



East Cumbria **Methodist** Circuit



Weekly Bulletin Sunday 22nd September

Weddings

Morgan and Sophie will be getting married this weekend – yay!!

Congratulations to you both!

There's a lot of weddings going on this year!

Already, we've married Loren and Katie, Jo and Lauren, John and Andrew, PJ and Sarah, and Ellen and David. We still have Tom and Naomi and Tony and Mel to go! And there's even more planned for next year!



It's amazing to join in this season of love, and to celebrate couples committing themselves to one another in the sacrament of marriage.

You know, all these weddings remind me of the love God has for each of us, and the union with God that God wants us all to participate in.

In marriage, it takes both parties to make it a marriage. A couple bind themselves to each other, and commit to loving one another *'for better, for worse, for richer, for poorer, in sickness and in health, to love and to cherish, from this day forward, until we are parted by death'*.

But God, in their love for us, makes those same commitments to us without us having to do a thing!

It sounds crazy doesn't it! But God's love is the greatest love, the perfect love. God loves us despite how we respond. God actually came to our world as one of us, and was taken and killed and rose again to show how far they would go in their love for us. Nothing will separate us from God's love, Romans 8 tells us. God will always be there for us, always be present for us, and will always support and hold us.

But of course, for any marriage to work, the love and commitment must be reciprocated by both parties – with each giving themselves wholly to one

another. Just as in marriage both lives merge into one, this relationship God offers us, invites us to join in and participate in the most intimate, transformative connection with God – so that together we can receive so much more.

So, nothing will stop God loving you. Period. But just as couples vow to love and cherish each other in sickness and in health, we are invited to commit ourselves to God too, trusting in their goodness in whatever life brings.

It is only by us returning God's love – pledging ourselves to join in and journey in that love, that we will know the joy, and peace, and life in all its fullness God longs for us to know.

So, as we celebrate all these weddings, and rejoice in each couple's happiness – let's know the best love of all – God's love, and let's re-dedicate ourselves to that love – till death us do part!

Rev. Tim



Penrith

10.30am ~ Morning Communion – Rev Tim Cooke
Reading: Acts 8:26-40 NLT

Skelton

10.30am ~ Members Service

Stainton

10.30am ~ Morning Worship – Mrs Lois Morton

Cottage Wood Centre

5pm ~ Members Service

Alston Moor

11am ~ Harvest Service – Dean Lawson

Kirkoswald

10am ~ Harvest Service – Rev David Milner

Gamblesby

2pm ~ Afternoon Worship – Mr Michael Boone

Great Salkeld

6pm ~ Evening Worship – Rev David Milner

There are alternative Anglican services available.
For details, please see the EEMC website: www.eastofedenmc.org.uk

Weekly Diary

Monday 23rd September

9.30am ~ Monday Walks – Meet outside PMC

2pm ~ Bible Fellowship – Skelton Methodist Church

7:30pm ~ Penrith Music Club Concert – Church/PMC

7.30pm ~ Zoom Prayer Meeting –

All are welcome to join, please follow the link and use the Meeting ID below,

<https://zoom.us/j/97436321089>

Meeting ID: 974 3632 1089

Tuesday 24th September

10am ~ Midweek Service – Rev Gillian Belford – Church/PMC

10am ~ 'He Brews' Coffee Club – Gamblesby Methodist Chapel

10.30am ~ CAP Job Club – Beacon/PMC

1.30pm ~ Prayer Meeting – Church/PMC

7pm ~ Blencow HG – The Hollies, Blencow *(We meet twice monthly at 7pm on a Tuesday. Contact Steve on 07711 088448 for further details.)*

7pm ~ Omega House Group – Sunningdale, Stainton

7.30pm ~ Junior Youth Club – Ullswater/PMC

Wednesday 25th September

10am ~ 3C's – Cottage Wood Centre

1.30pm ~ Wednesday Get Together - Skelton Methodist Church

7.30pm ~ Living Room HG, contact Morgan or Sarah for details

Thursday 26th September

2pm ~ Parklands HG – North Gate, Milburn

3pm ~ Afternoon Communion – Rev David Milner - Woodlands

7.30pm ~ Alpha – Beacon/PMC

Friday 27th September

12 noon ~ Lunch Club – Ullswater/PMC

Saturday 28th September

9.30am ~ Harvest Flower Workshop & Coffee Morning – Ullswater/PMC

Sunday 29th September

Penrith: 10.30am Harvest Service – Social Justice Group

Patterdale: 10.30am Morning Worship – Rev Tim Cooke

Skelton: 10.30am Morning Worship – Mrs Carolyn Dickinson

Stainton: 10.30am Morning Worship – Miss Kathleen Williamson

Cottage Wood: 5pm Harvest Service

Great Salkeld EEMC Service – David Newlove – St Cuthbert's Church



Change to plan

Please note that the Circuit service on Tuesday 8th October will now be held at Stainton Methodist Church.

