



East Cumbria **Methodist** Circuit



Weekly Bulletin Sunday 18th February 2024

Lent – welcome to the journey of knowing!

'Now I know in part; then I shall know fully, even as I am fully known'. (1 Corinthians 13:12 NIV)

'We don't yet see things clearly. We're squinting in a fog, peering through a mist. But it won't be long before the weather clears and the sun shines bright! We'll see it all then, see it all as clearly as God sees us, knowing Him directly just as He knows us!'
(1 Corinthians 13:12 - The Message)

Knowledge can be a wonderful thing can't it! When we don't understand something, it can be unsettling, or frustrating. We feel ignorant or vulnerable and defenceless – about whatever it is we don't know.

But to know something is to be enlightened! Knowledge gives confidence, re-assurance, a comfort from being able to understand and see.

There are many things we do not know or understand about our world, or why things are why they are. But perhaps the two things we long to understand most come down to knowing 'ourselves' and 'God'.

'Who am I?' 'What am I doing here?' 'Does my life have any meaning or value?' These are some of the big questions we ask of ourselves and long to know. And then there's God. 'Who is God?' 'How can I know or understand this God?' 'What is God's relationship with me, or mine with God?'

We can spend our whole lives exploring these questions. We might even look to the Church for some answers.

After 61 years asking these questions, I would say that exploring one helps us understand more about the other. Knowing more of God leads me to knowing more about myself – and knowing more about me points me to a deeper awakening of God. As Teresa of Avila, the 16th century Carmelite nun, once said: *'We find God in ourselves, and we find ourselves in God'.*

This, my friends, is the exploration we are invited to embark on in Lent!

This week we begin 40 days following Jesus from his baptism, through his ministry, and to his cross and resurrection. We journey with him, and as we

travel, we learn more about why God came as Jesus, and lived and died and rose again to restore *us* to union with God - and how it was all driven by God's love for *us*.

And in Lent we are also encouraged to look inward at ourselves. And as we do, we discover our own worth: that we have immense value; that we are loved; that *despite our unknowing, we are fully known by God* - and our lives make sense only in union with him.



As 'The Message' version of 1 Corinthians 13 I've quoted says: We only see now like squinting in fog. But we keep looking until the cloud clears, and the sun shines, and we know that God knows us, and that God's got us, and maybe that's all we ever need to know!

So welcome to Lent! Enjoy the exploration!

Rev. Tim



Penrith

10.30am ~ Morning Communion ~ Rev. David Milner
Readings: Colossians 3: 12 - 17

Skelton

10.30am ~ Morning Communion ~ Rev. Tim Cooke

Stainton

10.30am ~ Morning Worship ~ Mrs Carolyn Dickinson

Cottage Wood Centre

3pm ~ Afternoon Worship ~ Rev. David Milner

Alston Moor

11am ~ Morning Worship ~ Mr. David Pepin

Kirkoswald

6pm ~ Third Sunday Service

Gamblesby

10am ~ Little Acorns

***There are alternative Anglican services available.
For details, please see the EEMC website: www.eastofedenmc.org.uk***

Weekly Diary

Monday 19th February

- 9.30am** ~ Monday Walks – Meet outside PMC
- 9.30am** ~ CAP Befriender Training ~ Beacon/PMC
- 2.30pm** ~ Illustrated Talk by Rev. John Howard – The Chat Room, Alston
- 6.15pm** ~ Choral Group - Sandgate Room/PMC
- 7.30pm** ~ Monday Zoom Prayer
- 7.30pm** ~ Penrith Music Club Concert – Church/PMC

Tuesday 20th February

- 10am** ~ 'He Brews' Coffee Club – Gamblesby Methodist Chapel
- 10am** ~ Midweek Service – Mrs Ruth Combellack – Church/PMC
- 10.30am** ~ CAP Job Club – Beacon/PMC
- 12 noon** ~ Lent Lunch - Ullswater/PMC
- 7pm** ~ Omega HG – Sunningdale, Stainton
- 7.30pm** ~ Junior Youth Club - Ullswater/PMC

