



Weekly Bulletin Sunday 7th July

Pets



Apart from the first few months of our married life, this is the first time we have not had a pet to share our home. As a child I did not have any pets (not even a goldfish) so when our first pet, a cat named Tiger, decided to adopt us I discovered how animals can enrich our lives. Over the years we have had 4 cats and 5 dogs (never more than one at once) and each has been valued and loved.

All the animals have been rescued and the most recent dog, Fluffy, was extra special. He was rescued from Romania where he had a miserable life. No one knew how old he was but he was blind in one eye, had only three teeth and was going deaf, yet he had a zest for life. Sadly he became very ill and we lost him just before Easter. He (and all the others) will never be forgotten.



This is not a sob story but a reflection on what our pets can teach us.

- They depend on us and we also depend on them. We give them a home, shelter and food and they give us their loyalty and love. The same can be said of our relationship with God. He provides for our needs and we are so privileged to have a home and all that we need in our daily lives. More than this his Saving Power and Guiding Hand reach out and embrace us. In turn he asks for our loyalty and trust in him and in response to his love, we love him in return.
- Pets also bring 'energy' to life. Some are more laid back than others but most show enthusiasm for their food, their walks and the affection given to them. Our Christian life also needs 'energy', a vitality and verve to show why our faith is exciting and special and how it is available to others. This is where the Holy Spirit comes in. We need to rely on him to guide and inspire us so that we can demonstrate the joy of our relationship with God.

Whether you are a pet lover or not, I hope you experience the unconditional love of God who accepts each one of us just as we are.

Lois Morton



Penrith

10.30am ~ Healing Service – Rev Gillian Belford
Readings: Acts 3: 1-10 & Acts 4: 5-22

Skelton

10.30am ~ Morning Worship – Mr Michael Boone

Stainton

10.30am ~ Morning Worship – Mrs Ruth Combellack

Cottage Wood Centre

5pm ~ Early Evening Worship – Mr Michael Boone

Alston Moor

11am ~ Morning Worship – Rev Mark Hatto

Nenthead

5pm ~ Pennine Praise

Culgaith

11am ~ Baptism – Rev Lindsay Harrod

Langwathby

11am ~ Morning Communion – Rev David Milner

5pm ~ Taize – Joan Wager

There are alternative Anglican services available.

For details, please see the EEMC website: www.eastofedenmc.org.uk

Change to plan

Please note that the Circuit service on Tuesday 9th July will now be held in the Sandgate room at PMC, and not at Stainton as on the plan.

Weekly Notices

Monday 8th July

9.30am ~ Monday Walks – Meet outside PMC

6.15pm ~ Choral Group – Sandgate/PMC

7.30pm ~ Zoom Prayer Meeting –

All are welcome to join, please follow the link and use the Meeting ID below,

<https://zoom.us/j/97436321089>

Meeting ID: 974 3632 1089

Tuesday 9th July

10am ~ 'He Brews' Coffee Club – Gamblesby Methodist Chapel

10am ~ Midweek Service – Miss Kathleen Williamson – Sandgate/PMC

7.30pm ~ Junior Youth Club – Ullswater/PMC

Wednesday 10th July

10am ~ 3C's – Cottage Wood Centre

1.30pm ~ Wednesday Get Together - Skelton Methodist Church

7pm ~ Blencow HG – The Hollies, Blencow (*We meet twice monthly at 7pm on a Wednesday. Contact Steve on 07711 088448 for further details.*)

7.30pm ~ Living Room HG, contact Morgan or Sarah for details

Thursday 11th July

1.30pm ~ Take Tea Out – Cottage Wood Centre (*Contact Sheila Mallinson to book*)

Friday 12th July

12 noon ~ Lunch Club – Ullswater/PMC

7.30pm – Woodland Collective – meet at PMC for car share

Sunday 14th July

Penrith: 10am	Morning Worship – Mr Morgan Tebb-Roger
3.30pm	District Event
Patterdale: 10.30am	Morning Worship – Mrs Lois Morton
Skelton: 10.30am	Morning Worship – Mr Lawrence Tomlinson
Stainton: 10.30am	Morning Worship – Rev Andrew Callaway
Cottage Wood: 3.30pm	District Event at PMC
Alston Moor: 11am	Morning Communion – Rev David Milner
Kirkoswald: 10am	Morning Communion – Rev Tim Cooke
Gamblesby: 10am	Little Acorns
3.30pm	District Event at PMC
Renwick: 3.30pm	District Event at PMC



