



East Cumbria **Methodist** Circuit



Weekly Bulletin Sunday 19th May

Celebrating the Holy Spirit

This Sunday is Pentecost Sunday when we celebrate the work and ministry of God the Holy Spirit. But why celebrate? We know the Holy Spirit is God, but where is it? And how do we access this Spirit?

Some Christians talk about being 'baptised' in the Holy Spirit, or anointed by the Spirit in a conversion type experience - which is great if that has happened to you - but what about the rest of us? How do we get to experience this Spirit of God?

Let me talk about 'Shekinah'! *Shekinah* is a Hebrew word that Jews use to describe the indwelling presence of God.

The first time we read about the presence of God coming and residing with God's people was in the tabernacle that Moses built in the wilderness. The tabernacle was where God was said to live, and it meant the people knew that God was travelling with them. Exodus 40 tells us that *'the glory of the Lord came and filled the Tabernacle'*.

Then, hundreds of years later, the presence of God moved to the temple. 2 Chron 7 says: *'When Solomon finished praying..., the glorious presence of the Lord filled the Temple. The priests could not enter the Temple of the Lord because the glorious presence of the Lord filled it'*.

But so what? Well, the Holy Spirit is, I believe, the very shekinah indwelling presence of God. It proves God is present!

And where is God's Spirit now? Well, that's the exciting bit! In Acts 2 we read that the Holy Spirit came down and rested on the disciples. In past times, God dwelt with his people in the tabernacle or temple. But at Pentecost, God's Spirit came down on the disciples. They had become the new temple - where God resided.

And we too, are temples for God the Holy Spirit to make her dwelling. 1 Cor 3 says: *'All of you together are the temple of God and the Spirit of God lives in you'*.

And Romans 8 says: *'Even though your body will die because of sin, the Spirit gives you life.... The Spirit of God...lives in you.... and gives life to your mortal bodies by this same Spirit living within you'*.

Don't you find that amazing? *You* are the dwelling-place of God the Holy Spirit.
Yes - even you; Even me!

So rejoice! We all already have the Holy Spirit. God has proved their love for you
by the Holy Spirit making her home in you without you having to do anything!

You have the shekinah presence of God abiding in you! Right now! This instant!

And that's something well worth celebrating!

Rev. Tim



Penrith

10.30am ~ Morning Communion ~ Rev Tim Cooke
Reading: Ezekiel 37:1-14

Skelton

10.30am ~ Morning Worship ~ Mrs Lois Morton

Stainton

10.30am ~ Morning Worship ~ Mr Michael Boone

Cottage Wood Centre

5pm ~ Early Evening Communion ~ Rev Tim Cooke

Alston Moor

11am ~ Morning Communion ~ Rev David Milner

Langwathby

11am ~ Morning Worship ~ Peter and Hazel Bowes

Kirkoswald

6.30pm ~ Third Sunday Service

There are alternative Anglican services available.
For details, please see the EEMC website: www.eastofedenmc.org.uk

Weekly Notices

Monday 20th May

- 9.30am** ~ Monday Walks – Meet outside PMC
- 2pm** ~ Bible Fellowship - Skelton Methodist Church
- 6.30pm** ~ CAP Money Course – Beacon/PMC
- 7pm** ~ Choral Group – Sandgate/PMC
- 7.30pm** ~ Zoom Prayer Meeting – *see separate notice*

Tuesday 21st May

- 10am** ~ 'He Brews' Coffee Club – Gamblesby Methodist Chapel
- 10am** ~ Midweek Service – Ven Morris Rodham – Church/PMC
- 10.30am** ~ CAP Job Club – Beacon/PMC
- 1.30pm** ~ Prayer Meeting – Church/PMC
- 7pm** ~ Omega House Group – Sunningdale, Stainton
- 7.30pm** ~ Junior Youth Club – Ullswater/PMC

Wednesday 22nd May

- 10am** ~ 3C's – Cottage Wood Centre
- 1.30pm** ~ Wednesday Get Together - Skelton Methodist Church
- 7pm** ~ Blencow HG – The Hollies, Blencow (*We meet twice monthly at 7pm on a Wednesday. Contact Steve on 07711 088448 for further details.*)
- 7.30pm** ~ Living Room HG, contact Morgan or Sarah for details