Wednesday 21st February

- 10am** ~ 3Cs – Cottage Wood Centre
- 1.30pm** ~ Wednesday Get Together - Skelton Methodist Church
- 7pm** ~ Blencow HG – The Hollies, Blencow (*We meet twice monthly at 7pm on a Wednesday. Contact Steve on 07711 088448 for further details.*)

Thursday 22nd February

- 1pm** ~ Thursday Tots - Ullswater/PMC
- 2pm** ~ Parklands HG – 19 Frenchfield Way, Penrith

Friday 23rd February

- 12 noon** ~ Lunch Club – Ullswater/PMC

Sunday 25th February

- Penrith: 10.30am** ~ Social Justice Service ~ Mr. Morgan Tebb-Roger
- 7pm** ~ Encounter
- Skelton: 10.30am** ~ Morning Worship ~ Mrs Lois Morton
- Stainton: 10.30am** ~ Morning Communion ~ Rev. Tim Cooke
- Cottage Wood: 3pm** ~ Afternoon Worship ~ Rev. Tim Cooke
- Alston Moor: 11am** ~ Morning Worship ~ Rev. John Howard
- Langwathby: 11am** ~ Morning Worship ~ Miss Kathleen Williamson
- Kirkoswald: 10am** ~ Morning Worship ~ Rev. David Milner
- Gamblesby: 2pm** ~ Afternoon Worship ~ Local Arrangement
- Salkeld Dykes: 6pm** ~ Evening Worship ~ Ms Veronica Priest



On Monday 19th February
at 2.30 pm in The Chat Room, Alston

Rev. John Howard

will be giving an illustrated talk on his work in
Israel/Palestine

Rev. John Howard is a retired Methodist Minister who served as a Mission Partner in Bethlehem and is really knowledgeable about Palestine/Israel which is to be featured at the World Day of Prayer on 1st March.

In 2013 he served as a Human Rights observer with the World Council of Churches Ecumenical Accompaniment Programme in Palestine/Israel.

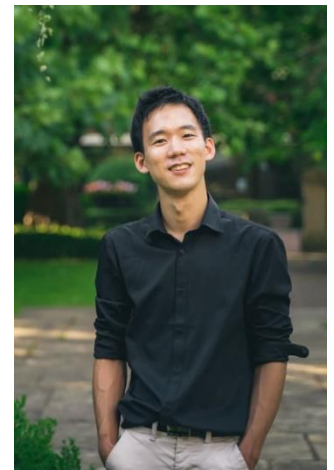
All are welcome to join us for what promises to be a very interesting and informative meeting.

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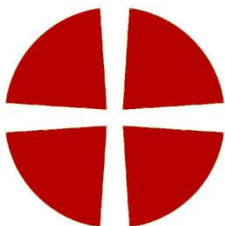
**Penrith Music Club Concert**  
**Monday 19<sup>th</sup> February, 7.30pm at PMC**

February's concert will be a piano recital by Victor Lim, born in South Korea, a finalist in the BBC Young Musician of the Year in 2012 and winner of the Royal Northern College of Music's Gold Medal in 2021.

See [www.penrithmusicclub.com](http://www.penrithmusicclub.com) for more information.



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North West England District:
Expressions of Interest

The new North West District, which comes into force in September 2024, are looking to recruit volunteers to fill various roles in order for us to effectively fulfil our mission and ministry.

Please have a look at the roles as detailed on the Cumbria Methodist District website and complete an expression of interest and an EDI monitoring form if you may be interested in serving in this way.

District website link: Cumbria Methodist District Vacancies



CTiP Lent Lunches

12noon-1pm

Tues 20th February, PMC

Tues 27th February, Quakers

Fri 8th March, St Catherines
(1pm-2pm)

Fri 15th March, Salvation Army

Fri 22nd March, St. Andrew's



PMU CLOTHES SWAP

**Sunday
25th February**

12noon - 1pm
6pm-7pm

Penrith Methodist Church,
Wordsworth Street,
Penrith, CA11 7QY

Refresh your wardrobe for free at our clothes swap event!