Wedding Invite

Sophie & Morgan are getting married on September 21st at 12 noon, Penrith Methodist Church. They would like to invite anyone from the church family who wants to attend the ceremony to come and be part of this celebration.



Prayer Chain

If there are any prayer requests within the Circuit, please do feed these to the Circuit Office and they can be distributed by the prayer chain (please only do so with permission of the person involved).

Items for the Notices

If you have any posters or information to go into the notices, please pass these on to the Circuit office – preferably email them to niamh@penrithmethodist.co.uk.



WATER AID – Great North Run

Thank you very much to all those who kindly donated to my Great North Run Charity – Water Aid. With your support I managed to raise **£469** for the incredible charity – and managed to get a course PB.

Best wishes & thanks again.

Isabella Sharrock



Gamblesby Chapel



The Members and Little Acorns invite you to join them on

Sunday 22 September

at 2pm

Led by Michael Boone

We particularly invite local farmers to give thanks for this year's Harvest.

Please bring tins to be donated to Food Bank or produce to sell.

Service followed by light refreshments

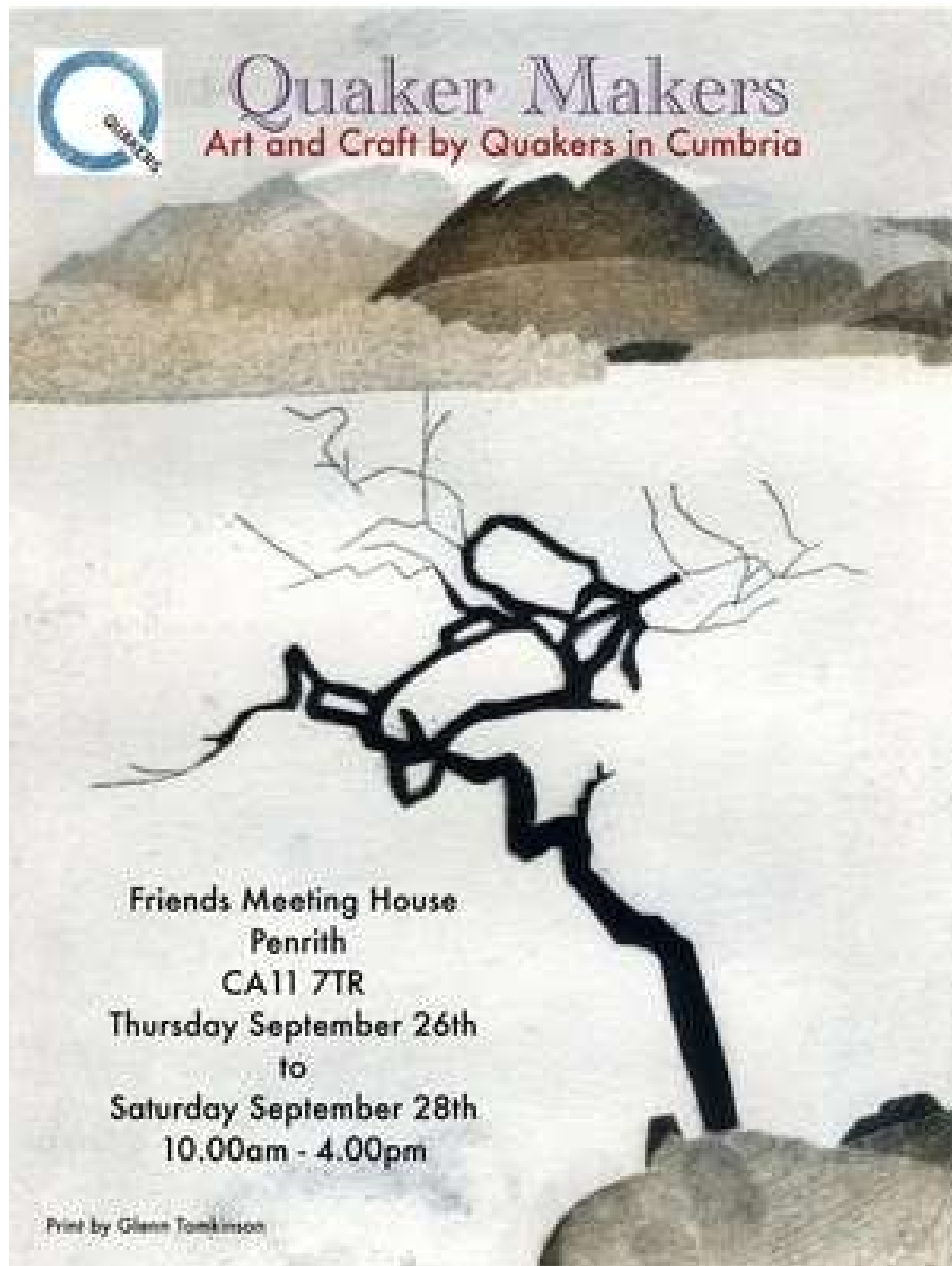


Penrith Music Club - Peter Donohoe and Martin Roscoe

Monday 23rd September at 7:30pm at PMC

As students, Peter Donohoe and Martin Roscoe formed a piano duo and they have performed and made recordings together ever since. Martin is, of course well known to Penrith Music Club regulars and we look forward to welcoming him and Peter to Penrith.

Tickets are £20 in advance or on the door (£5 for students)



The poster features a landscape with mountains and a body of water. In the foreground, there is a large, stylized black silhouette of a tree. The text is centered and reads:

Quaker Makers
Art and Craft by Quakers in Cumbria

Friends Meeting House
Penrith
CA11 7TR
Thursday September 26th
to
Saturday September 28th
10.00am - 4.00pm

Print by Glenn Tomkinson



SATURDAY 28TH SEPTEMBER

HARVEST FLOWER
WORKSHOP

9.30AM

&
COFFEE MORNING

10AM

Penrith Methodist Church, Wordsworth Street,