Thursday 23rd May

- 2pm** ~ Parklands HG – Fairfield, Wordsworth Street

Friday 24th May

- 12 noon** ~ Lunch Club – Ullswater/PMC
- 7.30pm** ~ Senior Youth Club – Ullswater/PMC

Saturday 25th May

- 1pm** ~ Blessing Ceremony – Church/PMC

Sunday 26th May - Pentecost

- | | |
|---------------------------|--|
| Penrith: 10.30am | Morning Worship ~ Mrs Carolyn Dickinson |
| 7pm | Encounter |
| Skelton: 10.30am | Morning Worship ~ Miss Kathleen Williamson |
| Stainton: 10.30am | Morning Worship ~ Mrs Ruth Combellack |
| Cottage Wood: 5pm | Early Evening Worship ~ Mr Michael Boone |
| Alston Moor: 11am | Morning Worship ~ Rev Dr James N Tebbutt |
| Kirkoswald: 10am | Morning Worship ~ Rev David Milner |
| Gamblesby: 2pm | Chapel Anniversary & Communion
~ Rev Dr James N Tebbutt |
| Salkeld Dykes: 6pm | Evening Worship ~ Rev David Milner |



Please join us in sending love and congratulations to Lauren Frost and Joe Reid who will be getting married at a small, family ceremony, conducted by Rev. Tim, on Saturday 18th May

A very big **THANK YOU** to all who supported the Christian Aid coffee morning, plant and cake sale in any way.

A happy time of fellowship was had and £365 was raised for Christian Aid - a good start for Christian Aid Week!



Circuit Office Update

Following Niamh's start in the Circuit Office this week, please could any items for inclusion in future notices please be sent to niamh@penrithmethodist.co.uk

As Lindsey is away until 28th May, please be considerate with any interactions with the Circuit Office. If you are using the building please leave things clean and tidy.

Thank you.

Stainton Methodist Church



are looking to hire someone to be their **treasurer**

If you can spare 1 – 1 ½ hours a week, working from home, and are able to do basic book-work, then this could be for you. Generous hourly rate paid.

For more details, contact Rev Tim.

CAP Money Coaching Course

The CAP Money Course starts on Monday 20th May in the Beacon room at Penrith Methodist Church. Refreshments will also be provided.

The course teaches budgeting skills that can help you make the most of your money, and to worry less about money. The content is relevant to most people who want to be more in control of their finances. The material is very accessible and easy to follow.

CAP Money Course

A free, short course that makes managing your money simple.



budget. save. spend



Monday Zoom Prayer – 20th May

Hosted by David and Gillian Belford
Meeting ID 955 474 1253
Password 2YaB4F

A reminder that there will be no meeting on Monday 27th May due to the bank holiday.

CUMBRIA METHODIST WOMEN IN BRITAIN



Exploring Big Questions

With Rev Dr James Tebbutt

Stainton Methodist Church

Wednesday 22nd May
2:30pm

Refreshments to follow

For dietary needs or other queries
contact Rev Jackie Betts 01768371598
j.betts 321@btinternet.com



Cumbria
Methodist District

DISTRICT TESTIMONY SERVICE

Rev Tiras Dainty- Share

3pm Saturday May 25th

Stricklandgate Methodist Church,

Kendal

LA9 4QJ



This is an opportunity to hear from the Revd Tiras Dainty-Share from the Kendal Circuit and to show our support for him ahead of his ordination in June. The preacher will be the Revd Andrew Norman.



1864 -2024

Gamblesby Chapel
Anniversary Service

to be led by

Rev Dr. James Tebbutt

on

Sunday 26th May

at 2 p.m

All are welcome to celebrate

160 years of mission

Refreshments to follow



YOU'RE INVITED TO

PMC'S 4F

THURSDAY
30TH MAY AT 11AM

A FAMILY EVENT INCLUDING:

**CRAFTS
GAMES
FOOD**

HOSTED BY:
**PENRITH METHODIST CHURCH,
WORDSWORTH ST.**

TO BOOK CONTACT:
ADMIN@PENRITHMETHODIST.CO.UK



A presentation will be made to Rev. Dr James Tebbutt at the celebration service on 14th July, to express our appreciation for all the work he has done for Cumbria over the last five years.