Let's get together to share cake and a cuppa to raise vital funds for families facing dementia

LANGWATHBY VILLAGE HALL

SATURDAY, 6 JULY

10 – 12.00

Coffee – Cakes – Stalls



Registered with
**FUNDRAISING
REGULATOR**

Dementia UK is a registered charity in England and Wales (1039404) and Scotland (SC 047429).



Friday, 12th July, from 2pm to 4pm: Afternoon Tea at Tithe Cottage, Langwathby

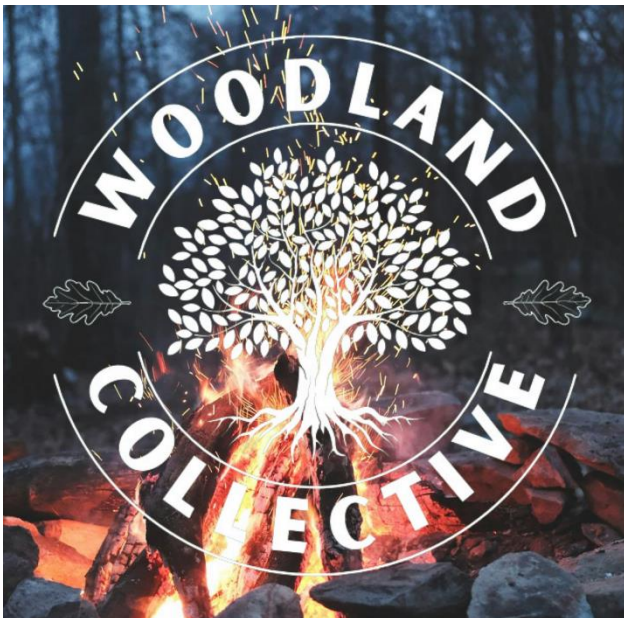
A churches and community initiative for new people to the area, older citizens and others appreciating some social contact.

Let's do **LUNCH**
SUNDAY 7TH JULY
Following the PMC Healing Service



Ploughman's and traybakes!
Please let Ange know if you can provide
a traybake for dessert
(with list of allergens, no nuts)

If you are able to help with food preparation before the meal,
please can you let Ange know, as numbers in the kitchen will be limited.



**The next Woodland Collective meeting is
Friday 12th July.**

**All are welcome to join, please meet outside
PMC at 7pm to carpool to the selected
woodland. Please wear weather appropriate
clothing and bring any hot drinks/snacks,
blankets/chairs you might want.**



TIME...

Healing Service

Rev. Gillian Belford

Sunday 7th July, 10.30am

SUPPER CLUB

We have almost come to the end of the four months of Supper Club. As always, the meet ups have provided many opportunities for those taking part to see others in the church family. We have enjoyed good food, sincere friendship, chances to exchange news, put the world to rights and have some fun!

We will be starting again in September and run until November. It would be really good to welcome new people into Supper Club.

**If you would like to know more about it, please: -
mention it when you see us, or contact us on
[01931 714110](tel:01931714110) / johngore214@btinternet.com**

Or:-

**Why not come along to our Summer get-together to find out more.
Where and when: - Our house in Morland, 2pm on Saturday, July 13th.
Enjoy a local walk and/or relax for afternoon tea.
If you would like to join us please get in touch,
this will help in judging how much food will be required.**

**Thank you.
John & Margaret (Gore)**

The **Methodist** Church 

A Celebration of the Cumbria Methodist District

Sunday 14 July

3.30pm worship, sharing
& refreshments

6 - 7pm evening celebration

An afternoon of worship,
celebration and conversation.

at Penrith Methodist Church

Arrivals from 3pm



Follow the below link to book your place.

www.eventbrite.co.uk/e/celebration-of-the-cumbria-methodist-district-registration-881237925357?aff=odtdtcreator



The next meeting of our All Together Fellowship is on

MONDAY, JULY 15th, at 2pm

We will begin as usual with a short act of worship.