Penrith, CA11 7QY

GET INVOLVED IN DECORATING OUR HARVEST
FLOWER BASKETS, OR JOIN US FOR A NATTER
AND SOME CAKE OVER A HOT DRINK





Fellside HG

Fellside House Group are having a social on Thursday 26th September at 7.30pm at 36 High Cup Heights. If you are interested in finding out more about what we do, please feel free to come along.

Mike and Ange



**Saturday
28th September**



***Beetle Drive at 6.30 pm
with drinks and nibbles***

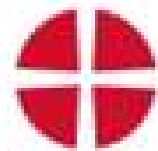
No charge but any donations will be given to
Penrith & District Red Squirrel Group



Sunday 29th September at 5 pm

Harvest Service

SKELTON
METHODIST CHAPEL



AFTERNOON TEA

Sunday 29th September
at 3pm

Bring and share
But you are very
welcome anyway even
if you can't bring
anything.



Donations for Chapel Windows Fund

PMC Harvest Service

PMC's Social Justice Group will lead the Harvest service on Sunday 29th September. As in the past, It would be lovely if all attending could bring a gift of long-life food (suitable for the Food Bank/Carlisle Refuge) to put by the altar.

Harvest Flower Baskets - donations of flowers, foliage or cash would be very welcome. If you have any suitable flower baskets please leave them in the reception area or give to a member of the Flower Team.



Thursday Tots

Jesus said, "Let the little children come to me, and do not hinder them, for the kingdom of heaven belongs to such as these." Matthew 9:14

Do you care about us being able to have the opportunity to engage with toddlers and their parents who have no other connections to church?

If so, we could do with your help!

Trace has been running a toddler group on Thursday afternoons for some time now, but we cannot re-launch it this term without someone to help run it with her.

She is grateful for the support of some who help from time to time, but she really needs someone who will commit to helping run the group (set up and then put away the toys and spend time chatting to the mums or carers).

It would only take a couple of hours each Thursday of term time - or less frequently if more offered.

If this is something you could help with, please contact Trace - tracecooke1@gmail.com.

Thanks!



