



East Cumbria **Methodist** Circuit



Weekly Bulletin Sunday 17th March

Sacred Wilderness

This is the reflection I shared at last week's Woodland Collective, and I thought I would share it with you as well.

What do you think of when you hear the word wilderness?

I know in some circles 'wilderness' isn't a good thing. It is a metaphor for a hard time that we go through, often through our own doing.

To me, wilderness is a confusing mix of both enticing and intimidating. The wild is where I first experienced the presence of something sacred. It is the place that instilled a deep care for this earth on which we live. It is where I face adversity and where I build resilience. The wilderness is often the space that prepares us for something greater, and the place we return to when we need to rest and recharge. It strips away all that we use to disguise and suppress the person we truly are. The screens, the money, the presumed status. And for a lot of us that isn't easy.

There was once a refugee. A man that had been oppressed since birth. He was baptised in a river by a wild priest. When he rose from the waters he was instantly called into the wilderness where he experienced great challenges and tests of character, confirming a call upon his life. He went on to be known, in my opinion, as the greatest activist and wisest teacher the world has ever seen.

Challenging the powerful and standing with the oppressed. Jesus consistently returned to the wilderness throughout his ministry to ground himself, to rest, and to gather his strength.

So, I ask again the question we started with - what do you think when you hear the word wilderness? In other words, what does the wild mean to you and how does it play a part in your life or faith?





A prayer for this week:

May we see the wild for all it is. And through that, see ourselves for all we can be.

May we never underestimate the raw power that is held in this wild place. But may we never fear it either.

We give thanks to God who created this place and gladly accept the invitation to step into and embrace the experiences, journeys and lessons that lie before us.

May our feet be ready for the journey. May our minds be thirsty for all that can be learned. And may our hearts be open to the sacred found within the wilderness.

Morgan Tebb-Roger



Penrith

10.30am ~ Morning Worship ~ Mr Morgan Tebb-Roger
Reading: Exodus 3: 1 - 12; Acts 9: 1 - 18

Due to a different format, this service will not be live streamed.

Skelton

10.30am ~ Morning Worship ~ Mr Lawrence Tomlinson

Stainton

10.30am ~ Morning Worship ~ Rev. Cathy Helm

Cottage Wood Centre

5pm ~ Early Evening Worship ~ Mrs Carolyn Dickinson

Alston Moor

11am ~ Morning Worship ~ Rev. Mary Elliot

Langwathby

11am ~ Morning Worship ~ Rev. David Milner

Kirkoswald

10am ~ Morning Communion ~ Rev. Keith Speck

6.30pm ~ Third Sunday Service

There are alternative Anglican services available.

For details, please see the EEMC website: www.eastofedenmc.org.uk

Weekly Diary

Monday 18th March

9.30am ~ Monday Walks – Meet outside PMC

6.15pm ~ Choral Group - Sandgate Room/PMC

7.30pm ~ Monday Zoom Prayer

Tuesday 19th March

10am ~ 'He Brews' Coffee Club – Gamblesby Methodist Chapel

10am ~ Midweek Communion Service – Rev. David Milner – Church/PMC

10.30am ~ CAP Job Club – Beacon/PMC

7pm ~ Omega HG – Sunningdale, Stainton

7.30pm ~ Junior Youth Club – Ullswater/PMC

Wednesday 20th March

10am ~ 3Cs – Cottage Wood Centre

1.30pm ~ Wednesday Get Together - Skelton Methodist Church

7pm ~ Blencow HG – The Hollies, Blencow (*We meet twice monthly at 7pm on a Wednesday. Contact Steve on 07711 088448 for further details.*)

