



East Cumbria **Methodist** Circuit



## Weekly Bulletin Sunday 27<sup>th</sup> October The Bigger Picture



This is the reflection I shared at last week's Woodland Collective with a few tweaks. I thought you might like to read it too. For best results, please read in a woodland:

I just want to invite you to look up at the tree canopy. What do

you notice about it? When looking up in a woodland, I'm reminded of how the different trees interact. Most of their branches rarely cross, preferring to grow where there's more light rather than competing for space. They are an individual ecosystem, a home for thousands of bugs, birds and squirrels.

And yet, they remain part of a bigger picture. Underneath our very feet is a network of mycelian connecting every living thing planted in this ground. They communicate with one another and even help heal one another. When there is disease, they know about it and can share nutrients with one another at critical times. Ecologist Suzanne Simard describes trees as 'social creatures'. Even when they fall and die, they put their nutrients back into the ground to help the younger trees and for decades after the dead wood continues to be a habitat for different life forms. Each tree has a part to play in the larger ecosystem around it. Sorry you may have noticed that I love trees...

Jesus was really good at drawing our attention to the bigger picture. Inviting us to focus on that which is greater than ourselves: the love we show all humanity. "Love your neighbour" (Mark 12:31).

It's easy in the world today, to focus on 'me' and 'my own'. 'What's best for me and my family? Me and my community. Me and my country.' Valid questions to ask except when it gets in the way of us showing love to others and forgetting the bigger picture. Whilst we are all individuals, we remain part of a bigger story. A bigger ecosystem.

This often feels unordered and chaotic. Sometimes it's uncomfortable because we want to keep all our nutrients to ourselves. But I don't think that's what being part of this global ecosystem is all about. I think it's about playing our part, loving one another and respecting all. But don't let me tell you what to think. What does being part of a global ecosystem look like to you? How does it inform your interactions with the world?

*Morgan Tebb-Roger*



**Penrith**

**10.30am** ~ Morning Worship – Mr Morgan Tebb-Roger

Reading: Mark 10:35-45

**7pm** ~ Encounter

**Skelton**

**10.30am** ~ Morning Worship – Mr Michael Boone

**Stainton**

**10.30am** ~ Joint Service at Dacre – Rev Tim Cooke

**Cottage Wood Centre**

**3pm** ~ Afternoon Worship – Mr Michael Boone

**Alston Moor**

**11am** ~ Morning Worship – Mr David Pepin

**Kirkoswald**

**10am** ~ Morning Communion – Rev Mary Elliot

**Gamblesby**

**2pm** ~ Afternoon Worship – Mr Dean Lawson

**Great Salkeld**

**6pm** ~ Evening Worship – Veronica Priest

***There are alternative Anglican services available.***

***For details, please see the EEMC website: [www.eastofedenmc.org.uk](http://www.eastofedenmc.org.uk)***



**Encounter – Sunday 27<sup>th</sup>**  
**October**

A reminder that Encounter is on this week at PMC, 7pm.

# Weekly Diary

## **Monday 28<sup>th</sup> October**

**9.30am** ~ Monday Walks – Meet outside PMC

**6.15pm** ~ Choral Group – Sandgate/PMC

**6.30pm** ~ Carols by Candlelight Rehearsal – Beacon/PMC

**7.30pm** ~ Zoom Prayer Meeting –

*All are welcome to join, please follow the link and use the Meeting ID below,*

<https://zoom.us/j/97436321089>

*Meeting ID: 974 3632 1089*

## **Tuesday 29<sup>th</sup> October**

**10am** ~ Midweek Service – Mrs Lois Morton – Church/PMC (Reading: Mark 10:46-52)

**10am** ~ 'He Brews' Coffee Club – Gamblesby Methodist Chapel

**10.30am** ~ CAP Job Club – Beacon/PMC

**11am** ~ 4F – Ullswater/PMC

**1.30pm** ~ Prayer Meeting – Church/PMC

**7pm** ~ Blencow HG – The Hollies, Blencow (*We meet twice monthly at 7pm on a Tuesday. Contact Steve on 07711 088448 for further details.*)