CARLISLE REFUGE COLLECTION

TUESDAY 1ST OCTOBER,
9.30AM, @ PMC

The refuge requires the usual household items, in new or unmarked condition.

In addition to this they would also like some items to make up anxiety bags, these items are:-

- Adult colouring books
- Coloured pencils
- Chocolate
- Fluffy socks
- Hot water bottles
- Diamond art craft kits
- Stress balls, fidget toys, etc.

Any items can be left at PMC on Monday 30th September, or brought along on the morning of the collection.

★ Christmas! ★

Carlisle Refuge are already collecting toiletry gifts sets and children's toys (in as new condition)

They are also happy to accept furniture items (for larger items we can put you in touch with them)

Bed bases (no mattress)
Occasional tables
Chairs (with full fire regs)
Baby equipment



Methodist Women in Britain

Autumn District Day

“Travels of a MWiB President”

With guest speaker Ruth Parrott, retiring
President/Chair, MWiB

A journey of discovery, challenge and opportunity
We will also share Communion and Commissioning of
new District Chair.

Plus Craftivism – what is it and what can we do?

Wednesday October 2nd, 10:00 – 3:00pm

Venue: Cornerstones Methodist Church,
Wigan Rd, Westhoughton, Bolton, **BL5 3RQ**

Small amount of parking at the church for those less mobile, plenty of
parking on LIDL car park. **Bus 607 Bolton/Wigan** stops outside

£3 Lucky Dip fundraiser Please bring a wrapped gift (value
£3) to donate to a lucky dip and you will be invited to treat yourself
to a £3 surprise - in aid of our Chair's chosen charity

Stalls – MWiB Resources, LEARN and Olive Wood Crafts

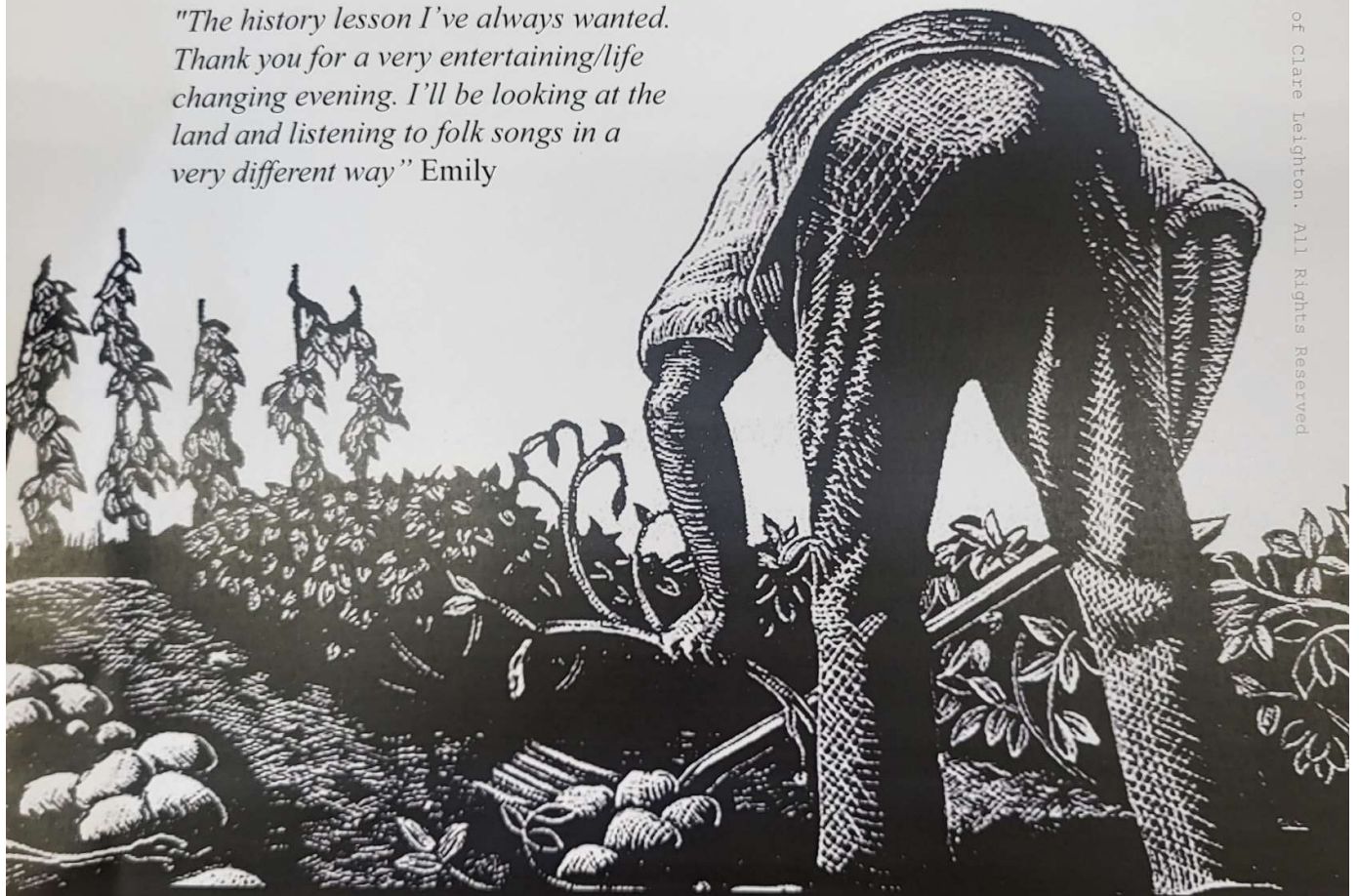
ALL are welcome (including gentlemen) - please
bring your own lunch – drinks will be available
throughout the day