This will be followed by a light hearted humorous session which will be accompanied by a visual presentation relevant to the entertainment!!

Fellowship will continue in the Ullswater Room when an afternoon tea will be served.



Please note that there is **no meeting in August.**

CONVERSATIONS DAY

Exploring the Role of Imagination in Leading Mission

On Tuesday 16th July 2024

10am - 3.30pm

At Church House
Penrith, Cumbria

With Guest Speaker and writer
Paul Bradbury
Pioneer Minister
Poole Missional Communities

To book go to: www.trybooking.com/uk/DMCK Tickets £10





**NORTH WEST ENGLAND
METHODIST DISTRICT**

The Methodist Church North West England District (NWED)

Digital Enabler

Are you able to help digitally resource a new organisation which links together a widely dispersed group of churches? Can you provide effective and innovative ways for people to meet and engage in mission, consultation, and administration? If so, this post may be for you.

£32,000 – £38,000 p.a., full-time
6% employer pension contribution.

This post is a permanent contract; funding has been identified for two years, with further funding subject to review.

Full details available here
<https://barmd.org.uk/content/vacancies>

Closing date for applications: 17:00 – 15th July 2024.

An Occupational Requirement exists for the postholder to be a Christian in accordance with the Equality Act 2010.

NORTH WEST ENGLAND METHODIST DISTRICT

THE EQUIP SERIES



~~TUE 12 MARCH~~
~~WED 17 APRIL~~
~~THU 16 MAY~~
~~MON 10 JUNE~~
TUE 16 JULY
WED 14 AUGUST
2024

**MONTHLY
ONLINE EVENTS**

**HOSTED ON
ZOOM**

7.30 - 8.30PM

**(ARRIVE FROM
7.20PM FOR A
7.30PM START)**

Come along to these information evenings and be equipped as we move towards the launch of the North West England District. These evenings will include:

- Devotions
- An update from each sub group, to increase our knowledge and understanding of how the new district will look and feel
- Q and A session

These events will run on a monthly basis, and you are invited to attend any/all of these sessions. To Join:

<https://zoom.us/j/94658927054?>

[pwd=ZmNKUGl3SWdleXJsckZyZW5tT3MrZz09](https://zoom.us/j/94658927054?pwd=ZmNKUGl3SWdleXJsckZyZW5tT3MrZz09)

(Meeting ID: 946 5892 7054 Passcode: 125750)

To access via phone dial 0203 481 5237 or 0203 481 5240 and follow prompts.

**IF YOU HAVE ANY QUESTIONS OR COMMENTS, PLEASE
EMAIL NWEDCOMMUNICATION@OUTLOOK.COM.**



**PMC's Holiday Club will be running again this year.
Follow the link above for more information & registration.**

Cumbria District MWiB Summer Events 2024



PLEASE NOTE

The Away Day at Port Carlisle advertised at synod for July this year has been postponed till next Spring. However, everyone is welcome to attend the event below.

STRAWBERRY TEA

Arnside Methodist Church (LA5 0AQ) on Saturday August 3rd from 2-4pm.
Donations for St John's Hospice Lancaster.

Jackie Betts Co-ordinator District MWIB team

#HAF2024

4F

SUMMER 2024

To book, contact
admin@penrithmethodist.co.uk

DATES

Tuesday 30th July
Action Ants at PMC ~ 10am – 1pm

Tuesday 6th August
Euphoric Circus at PMC ~ 11am – 2pm

Tuesday 13th August at PMC ~ 11am – 2pm

Tuesday 20th August
Walby Farm Park
meet at PMC at 9.30am for transport



Westmorland
& Furness
Council

**HOLIDAY ACTIVITY
AND FOOD PROGRAMME**

Funded by



Department
for Education

Family Open Air Service & BBQ



**Come and join churches from the Blencathra
Mission Community for a Family Open Air
Service, with live music, BBQ, ice cream van
and fun for the kids.**