Thursday 21st March

10.30am ~ Oasis – Langwathby Methodist Chapel

1pm ~ Thursday Tots - Ullswater/PMC

2pm ~ Parklands HG – Northgate, Milburn

Friday 22nd March

12 noon ~ Lunch Club – Ullswater/PMC

12 noon ~ Lent Lunch – St Andrew's Church, Penrith

7.30pm ~ Senior Youth Club – Ullswater/PMC

Sunday 24th March – Palm Sunday

Penrith: 10.30am ~ Morning Worship ~ Mr. Michael Boone

Skelton: 10.30am ~ Morning Worship ~ Mrs Lois Morton

Stainton: 10.30am ~ Morning Communion ~ Rev. Tim Cooke

Cottage Wood: 5pm ~ Early Evening Worship ~ Mr. Michael Boone

Kirkoswald: 10.30am ~ **Joint EEMC Service** – See below for details

On Palm Sunday there are services at Kirkoswald for the whole of the East of Eden Mission Community. Starting at the Methodist Chapel at 10.30am, there will be an all-age, family friendly service before walking down through the village for a quieter, meditative service in St. Oswald's Church at 11.15am. People are welcome to come to either or both services.





We need seeds! Bring your spare seeds and gardening goodies along to give/swap. Don't have seeds? You know where to come! You can also bring along gardening tools for sharpening.

Check out the full event details at:

<https://www.eventbrite.com/cc/seedy-saturday-2024-2149099>

~~~~~

**Sunday, 17 March**  
**11.00am Service at Langwathby Chapel**  
**Led by Rev Dave Milner**



**You are invited to our monthly**  
**Oasis of refreshment and rest**  
**at Langwathby Chapel**  
**Thursday, 21 March**  
**From 10.30am: Coffee**

**An informal reflection in the Chapel**  
**And a light lunch**

~~~~~

Sad News

It is with great sadness that we let you know Grattan Bowen passed away peacefully on Thursday 14th March.

Please hold his wife Val, their children Kimberley and David, his grandchildren, and all the family in your prayers



Zoom Prayer Meeting

Monday 18th March at 7.30pm
Hosted by David & Gillian Belford

Zoom details:
955 474 1253
Password: 2YaB4F



Join us on our journey through **HOLY WEEK**

MARCH 25 - 7PM	ST PETER'S, LANGWATHBY TAIZE STYLE SERVICE	MONDAY
MARCH 26 - 7PM	ST CUTHBERT'S, GREAT SALKELD CELTIC STYLE SERVICE	TUESDAY
MARCH 27 - 7:30	COTTAGE WOOD CENTRE LED BY KATHLEEN WILLIAMSON	WEDNESDAY
MARCH 28 - 7:30	PENRITH METHODIST CHURCH - IONA HOLY COMMUNION LED BY REV. TIM AND OTHERS	MAUNDY THURSDAY
MARCH 29 - 7:30	SKELTON METHODIST CHURCH LED BY LOIS MORTON	GOOD FRIDAY
MARCH 30 - 7PM	MELMERBY EASTER FIRE VIGIL WITH COMMUNION	SATURDAY





CTiP Lent Lunches

12noon-1pm

Fri 22nd March, St. Andrew's



Join us at PMC for Holy week and Easter

Maundy Thursday – ‘Seven Actions’

Meet at 7:30pm for a contemplative, reflective time as we remember the events of Maundy Thursday, and Jesus' last night with his friends. Led by Rev. Tim, Morgan Tebb-Roger, and Sarah Mulheron. To include Holy Communion.

Easter Sunday - ‘He is not here - He is risen’!

Meet at 10:30 for a celebration of Easter as we rejoice together in the hope we have in the resurrection of Jesus! Bring some flowers to decorate the cross into a symbol of new life!



HAPPY EASTER




Easter Flower Workshop

Saturday 30th March, 9.30am

Join us to create Easter Flower Baskets which will be used to decorate the church windows and then distributed into the community following the service.

There are various ways to be involved in the workshop:

1. Come along and make up a basket - tea, coffee & biscuits provided!
2. Donations of flowers, foliage or cash would be very welcome.
3. If you have any suitable baskets available please leave them in the reception area before the workshop




4F@PMC
Penrith Methodist Church, Wordsworth Street, Penrith, CA11 7QY

Tuesday 2nd April 11am-2pm
Tuesday 9th April 11am-2pm with Action Ants

Join us for games, indoor sports and arts & crafts, plus a lot more...
A hot lunch and drinks are provided.