3 ACRES + A COW

A HISTORY OF LAND RIGHTS + PROTEST IN FOLK SONG + STORY

"Everybody should see this"
George Monbiot

*"The history lesson I've always wanted.
Thank you for a very entertaining/life
changing evening. I'll be looking at the
land and listening to folk songs in a
very different way"* Emily



'MAN DIGGING POTATOES' FROM A WOOD ENGRAVING BY CLARE LEIGHTON, LICENSED FROM HER ESTATE VIA DACS.ORG.UK

© Estate of Clare Leighton. All Rights Reserved

THURSDAY 3RD OCTOBER // DOORS 6.30PM SHOW 7PM

PENRITH METHODIST CHURCH

TICKETS FROM THREEACRESANDACOW.CO.UK



Our next "All Together Fellowship "get-together is on **MONDAY, OCTOBER 7th, at 2pm in the Church.**

Our fellowship will, as always, begin with a short act of worship.

This month we will find out what it was that "happened to a vet ".

We look forward to Chris Swift taking us from a mill town to the dreamy spires, moving from corgis to cows and taking us on journeys from the Rockies to Norway. Chris will also talk about his transition from ridicule to faith and from love to loss.

If you are able to join us you would be very welcome.

Our fellowship always ends with opportunities to meet others, have a good chat and enjoy drinks and homemade cakes.

PLEASE NOTE that we meet again on Monday, November 4th. Lawrence (Tomlinson) and myself hope to get you all "steamed up " so that you can enjoy some great train journeys!!

If anyone hasn't got a programme of meetings and would like one, please ask us.

John & Margaret



Eco Church Bronze Award

We are pleased to announce that PMC recently received A Rocha's Eco Church Bronze Award. We are looking to make steps to reach the Silver Award in the near future.

CAP Money Course

A free, short course that makes managing your money simple.



budget. save. spend

CAP Money Coaching Course

The CAP Money Course starts on 12th October in the Beacon room from 10am to 4pm at Penrith Methodist Church. Refreshments will also be provided.

The course teaches budgeting skills that can help you make the most of your money, and to worry less about money. The course has a proven track record having helped thousands of people.

The content is relevant to most people who want to be more in control of their finances. The material is very accessible and easy to follow.

If you or anyone you know would be interested in attending a course, or finding out more about it, then please contact Alan at the following email address – capmoney@penrithmethodist.co.uk

You can also refer to the website:

<https://capuk.org/get-help/money-coaching> where you can find information about the course and how to register.

There is no charge for attending the course.

A graphic for the Alpha Course featuring a large red question mark. The text 'DO I HAVE A PURPOSE?' is written in large black letters across the top of the question mark. Other questions are written in smaller, grey, semi-transparent text: 'WHAT'S THE MEANING OF LIFE?', 'IS THERE MORE TO LIFE THAN THIS?', 'WHAT AM I DOING HERE?', and 'IS THERE A GOD?'. At the bottom left, the word 'Alpha' is written in white on a red circular background. At the bottom right, the text 'ASK US ABOUT THE ALPHA COURSE' is written in black.