**Sunday 11 August 3pm-5pm
Calthwaite Football Pitch**



NORTH WEST ENGLAND DISTRICT LAUNCH EVENT



31.08.24

**2.30PM START
DOORS OPEN 2PM**

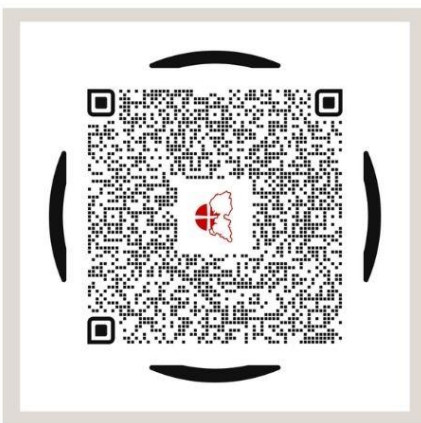
VICTORIA HALL, BOLTON, BL1 2AS



This event is an opportunity to celebrate as five districts become one, to form the North West England District. Starting at 2.30pm, the event will include the welcome service for Rev. Dr. James Tebbutt, our District Chair (subject to Methodist Conference), and will also welcome the wider District Team. The President of Conference will be preaching, with the Vice-President and Secretary of Conference in attendance.

THIS EVENT WILL BE LIVESTREAMED: DETAILS WILL BE ANNOUNCED SHORTLY

BOOK YOUR PLACE



If you're attending onsite, please book in advance so that we can plan accordingly. Bookings help us to ensure accessibility for all, including those needing aisle seats or wheelchair access. If you're arriving by coach, please indicate when you book. To book your place, scan the QR code with a smartphone camera, click the below link or contact your District Administrator.

<https://www.ticketsource.co.uk/whats-on/bolton/the-victoria-hall-bolton/north-west-england-district-launch-event/2024-08-31/14:30/t-ojpnjag>

It is requested that tickets are booked in advance where possible to help with the arrangements - <https://www.ticketsource.co.uk/whats-on/bolton/the-victoria-hall-bolton/north-west-england-district-launch-event/2024-08-31/14:30/t-ojpnjag>



The Woodland Trust are offering trees for planting to local communities and schools (including churches). To receive trees for planting in November applications need to be made in August. For further information visit their website here:

<https://www.woodlandtrust.org.uk/plant-trees/schools-and-communities/>.



Together at Thornleigh
11th– 13th November 2024
‘Holy Sauntering’
with
Deacon Karen McBride
Warden of the Diaconal Order



This short break offers an opportunity for learning, personal reflection, prayer & time for leisure, fellowship, and worship together.

This year we are delighted to have as our lead Deacon Karen McBride

There will be a full & varied programme as always, with time for rest and relaxation, plus special evening entertainment on both evenings. So come & join us for our Autumn Residential and enjoy a wonderful time of fellowship, blessings, and spiritual refreshment.

A deposit needs to be paid by the 23rd of August.

Booking forms can be picked up from Circuit churches, or please contact Delphine on 01539 737305 if you have any queries.

