



East Cumbria **Methodist** Circuit



Weekly Bulletin Sunday 22nd October 2023

'USEFUL AND BEAUTIFUL' ECCL 3:11

Dear Friends,

Have you noticed the many programmes springing up on the TV over recent months concerning restoration?

It could be houses, gardens, motorcycles, domestic items, furniture, or electrical goods from the 1930's. There is for many a real pleasure in seeing things restored to good working and useful order. Perhaps you have 'had a go' at restoring something recently. I wonder how it turned out for you? I found recently a very interesting article concerning the Japanese art of 'Kintsugi'.

'As a philosophy, *kintsugi* is similar to the Japanese philosophy of Wabi-Sabi, an embracing of the flawed or imperfect, as Japanese aesthetics value marks of wear from the use of an object. This can be seen as a rationale for keeping an object around even after it has broken; it can also be understood as a justification of *kintsugi* itself, highlighting cracks and repairs as events in the life of an object, rather than allowing its service to end at the time of its damage or breakage'.

Wikipedia

There is no attempt to hide the damage, the damage itself is literally illuminated...

'It's a centuries-old Japanese art. Practitioners put the broken pieces together with a special tree sap lacquer that is dusted with gold, silver, or platinum, creating unique and beautiful new pieces out of what was once broken. In Kintsugi, the cracks still show. In fact, they are meant to show. This really struck me, because I know whenever I have repaired something in the past, my goal has always been to make the cracks invisible.'

Gretchen Crowder



This is an incredible picture for us to ponder on. You don't really need me to expand on the fact that our lives are awash with God's overwhelming grace every day. That He is constantly repairing us, pouring His love and care into our cracked and sometimes shattered lives.

The end result of which is we shine WITH our imperfections and scars. They are part of our rounded package as God's people. We are unique in our imperfections and our 'less than' appearance, which is of course totally counter to this world's approach, which is constantly trying to create or stave off our ageing and bruised appearance!

I am so glad that God does not just cast us to one side when we are damaged, that we are still 'useful' in the Kingdom...even with our scars and imperfections...You are Beautiful still.

Keith Speck



Penrith

10.30am ~ Morning Worship ~ Rev. Tim Cooke

'Look Up' ~ Readings: Matthew 6: 19 - 34; Colossians 3: 1 - 4

Skelton

10.30am ~ Morning Worship ~ Mr. Morgan Tebb-Roger

Stainton

10.30am ~ Morning Worship ~ Mrs Ruth Combellack

Cottage Wood Centre

5pm ~ Evening Worship ~ Rev. Tim Cooke

Alston Moor

11am ~ Morning Worship ~ Rev. Mary Elliot

Langwathby

11am ~ Morning Worship ~ Rev. David Milner

Kirksowald

10am ~ Morning Worship ~ Dr. Peter & Mrs Hazel Bowes

Gamblesby

11am ~ Morning Worship ~ Mrs Claire Slee

Salkeld Dykes

6pm ~ Evening Worship ~ Rev. David Milner

There are alternative Anglican services available.

For details, please see the EEMC website: www.eastofedenmc.org.uk

Weekly Diary

Monday 23rd October

9.30am ~ Monday Walks – Meet outside PMC

2pm ~ Church Council Meeting - Skelton Methodist Church

6.15pm ~ Choral Group – Sandgate/PMC

7.30pm ~ Monday Zoom Prayer – see notice for link

Tuesday 24th October

10am ~ Midweek Service ~ Mrs Lois Morton – Church/PMC

NO CAP Job Club

7pm ~ Omega HG – Sunningdale, Stainton

NO Junior Youth Club

Wednesday 25th October

NO 3Cs

11am ~ 4F – Ullswater/PMC

1.30pm ~ Sewing Craft Group - Skelton Methodist Church

7pm ~ Blencow HG – The Hollies, Blencow (*We meet twice monthly at 7pm on a Wednesday. Contact Steve on 07711 088448 for further details.*)

Thursday 26th October

NO Thursday Tots

7.30pm ~ Alpha Course – Restore Shop, New Squares, Penrith

Friday 27th October

12 noon ~ Lunch Club - Ullswater/PMC

Sunday 29th October

Penrith: 10.30am ~ Morning Worship ~ Mr. Michael Boone

7pm ~ Encounter ~ Mr. Morgan Tebb-Roger

Patterdale: 10.30am ~ Morning Communion ~ Rev. Tim Cooke

Skelton: 10.30am ~ Morning Worship ~ Mr. Lawrence Tomlinson

Stainton: 10.30am ~ Morning Worship ~ Mrs Lois Morton

Cottage Wood: 3pm ~ Evening Worship ~ Mr. Michael Boone

Alston Moor: 11am ~ Morning Worship ~ Mr. David Pepin

Renwick: 10.30am ~ Joint EEMC Service – Final Service at Renwick Methodist Church

Alston Moor - Change on Circuit Plan

A Service of Hope and Thanksgiving will be held on Sunday 5th November, 3pm at St. Augustine's Church.