This year's Alpha starts again in Penrith on Thursday 19th September, 7.30pm in the Beacon Room at Penrith Methodist Church

Light meal, video and chat about life and meaning.
Week 1: 'Is there more to life than this?'

Do come if you are intrigued or, if you are convinced already, bring a friend!



Come to The Haydock Centre, Drovers Lane On Sunday October 13th at 2pm

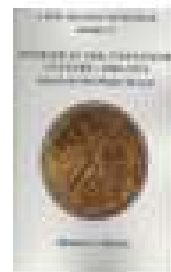
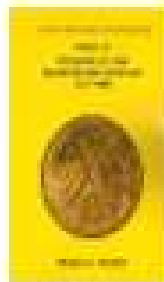
Professor Michael Mullett will be giving us a talk on

"Faith and Religion in the Lake Counties from Prehistoric to Modern times".

Admission, including refreshments, is £5.00 per person.

This will be donated to the **Monze Hospital Neonatal Unit** towards buying the very necessary equipment needed.

A Copy of Michael's book on the history of religion in Cumbria will be raffled and the proceeds going to the Monze Hospital.



The numbers of books written by Michael are far too many to mention but these illustrations give you an example of his work.

Michael is a speaker using knowledge and humour, guaranteeing us all an enjoyable afternoon.

Tickets are available on the day.




PMC Annual Pastoral Meeting

It is that time again when we have our annual pastoral meeting.

This gives us the opportunity to reflect on the pastoral work of PMC, update lists and share good practice.

Monday 14th October, 7.30pm at PMC, hope you can come.

A person in a red tank top and black shorts is climbing a large, dark, textured rock boulder. The background is a gradient from orange at the top to yellow at the bottom.

PMC's Be Boulder 2024!

Friday 18th -
Sunday 20th
OCTOBER



A day celebrating Fresh Expressions and Pioneering. Come along to hear stories from local practitioners, share with others, get creative and be inspired.

Open to anyone in Cumbria or across the North, all who have an interest in imaginative mission are welcome.

With input from Nigel Pimlott, Mission and ministry consultant, coach, writer and semi-retired foster carer.

**At Crooklands Hotel
nr. Kendal
Saturday 16th November 2024
10am - 4pm**



To book scan the QR code
or go to
www.trybooking.com/uk/DGFC

#FXCUMBRIA





Methodist Women
in Britain

Swanwick Conference 2025

this little light of mine ...

Friday 4th to Sunday 6th April 2025

at The Hayes Conference Centre, Swanwick, Derbyshire
with keynote speaker

Rev Sonia Hicks

(President of Methodist Conference 2021-2022)
plus worship, workshops, fellowship & friendship

SAVE THE DATE



**Allowing our staff to be part of our
worshipping family!**

This is a gentle reminder for all those who attend worship at PMC. When our 'staff' come to worship (apart from me), they are coming to worship, not to work. So please can people refrain from asking them about anything related to work when they have come to worship and just enjoy fellowship with us. Leave anything work related to Monday morning!

Thank you for your consideration.

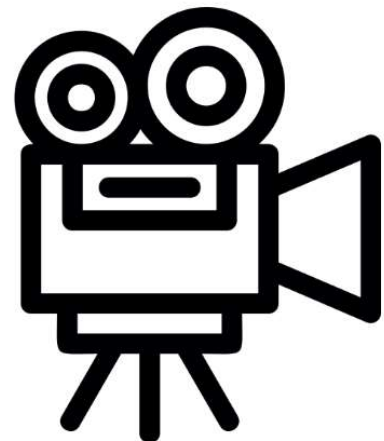
Rev. Tim

PMC Livestream Schedule - September

Please see PMC's Sunday Service Livestream schedule for the rest of this month below:

22nd September: LIVESTREAM

29th September: LIVESTREAM



Operation Christmas Child

Operation Christmas Child shoebox packing and coffee morning will be here at PMC on Saturday 12th October from 10.00 am. All are welcome to come and help.

This will be the 15th year we've packed communal boxes and many individuals and groups have done their own box/es in previous years. I've got 2 filled boxes already!

Finish your knitting of teddies, glove puppets, hats, mitts and scarves.