The aim is to redistribute unwanted clothes, so bring along any quality clothes which you no longer wear and swap them for something new!





COMMUNITY LISTENING EVENT

People living and working in Cumbria are invited to share their views and experiences of the 999-emergency service, patient transport service (PTS) and NHS 111 as part of a conversation with the ambulance service and the local community.








 **Morton Manor**
Wigton Road, Carlisle, CA2 6JP
Free parking available

 **Thursday 22 February 2024**
11:30am - 2:30pm

Whether you're an interested member of the public, NHS professional, carer, patient, or healthcare champion, we want to listen to and learn from you.

WHAT TO EXPECT:

-  Interactive talks about 999, PTS and 111
-  Hear our plans for 2024
-  **Free lunch and refreshments**
-  Q&A session with frontline staff and leaders
-  Share your views and experiences in fun and interactive activities

HOW TO BOOK:

Reserve your free place now by:

Email - talk.tous@nwas.nhs.uk

Phone - 07812305508

Scan QR code below to book through Eventbrite



WORLD DAY OF PRAYER

A WOMEN LED, GLOBAL, ECUMENICAL MOVEMENT



I beg you,
bear with one another
in love

St Andrews, Penrith, 2pm
Renwick, 2pm
St Wulstons, Alston, 2.30pm

FRIDAY 1 MARCH 2024

PREPARED BY THE CHRISTIAN WOMEN OF PALESTINE

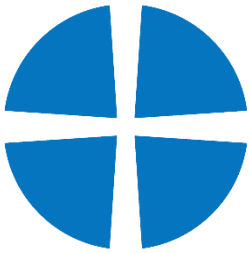
wwdp.org.uk

Let's do **LUNCH**
SUNDAY 3RD MARCH
Following the PMC morning service



Donations of cake welcome (no fresh cream)

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### **Vacancy: Circuit Operations Manager**

**Full-time - 40 hours per week  
(some flexible working is necessary)**

**Do you think strategically? Are you someone who wants to see people released for mission and ministry? Have you got experience in management and oversight?**

The North Lancashire Methodist Circuit seeks to appoint a full-time Operations Manager. The successful applicant will play a leading role in operational matters across the Circuit. This role will release resources for mission by helping to provide professional management, advice and oversight in the areas of property management, operations, compliance and administration.

We are an equal opportunities employer but the role requires a sympathy with the aims and ethos of the Methodist Church. Please note - the post is subject to obtaining a satisfactory enhanced DBS (Disclosure and Barring Service) disclosure.

**Salary starting at: £31,000 per annum**

**Closing date for applications: Friday 29<sup>th</sup> February 2024.**

**The Interviews will be held in the week beginning 18<sup>th</sup> March**

For further information and for an application form, please contact:  
Mrs Ruth Champley - [ruth787@btinternet.com](mailto:ruth787@btinternet.com) or 01524-417031 / 07394 591 394  
[www.northlancsmethodist.org.uk](http://www.northlancsmethodist.org.uk)



Transform  
Trade \_\_\_\_\_  
**Big  
Brew**  
2024

Saturday 9th March

Join us...

for a cuppa, cake and  
conversation!

We're also holding a flower  
workshop, making posies for the  
service on Sunday 10th March

Flower workshop - 9.30am  
Coffee morning - 10am-12noon



## CAP Money

Alan Sibley has recently taken over running the CAP Money course; he will be linking with the existing debt counselling work and Job Club run from PMC.

The CAP money course is a money management course that teaches budgeting skills that can help you to make the most of your money, and to worry less about money. The course has a proven track record; it has been running for over 25 years though the material has recently been updated.

The content is relevant to most people who want to be more in control of their finances. The material is very accessible and easy to follow. The course can either be run over 4 sessions of about 2 hours or a shortened course can be run in a day.

If you or anyone you know would be interested in attending a course, or finding out more about it, then please contact Alan at the following email address – [capmoney@penrithmethodist.co.uk](mailto:capmoney@penrithmethodist.co.uk)

### CAP Money Course

A free, short course that makes managing your money simple.



budget. save. spend

## IMPORTANT GIFT AID REMINDER FOR PMC MEMBERS

The Income Tax Year ends on 5th April 2024 and it is important that we know if you have signed a Gift Aid declaration and are either no longer paying Income Tax, or consider that the amount of tax you have paid in the current year is less than will be reclaimed on your total donations (currently £25.00 can be reclaimed for every £100 donated).

