailto:tim.cooke@methodist.org.uk)

**Rev. David Milner:** 01768 863209 or email: [dave@revmilner.plus.com](mailto:dave@revmilner.plus.com)

**Circuit Pastor: Rev. Keith Speck:** 01768 898257 or email: [keithspck1@googlemail.com](mailto:keithspck1@googlemail.com)

**Missional Pioneer & Communities Lay Pastor: Morgan Tebb-Roger:** 07949 156051  
or email: [outreach@penrithmethodist.co.uk](mailto:outreach@penrithmethodist.co.uk)

**Circuit Office:** 01768 862787 or email: [admin@penrithmethodist.co.uk](mailto:admin@penrithmethodist.co.uk)  
(Open 9am - 1pm, Monday to Friday)

**Circuit Administrative Manager: Sarah Mulheron**

**Administrative Assistant: Maureen Brunskill**

**Premises Manager: Lindsay Wilson**

**Eden Debt Centre Manager (CAP): Jon Cook** (currently on Sabbatical)

**Contact:** Jen Dixon, email: [jendixon@capuk.org](mailto:jendixon@capuk.org)

**Cottage Wood Centre - Please send a request to join our Facebook group.**

**East of Eden Mission Community Website:** [www.eastofedenmc.org.uk](http://www.eastofedenmc.org.uk)

**PMC Website:** [www.penrithmethodist.co.uk](http://www.penrithmethodist.co.uk)

**Find our Sunday services on YouTube**

**Follow us on Twitter @PMCMethodists and on Facebook**

**Let's stay connected with one another!**