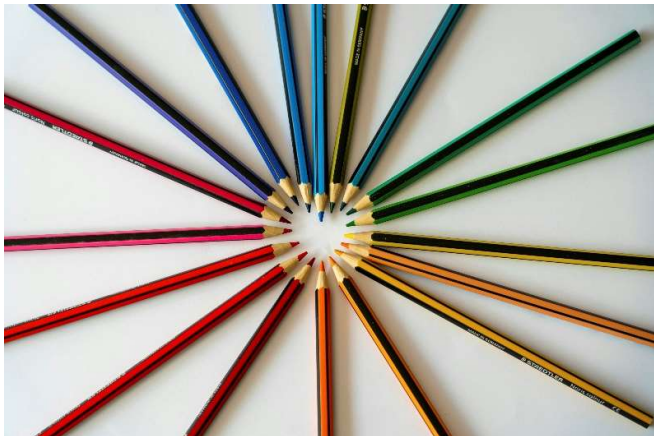
Look for small toys, toy cars, soft toys, balls, crayons, **sharpened** pencils, pens, rubbers, colouring books, paper, playing cards, flannels, soap, combs, toothbrushes, socks, t-shirts etc.

There are leaflets in Reception to guide you if you need ideas or if you want to do your own box. Remember no liquids, sweets, toothpaste, war related items or used or damaged items.

We are always grateful to receive donations towards transport costs as well.

The deadline to complete boxes is mid-November.

Thank you - Judith Joyce



Small coins for All We Can

The total raised in the last financial year was an amazing £315. Please continue to support the work of All We Can by collecting your small coins.

Thank you.
Judith Joyce



Ukraine Donations

New candles – Old candles – Ends of candles –

Any candles

These will be taken to an orphanage and refugee centre in UKRAINE where they will be made into TRENCH CANDLES, which are used for light, heat and even cooking.



The soldiers also need (in good condition) **socks, woolly hats and gloves.** AND (NEW) **toothbrushes, toothpaste and razors.**



We are also collecting **anything related to children** for the orphanage and refugee centre.

They need toys and clothes in good condition.



All items can be left in the blue box in reception.

Restore on the Road 2024–2026 and Beyond...



Are you interested in connecting up people and places in our local villages, and finding a way to encourage sustainable community groups? If so, this project for people of all ages, all faiths and no faith may be for you. It won't cost the earth or all your time.

Restore is taking the community space beyond the shops onto the road to connect Penrith with local villages through this project.

We have funds to invest in an electric van and we are looking for people to volunteer to be part of this project.



Can you be a...

- Team leader on the van, supported by the project leader; caring for the community around the van.
- Member of the community on the van; working together and encouraging community wherever the van stops.
- Van driver: an essential role but still part of the community.
- Event diary organiser; not necessarily going out on the van.

If you're interested in getting involved then we want to hear from you!

Please contact Beth Honey on:

beth.honey@restorecumbria.co.uk
or
07831 991076

Or drop into the shop & speak to her (Tues-Thurs).



RESTORE

Thought for the week...



Contact Details:

Co-Superintendent Ministers

Rev. Tim Cooke: 01768 890465 or email: tim.cooke@methodist.org.uk

Rev. David Milner: 01768 863209 or email: dave@revmilner.plus.com

Missional Pioneer & Communities Lay Pastor: Morgan Tebb-Roger: 07949 156051
or email: outreach@penrithmethodist.co.uk

Circuit Pastoral Worker: Dean Lawson: laypastor@penrithmethodist.co.uk

Stainton Outreach Worker: Trace Cooke: 01768 890465
or email: tracecooke1@gmail.com

Circuit Office: 01768 862787 or email: admin@penrithmethodist.co.uk
(Open 9am - 1pm, Monday to Friday)

Circuit Administrative Manager: Sarah Mulheron-Summers

Circuit Administrative Assistant: Niamh Ryan

Premises Manager: Lindsay Wilson

Eden Debt Centre Manager (CAP): Jen Dixon: 07799 271710
or email: jendixon@capuk.org

Debt Coach: tbc

Cottage Wood Centre - Please send a request to join our Facebook group.

East of Eden Mission Community Website: www.eastofedenmc.org.uk

PMC Website: www.penrithmethodist.co.uk

Find our Sunday services on YouTube

Follow us on Twitter @PMCmethodists and on Facebook

Let's stay connected with one another!