Please pass any donations for James to the Circuit Office by Wednesday 22nd May if you wish to contribute.

Children, Youth & Families Network

Where & When: Thursday 20th June
10.30am-2.00pm at Rydal Hall.

A time to catch up, pray and reflect together.
Anyone who is passionate about youth, children
and family ministry is welcome to join.



For more information contact Lol Wood:
lol@cilfamilyproject.org or Rev. Lawrence Basham :
teamvicar@southlakeschurches.org.uk

Celebrating 50 years

On 2 July 2024 the Methodist Church celebrates the 50th anniversary of the first ordinations of women as presbyters. To celebrate and honour women presbyters they are looking for stories to share on the website.

If you have something to share, including any pictures (indicate District and date/year) please email: mediaoffice@methodistchurch.org.uk



New Faith Podcast

The Revd Richard Corrie, a former BBC Radio Cumbria presenter, has created a new faith podcast for the county. He plans to put out a half-hourly podcast each month which features faith stories from across the county as well as offering a chance to Pause for Thought and reflection, church events on the church noticeboard and hearing how God is calling people to all kinds of jobs and ministries. The first podcast features the Ven Stewart Fyfe, who was caught up in the unrest in the Holy Land last October, the *Rest Under the Stars* installation and curate Hannah Wallace.

Listen here <https://cumbrianfaithpodcast.podbean.com/>



CUMBRIAN FAITH PODCAST

SHINNING A LIGHT ON THE FAITH STORIES OF CUMBRIA!

Farewell and Thank you to Jon Cook!

This weekend we say farewell to Jon Cook – our CAP Eden Debt Centre Manager, who is stepping down after leading our Debt Centre for the last 8 ½ years!

Jon joined us to head up our brand-new CAP Debt Centre in October 2015, and the Centre officially opened in December of that year.

In that time, the Centre has managed over £1.4 million worth of debt, with over £1 million of debt cleared!



We have worked with 175 different households, and been able to help 126 different families, with 70 going debt-free, and 40 others reaching additional positive outcomes. 14 families are currently actively working with us.

We have partnered and worked alongside local councils, GP's, health & social workers, schools, Mental health practitioners, the DWP, multiple community support groups, housing associations, food banks, churches, the Police, Politicians and counsellors, neighbours, families, friends and work colleagues.

Facebook, radio, newspaper and TV have all helped us carry the message of hope and light to people who most need it.

Every home we have entered we have carried the presence of God and displayed the kingdom of God, serving people in love.

We have mobilised the church across Eden to engage in mission in their local community. Around 35 people have served as befrienders over the years with nearly 20 currently active. We have a passionate and dedicated Management team and so many others praying for our work and helping in many different ways.

We have raised in the region of £200k over the last 8 years to help run our CAP services. And upwards of £30k has been provided through grants from other organisations to people in crisis as blessings and emergency aid.

In addition to the Debt Centre, we now run an effective CAP Job Club and are about to launch a new, re-modelled CAP Money programme – building on the success of previous CAP Money Courses.

Jen Dixon, who was our other Debt Coach will now be our Debt Centre Manager and is an amazing person to follow Jon in heading our ministry. And we are delighted that Jo Varley – who was previously a CAP Debt coach in Kendal – will be joining us as our second Debt coach!

God is good! And God continues to shower his blessings on our work.

But I do want you to join me in saying a massive thank-you to Jon, who has led us so magnificently these last 8 ½ years.

Jon has been an inspirational leader. His passion, his heart for God, and his love for people has been key to what God has been doing in and through us.

Jon is leaving to pursue where God is calling him in his work with Kings Church, and we wish him, his wife Karen, and his family every blessing in what lies ahead.