To book your place contact admin@penrithmethodist.co.uk

#HAF2024



If anyone can save egg boxes for the craft activities for 4F, please leave them in the glasshouse.

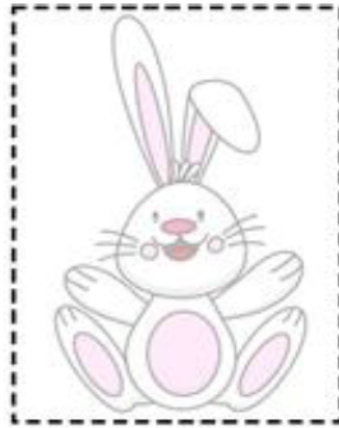
Please support Joseph fundraising for his scout expedition and come to Cottage Wood for a

Bunny Drive

(like a beetle drive but with more rabbits)

Friday 5th April 6.30pm
Cottage Wood Centre
Refreshments provided

To reserve your ticket,
please contact Alison on 07788464236 or ask at the centre
Donations accepted on entry



Roverway 2024

Monday 22 July to Monday 5 August 2024, Norway

In memory
of Keith Scott



Carlisle Refuge Collection

It's time for a Spring clean!

Our next Refuge collection date is Tuesday 16th
of April at 9:30am.

Please bring donations to PMC on the day from 9am.

Small household items, washing up products, long life food
and clothing appreciated. No appliances. Please bag and label.
Think of what you might need when moving to a new flat with little
or nothing!

IMPORTANT:

Please only donate clean items (with some life left in them) which
you would be happy passing on to a friend :)

Are you free on the day to carry, load the van, or
be on call to drive up to Carlisle if need be?
Contact Rebecca Frost (07805697325) or leave a
message with the Church office.



CTfC and NCT, Meet Church Funders Training Day

Churches Trust for Cumbria and National Churches Trust are holding a Training day to meet major Church funders.

The morning session will consist of presentations from some of the top funders for churches. This will be followed by a buffet lunch and a chance to network and chat. The afternoon sessions will take the form of two workshops on Tourism and Heritage to help unlock your churches potential and help you to become an attractive prospective grantee.

The whole day is free of charge and is provided in partnership by CTfC and NCT; as part of the "Cherish" project. Cherish grants fund offers between £500 and £10,000 for small repairs and maintenance to help keep churches in good condition and prevent expensive repairs.

10am-3pm 19/04/2024

Penrith Methodist Church, Wordsworth St, Penrith CA11 7QY

To register please visit - <https://forms.office.com/e/wpVeJWX1Xg>

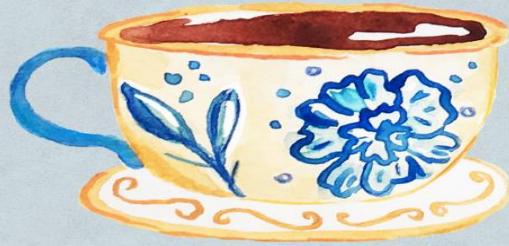
Marriage by Design

We had a great day at PMC last Saturday, when 7 couples who are either just married, or about to be married, got together for a day's workshop called 'Marriage by Design'. The day was led by Rev. Tim, Trace, Charlie and Naomi, and we had a lot of fun as we explored practical areas for building a successful marriage.

We wish Katie and Loren, Lauren and Joe, Sarah and PJ, Sophie and Morgan, Ellen and David, Naomi and Tom, and Mel and Tony every blessing in their marriages!



PMC SUNDAY TEA & COFFEE

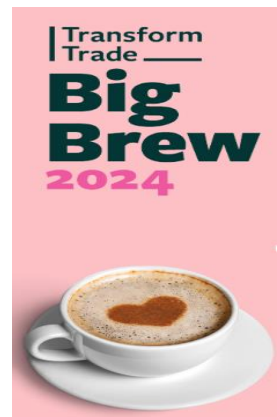


The tea and coffee rota for
March onwards is in the kitchen.
Please sign up if you are able.