**7pm** ~ Omega House Group – Sunningdale, Stainton

## **Wednesday 30<sup>th</sup> October**

**10am** ~ 3C's – Cottage Wood Centre

**1.30pm** ~ Wednesday Get Together - Skelton Methodist Church

**7.30pm** ~ Living Room HG, contact Morgan or Sarah for details

## **Thursday 31<sup>st</sup> October**

**7.30pm** ~ Alpha – Beacon/PMC

## **Friday 1<sup>st</sup> November**

**12 noon** ~ Lunch Club – Ullswater/PMC

## **Saturday 2<sup>nd</sup> November**

**10am** ~ Fair Trade Christmas Coffee Morning – Ullswater/PMC

**4.30pm** ~ Step into the Light (Penrith Messy Church) – Ullswater/PMC

## **Sunday 3<sup>rd</sup> November**

**Penrith: 10.30am** Morning Communion – Rev Tim Cooke

**Skelton: 10.30am** Morning Worship – Mr Dean Lawson

**Stainton: 10.30am** Morning Worship – Miss Kathleen Williamson

**Cottage Wood: 3pm** Afternoon Worship – Mrs Carolyn Dickinson

**Alston Moor: 11am** Morning Worship – Rev Mary Elliot

**Nenthead: 5pm** Pennine Praise

**Culgaith: 11am** Morning Worship – Hazel & Peter Bowes

**Langwathby: 11am** Morning Worship – Mr Lawrence Tomlinson

**Gamblesby: 10am** Little Acorns Anniversary

**Penrith Methodist Church - Carols by Candlelight**  
**Invitation**

This year's theme is "ALL THINGS NEW"! We warmly invite anyone interested in participating in our Carols by Candlelight event to join us for our first rehearsal on **28th October at 6:30pm**.

Rehearsals are flexible, lasting no more than an hour, and you are welcome to arrive at any point during that time. We will also offer a practice-at-home feature to ensure everyone has the opportunity to participate.

For more details or to express interest, please email Michael at [cumbriaentertainment@gmail.com](mailto:cumbriaentertainment@gmail.com).

Come, be a part of something special!



**4F**

**Pumpkin Light Party**

**All the treats, without the tricks**



**Penrith Methodist Church**  
**Tuesday 29th October, 11am-2pm**

**Fancy dress** *(no scary monsters please!)*  
**Pumpkin carving** **Apple bobbing**  
**Crafts & games**



# FAIR TRADE Christmas Coffee Morning

Saturday 2nd November  
10am – 12 noon,  
at Penrith Methodist Church

- Fair Trade Christmas Cards
- Fair Trade food and wrapping paper from OXFAM
- Fair Trade gifts from Victoria's
- Christine Milner's handmade cards
- Coffee & cake stall

Come along, buy cards and gifts for Christmas, have a cuppa & some cake, share in fellowship, and support Fair Trade



The background of the entire poster is a dark night sky filled with colorful fireworks in shades of orange, yellow, and pink. The fireworks are scattered across the frame, with some appearing as bright bursts and others as long, trailing streaks. The overall effect is festive and celebratory.

# PENRITH MESSY CHURCH

4.30PM - 6.00PM

SATURDAY 2ND NOVEMBER 2024

## Step into the light.

Join us at Penrith Methodist Church for:

- Crafts
- Games
- A fire pit
- Teas and coffees
- An outdoor reflection and praise
- A free family meal

FOR MORE INFORMATION CONTACT  
[BETH.HONEY@RESTORECUMBRIA.CO.UK](mailto:BETH.HONEY@RESTORECUMBRIA.CO.UK)

All are welcome!