Jon – thank you for everything, and we look forward to what God has in store for all of us!

Rev. Tim



Please could you save any plastic bottle tops for the PMC Social Justice Service on Sunday 2nd June, these can be left with the Circuit Office.

PMC

JUSTICE

TEAM

AND WHAT DOES THE LORD
REQUIRE OF YOU?
TO ACT JUSTLY
AND TO LOVE MERCY
AND TO WALK HUMBLY WITH
YOUR GOD.
MICAH 6:8

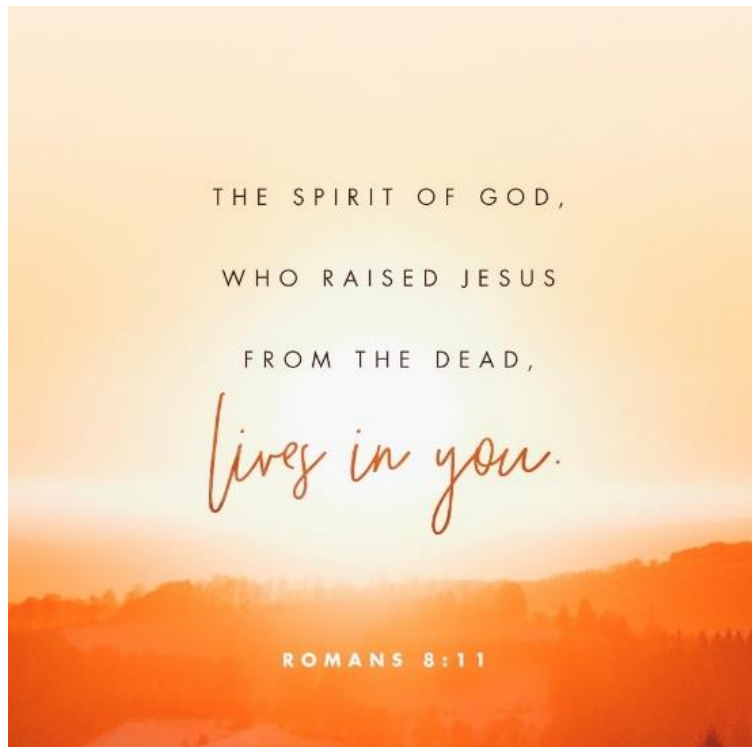
At PMC, we believe that it is our responsibility to stand for justice in the name of Jesus. The PMC Justice Team is committed to bringing social justice issues to the forefront of our focus as a church and challenging ourselves when it comes to how we actively engage with these topics.

We are not an exclusive group but a team that all are encouraged to engage with. So, don't hesitate to ask about what we do as a team and how you can take part in a 2000 year-old movement of justice.



YOU ARE LOVED
ARE VALUED
BELONG

Thought for the week...



Contact Details:

Co-Superintendent Ministers

Rev. Tim Cooke: 01768 890465 or email: tim.cooke@methodist.org.uk

Rev. David Milner: 01768 863209 or email: dave@revmilner.plus.com

Missional Pioneer & Communities Lay Pastor: Morgan Tebb-Roger: 07949 156051
or email: outreach@penrithmethodist.co.uk

Stainton Outreach Worker: Trace Cooke: 01768 890465
or email: tracecooke1@gmail.com

Circuit Office: 01768 862787 or email: admin@penrithmethodist.co.uk
(Open 9am - 1pm, Monday to Friday)

Circuit Administrative Manager: Sarah Mulheron

Circuit Administrative Assistant: Niamh Ryan

Premises Manager: Lindsay Wilson

Eden Debt Centre Manager (CAP): Jon Cook: 07464 939138
or email: joncook@capuk.org

Debt Coach: Jen Dixon: 07799 271710 or email: jendixon@capuk.org

Cottage Wood Centre - Please send a request to join our Facebook group.

East of Eden Mission Community Website: www.eastofedenmc.org.uk

PMC Website: www.penrithmethodist.co.uk

Find our Sunday services on YouTube

Follow us on Twitter @PMCmethodists and on Facebook

Let's stay connected with one another!