This service was originally advertised for Sunday 29th October on the plan, so please note the change of date.

Monday Zoom Prayer Meeting Link

Topic: Monday evening prayer

Time: Every week on Monday, until
13th November 2023, 7:30pm

Join Zoom Meeting - <https://zoom.us/j/97436321089>

Meeting ID: 974 3632 1089



All are welcome to join this prayer meeting on Zoom every Monday.

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## Update Regarding Homeless Collection For Carlisle Refuge.

It has been the largest ever collection. Two completely full van loads and two totally full car loads, plus several generous cash donations. Such a volume will be a huge help to the refuge this winter.

Many thanks to everybody who donated and gave their time to load.

God bless, Jeannette & Keith



## Operation Christmas Child

We packed 71 shoeboxes last Saturday!

Thank you to everyone who helped in any way either by packing, serving coffee, donating bags full of lovely items or by giving donations towards transport costs.

Also, thanks to those who helped to set up, clear away and pack the boxes into the car. An amazing group effort!



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PMC 150th Anniversary Displays

The displays will be left up for one more week, so please come and have a look if you haven't had chance to see them.

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## A polite reminder for those parking at PMC

Please do not park your cars on the sandstone area in front of the blue doors. Parked cars in this area cause an obstruction for people entering and leaving the church.



It is also a health and safety issue should we need to evacuate the church in the event of a fire.

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Carols by Candlelight

We are once again holding the Carols by Candlelight concert at PMC on Sunday 17th December, 7pm.

If you are interested in participating this year, please contact Michael Boone via text on 07595 919 371 or email: info@innerrouterwellbeing.com

Renwick Methodist Chapel



Closing Service



To Be Held on

SUNDAY, 29TH OCTOBER, 2023

at

10.30 am

Refreshments Following The Service

A Warm Welcome To All.



1 Thessalonians 5:16-18

Rejoice always, pray continually, give thanks in all circumstances; for this is God's will for you in Christ Jesus.

FAIRTRADE CHRISTMAS COFFEE MORNING

Saturday 4th November, 10am – 12 noon, at PMC

- Fair Trade Christmas Cards (please find catalogues in reception)
- Fair Trade food and wrapping paper from OXFAM
- Fair Trade gifts from Victoria's
- Christine Milner's handmade cards
- Handmade wooden gifts
- Coffee & cake stall

Please come and buy, share in fellowship;
And support Fair Trade and the Church.



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## Penrith Methodist Church

# Let's do Lunch

Sunday 5th November,  
following the morning service.

Baked potatoes & savoury mince  
(plus a veggie option)  
Donations of cake for pudding  
are much appreciated





## **Thought for the Week**



## **Contact Details:**

### **Co-Superintendent Ministers**

**Rev. Tim Cooke:** 01768 890465 or email: [tim.cooke@methodist.org.uk](mailto:tim.cooke@methodist.org.uk)

**Rev. David Milner:** 01768 863209 or email: [dave@revmilner.plus.com](mailto:dave@revmilner.plus.com)

**Circuit Pastor: Rev. Keith Speck:** 01768 898257 or email: [keithspck1@googlemail.com](mailto:keithspck1@googlemail.com)

**Missional Pioneer & Communities Lay Pastor: Morgan Tebb-Roger:** 07949 156051  
or email: [outreach@penrithmethodist.co.uk](mailto:outreach@penrithmethodist.co.uk)

**Stainton Outreach Worker: Mrs Trace Cooke:** 01768 890465  
or email: [tracecooke1@gmail.com](mailto:tracecooke1@gmail.com)

**Circuit Office:** 01768 862787 or email: [admin@penrithmethodist.co.uk](mailto:admin@penrithmethodist.co.uk)  
(Open 9am - 1pm, Monday to Friday)

**Circuit Administrative Manager: Sarah Mulheron**

**Administrative Assistant: Maureen Brunskill**

**Premises Manager: Lindsay Wilson**

**Eden Debt Centre Manager (CAP): Jon Cook** (currently on Sabbatical)

**Contact:** Jen Dixon, email: [jendixon@capuk.org](mailto:jendixon@capuk.org)

**Cottage Wood Centre - Please send a request to join our Facebook group.**

**East of Eden Mission Community Website:** [www.eastofedenmc.org.uk](http://www.eastofedenmc.org.uk)

**PMC Website:** [www.penrithmethodist.co.uk](http://www.penrithmethodist.co.uk)

**Find our Sunday services on YouTube**

**Follow us on Twitter @PMCMethodists and on Facebook**

**Let's stay connected with one another!**