# **GAMBLESBY METHODIST CHAPEL**

## **HE BREWS COFFEE CLUB**

**EVERY TUESDAY 10am to 12pm +**

Enjoy games, crafts or just a chat only £2

Soup and a roll from November only £2.50



## **LITTLE ACORNS 10<sup>th</sup> ANNIVERSARY CELEBRATION**

Our Creative Children's Christian Club is 10 years old – we invite all present and past members to attend a bring and share lunch from **12 noon on SUNDAY 3 NOVEMBER** when we can share memories, play games and plan for the future.

## **COMMUNITY REMEMBRANCE SERVICE**

Sunday 10 November 2024 at 2pm

Led by Mrs Jan Blackshaw including bugler

Our illuminated display of poppies will adorn the chapel

## **DATES FOR YOUR DIARY**

Little Acorns Christmas coffee and stalls fund raiser

**SATURDAY 7 DECEMBER 2024** from 10am to 1pm

**COMMUNITY CAROL SERVICE 4pm SUN 22 DECEMBER**

More details next month



We next meet for our " All Together Fellowship " on  
**MONDAY, NOVEMBER 4th, at 2pm in the Church.**

As always, our time together will begin with a short act of worship.



We will then invite you to join  
us on some great train journeys.



The engines will be steamed

up in advance so that you can enjoy travelling with us.

John and Lawrence will give a talk and visual presentation which  
will include brief information about the chosen railways, and  
plenty of opportunities to see the trains on their journeys.

If you are able to join us you would be very welcome.

Our fellowship always ends with opportunities to meet others,  
have a good chat and enjoy drinks and homemade cakes.

**PLEASE NOTE that we meet again on Monday, December 9th.**

**This will be our Christmas get-together**

**John & Margaret**



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WE HELP **RESTORE** HOPE, FAITH  
AND HAPPINESS IN OUR COMMUNITY.

**RESTORE ON THE ROAD IS SUPPORTING US AS WE ....**

# Knit Together!



Join us as we share our skills to knit & crochet angels for the local community, drink coffee, chat and enjoy being community together!

*Beginners are welcome - lots of help will be on hand!  
Bring your own supplies or use the ones from Restore*

**EVERY THURSDAY IN NOVEMBER**

**7TH - 14TH - 21ST - 28TH**

**10:30 TO 11:30AM**

**STANTON METHODIST CHURCH**



FOR MORE INFO CONTACT TRACE - 07891532979

OR POP IN ON A THURSDAY



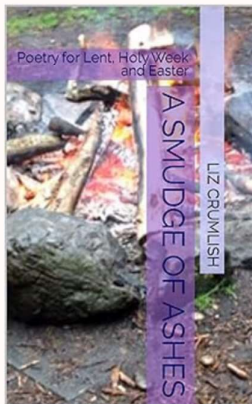
# Liz Crumlish

Rev. Liz Crumlish recently attended PMC's 'Be Boulder' weekend. Liz is Scottish Episcopal Priest living in Ayrshire. She is also a poet, author, well-respected Retreat leader and has written three books.

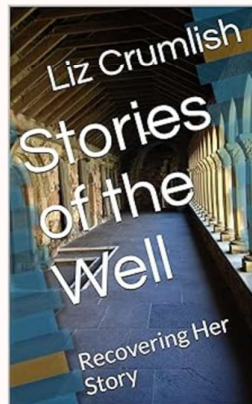
'**A Smudge of Ashes**' is a collection of poems for Lent and Holy week.

'**Stories of the Well**' reflects on stories of women in scripture.

'**Birthing God - A Resource for Advent**' explores the stories of five women and their subversive contributions of their generations.



£9.99



£7.95



£7.95

If you would be interested in purchasing any of the above books, please get in touch with the Circuit Office by 15th November and we can then place a bulk order with Liz.






# Embracing the Chaos

Liz Crumlish, 2024

How might I dwell  
in that space between  
without continually looking  
over my shoulder to what was  
When I feel suspended in mid-air  
between what was  
and what shall be.