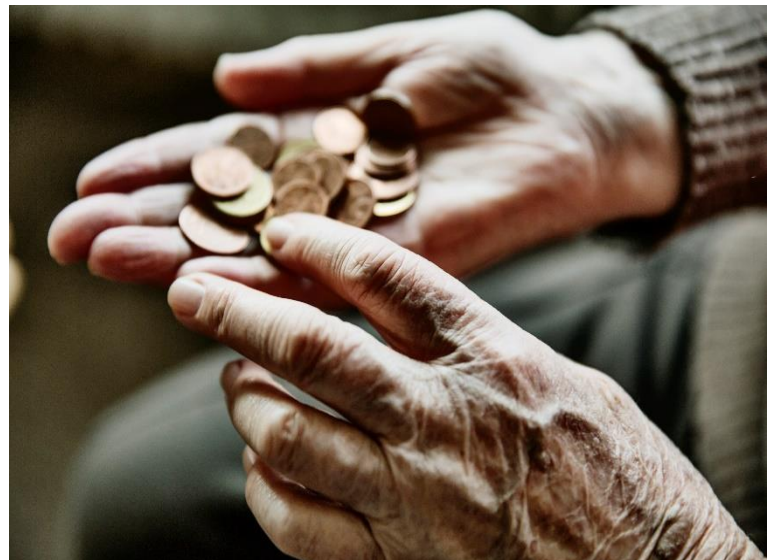
Small Coins

We collect small coins for All We Can (the Methodist Relief and Development fund). It is amazing how these small collections mount up during the year.

So, find a jar and collect your spare small coins and join those who've done this for years.

Please leave your coins with the Circuit Office.

Thank you,
Judith Joyce



Restore on the Road 2024 – 2025 and beyond



Restore is taking the community space beyond the shops onto the road to connect our town and villages even more through this project.

We have funds to lease an electric van and we are looking for people to volunteer to be part of this project.

Can you help with:

A morning or afternoon once a month or more being part of the team on the van? Would you enjoy being part of a community who take this welcoming and listening space out and about?

Driving the van once a month or more for a few hours to an event in a village around Penrith and back?

Be an organiser setting up the diary of events and getting Restore on the Road going this year and into next?



Please contact Beth Honey on beth.honey@restorecumbria.co.uk or 07831 991076 or drop into the shop to speak to her (Tues-Thurs).

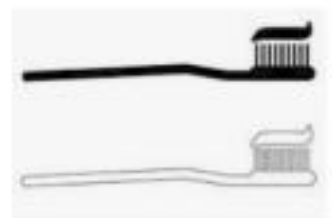
PLEASE HELP UKRAINE!

New candles – Old candles – Ends of candles –
Any candles

These will be taken to an orphanage and refugee centre in UKRAINE where they will be made into TRENCH CANDLES, which are used for light, heat and even cooking.



The soldiers also need (in good condition) socks, woolly hats and gloves. AND (NEW) toothbrushes, toothpaste and razors.



We are also collecting anything related to children for the orphanage and refugee centre.

They need toys and clothes in good condition.



All items can be left in the blue box in reception.

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JESUS SAID, "LET THE CHILDREN COME TO ME. DON'T STOP THEM! FOR THE KINGDOM OF HEAVEN BELONGS TO THOSE WHO ARE LIKE THESE CHILDREN." MATTHEW 19:14

## **ARE YOU PASSIONATE ABOUT HELPING CHILDREN AND YOUNG PEOPLE DISCOVER MORE ABOUT GOD?**

THERE IS SO MUCH WE WANT TO DO AT PMC TO CONNECT WITH CHILDREN, YOUNG PEOPLE AND FAMILIES - THROUGH TODDLER GROUPS, A NEW MESSY CHURCH, AND EXCITING NEW YOUTH GROUP EVENTS.

- COULD YOU SPARE JUST A HOUR OR TWO EACH MONTH?
- WE NEED YOUR HELP! NO EXPERIENCE NECESSARY - JUST A HEART FOR PASSING ON THE LOVE OF GOD.
- FOR MORE DETAILS, SPEAK TO MORGAN, TRACE, HELEN OR REV. TIM





## Prayer Handbook 2024/25

'Praise and Protest', the new Prayer Handbook, will be available to order until 28th July on the list in Reception. The handbook is a resource shared by Methodists throughout the world. It contains prayers for every day of the year, each day linking with different Christians at home and abroad. The new Handbook will focus on how the Church can 'learn to do right; seek justice and defend the oppressed' (Isaiah 1v17a)

The price is £4.15 per copy for a bulk order.