*giftaid it*

Any taxpayers who may be interested in helping the church by Gift Aiding their donations but do not currently do so, please contact the Office for further information. There is no additional cost to you and it is completely confidential.

If you have signed a Gift Aid declaration and changed your name or address, please advise the Church Office.

Thank you.

# NWED LAUNCH EVENT

**SAVE  
THE  
DATE** | **31  
08  
24**

**VICTORIA HALL, BOLTON, BL1 2AS**



This event is an opportunity to celebrate as five districts become one, to form the North West England District. Starting at 2.30pm, the event will include the welcome service for Rev. Dr. James Tebbutt, our District Chair (subject to Methodist Conference), and will also welcome the wider District Team. The President of Conference will be preaching, along with the Vice-President and Secretary of Conference in attendance.

**NORTH WEST ENGLAND METHODIST DISTRICT**

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# THE EQUIP SERIES



**12.03.  
2024**

**7.30PM-8.30PM**

**MONTHLY  
ONLINE EVENTS**

**HOSTED ON  
ZOOM**

**ARRIVE FROM  
7.20PM FOR A  
7.30PM START**

Come along to this information evening and be equipped as we move towards the launch of the North West England District. The evening will include:

- Devotions
- Space to be equipped spiritually
- An update from James Tebbutt, our new District Chair (subject to Methodist Conference)
- An update from each sub group, to increase our knowledge and understanding of how the new district will look and feel
- Q and A session

These events will take place once a month at varying times, to ensure all are able to participate if you would like to.

**IF YOU HAVE ANY QUESTIONS OR COMMENTS, PLEASE  
EMAIL [NWEDCOMMUNICATION@OUTLOOK.COM](mailto:NWEDCOMMUNICATION@OUTLOOK.COM).**

## Thought for the week...



### Contact Details:

#### Co-Superintendent Ministers

**Rev. Tim Cooke:** 01768 890465 or email: [tim.cooke@methodist.org.uk](mailto:tim.cooke@methodist.org.uk)

**Rev. David Milner:** 01768 863209 or email: [dave@revmilner.plus.com](mailto:dave@revmilner.plus.com)

**Circuit Pastor: Rev. Keith Speck:** 01768 898257 or email: [keithspck1@googlemail.com](mailto:keithspck1@googlemail.com)

**Missional Pioneer & Communities Lay Pastor: Morgan Tebb-Roger:** 07949 156051  
or email: [outreach@penrithmethodist.co.uk](mailto:outreach@penrithmethodist.co.uk)

**Stainton Outreach Worker: Trace Cooke:** 01768 890465  
or email: [tracecooke1@gmail.com](mailto:tracecooke1@gmail.com)

**Circuit Office:** 01768 862787 or email: [admin@penrithmethodist.co.uk](mailto:admin@penrithmethodist.co.uk)  
(Open 9am - 1pm, Monday to Friday)

**Circuit Administrative Manager: Sarah Mulheron**

**Administrative Assistant: Maureen Brunskill**

**Premises Manager: Lindsay Wilson**

**Eden Debt Centre Manager (CAP): Jon Cook:** 07464 939138  
or email: [joncook@capuk.org](mailto:joncook@capuk.org)

**Debt Coach:** Jen Dixon: 07799 271710 or email: [jendixon@capuk.org](mailto:jendixon@capuk.org)

**Cottage Wood Centre - Please send a request to join our Facebook group.**

**East of Eden Mission Community Website:** [www.eastofedenmc.org.uk](http://www.eastofedenmc.org.uk)

**PMC Website:** [www.penrithmethodist.co.uk](http://www.penrithmethodist.co.uk)

**Find our Sunday services on YouTube**

**Follow us on Twitter @PMCmethodists and on Facebook**

**Let's stay connected with one another!**