Thank You

A big thank you to all who supported the Transform Trade Big Brew coffee morning. Over £200 was raised to be shared between the church & Fairtrade.

A happy time was shared with all who came, baked cakes, bought and enjoyed a cuppa.



Pastures New

I've been working in the office for 11 years, but I now feel that it is time for something different, so my last working day will be Thursday 28th March.

I have generally enjoyed working for the Church and Circuit, doing many things behind the scenes, and I trust that you will not expect too much of Sarah in the period before my successor is appointed.

Maureen Brunskill.

**We have two vacancies based at Penrith Methodist Church
and information on both can be found below.**

**If you are interested in applying, or would like further information,
please contact the appropriate person – details can be found on
the relevant advert.**



Vacancy: Circuit Administrative Assistant

Part-time 8 hours per week, but intended to rise to 12 hours per week

Are you a team worker, but able to work alone or with volunteers? Have you got any experience in office routines and basic I.T.? The East Cumbria Methodist Circuit wishes to appoint a part-time Administrative Assistant for the recently enlarged Circuit.

The successful applicant will be central to the work of the Circuit, providing support to the Circuit Administration Manager in providing professional input, advice and oversight in all areas of administration and operations. The successful applicant will be required to occasionally deputise for the Administration Manager, but training will be provided for this.

We are an equal opportunities employer but the role requires a sympathy with the aims and ethos of the Methodist Church. Please note - the post is subject to obtaining a satisfactory enhanced DBS (Disclosure and Barring Service) disclosure.

Salary: NJC Scale 5; £12.18 per hour. Closing date for applications: Friday 22nd March 2024.

Interviews will be held on Wednesday 10th April: For further information and for an application form, please contact:
Miss Sarah Mulheron, Circuit Administration Manager at;
email; - admin@penrithmethodist.co.uk or tel; - 01768 862787
or by letter at East Cumbria Circuit Office, Penrith Methodist Church, Wordsworth Street, Penrith. CA11 7QY



Eden CAP Debt Centre

is seeking to appoint a
Debt Coach

The post is a Part-Time permanent position, 8 hours per week

The salary offered is £5542 per annum. (£25,979 full-time equivalent)

An application form, job description and a person specification are available from:

joncook@capuk.org

Closing date for applications: Tuesday 2nd April 2024 at 1pm

Interviews will be held 8th April 2024

Thought for the week...

The LORD directs our steps,
so why try to understand
everything along the way?

Proverbs 20:24

Contact Details:

Co-Superintendent Ministers

Rev. Tim Cooke: 01768 890465 or email: tim.cooke@methodist.org.uk

Rev. David Milner: 01768 863209 or email: dave@revmilner.plus.com

Circuit Pastor: Rev. Keith Speck: 01768 898257 or email: keithspck1@googlemail.com

Missional Pioneer & Communities Lay Pastor: Morgan Tebb-Roger: 07949 156051
or email: outreach@penrithmethodist.co.uk

Stainton Outreach Worker: Trace Cooke: 01768 890465
or email: tracecooke1@gmail.com

Circuit Office: 01768 862787 or email: admin@penrithmethodist.co.uk
(Open 9am - 1pm, Monday to Friday)

Circuit Administrative Manager: Sarah Mulheron

Administrative Assistant: Maureen Brunskill

Premises Manager: Lindsay Wilson

Eden Debt Centre Manager (CAP): Jon Cook: 07464 939138
or email: joncook@capuk.org

Debt Coach: Jen Dixon: 07799 271710 or email: jendixon@capuk.org

Cottage Wood Centre - Please send a request to join our Facebook group.

East of Eden Mission Community Website: www.eastofedenmc.org.uk

PMC Website: www.penrithmethodist.co.uk

Find our Sunday services on YouTube

Follow us on Twitter @PMCmethodists and on Facebook

Let's stay connected with one another!