Best wishes - Judith Joyce



## **Salvation Army Food Bank**

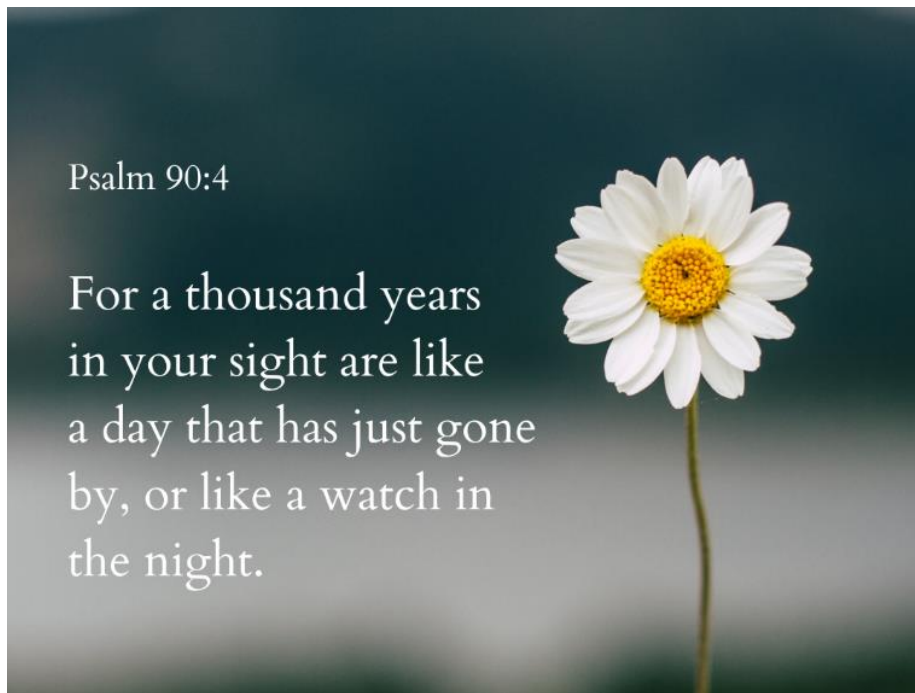
The Salvation Army are looking for donations for their food bank.

They are currently short of the following items:

- Tinned Meat to make Meals e.g. Mince and Onion, Beef Casserole, Meat Balls
- Tinned Spaghetti, Beans and Sausage, Sausages
- Tinned Vegetables
- Vegetarian Meals
- Tomato and Brown Sauces
- Gravy Granules
- Jars of Meat Paste
- Crisps, Peanut Butter, Chocolate Spread
- Longlife Milk (Blue or Green)
- Toilet Rolls, Shampoo/Conditioner

All donations are greatly appreciated.

## Thought for the week...



### Contact Details:

#### Co-Superintendent Ministers

**Rev. Tim Cooke:** 01768 890465 or email: [tim.cooke@methodist.org.uk](mailto:tim.cooke@methodist.org.uk)

**Rev. David Milner:** 01768 863209 or email: [dave@revmilner.plus.com](mailto:dave@revmilner.plus.com)

**Missional Pioneer & Communities Lay Pastor: Morgan Tebb-Roger:** 07949 156051  
or email: [outreach@penrithmethodist.co.uk](mailto:outreach@penrithmethodist.co.uk)

**Stainton Outreach Worker: Trace Cooke:** 01768 890465  
or email: [tracecooke1@gmail.com](mailto:tracecooke1@gmail.com)

**Circuit Office:** 01768 862787 or email: [admin@penrithmethodist.co.uk](mailto:admin@penrithmethodist.co.uk)  
(Open 9am - 1pm, Monday to Friday)

**Circuit Administrative Manager: Sarah Mulheron**

**Circuit Administrative Assistant: Niamh Ryan**

**Premises Manager: Lindsay Wilson**

**Eden Debt Centre Manager (CAP): Jen Dixon:** 07799 271710  
or email: [jendixon@capuk.org](mailto:jendixon@capuk.org)

**Debt Coach:** tbc

**Cottage Wood Centre - Please send a request to join our Facebook group.**

**East of Eden Mission Community Website:** [www.eastofedenmc.org.uk](http://www.eastofedenmc.org.uk)

**PMC Website:** [www.penrithmethodist.co.uk](http://www.penrithmethodist.co.uk)

**Find our Sunday services on YouTube**

**Follow us on Twitter @PMCmethodists and on Facebook**

**Let's stay connected with one another!**