How might I embrace the chaos  
as a place of creativity  
that has great potential  
as, together with God,  
we shape an, as yet, unimaginable future.

Just as the leaves change colour  
and fall to the ground  
to nourish the earth,  
may we see possibility  
in all the changes this season brings  
Embracing the chaos with God.



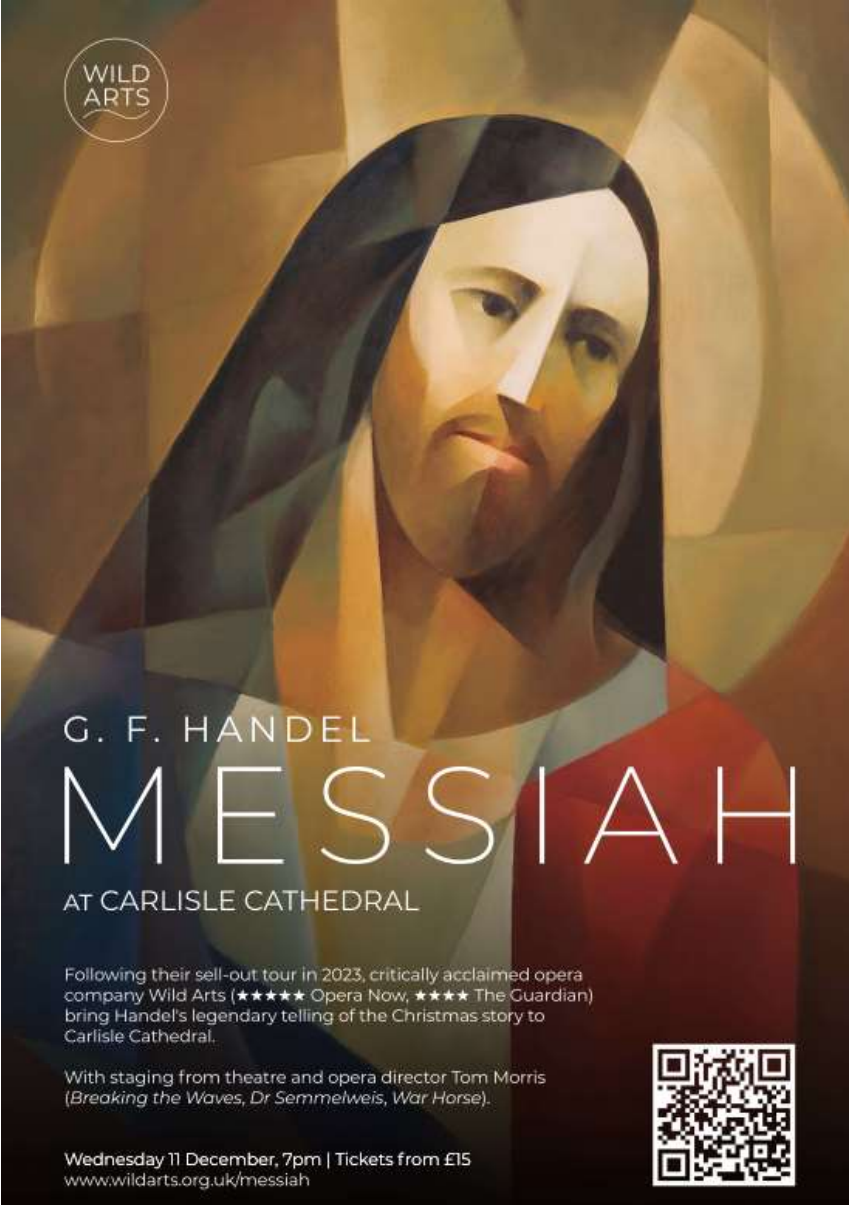
## PMC Christmas Charities Nominations

We normally donate any cash offerings from our services over the Christmas period to charity and would like members and friends of PMC to nominate some for this year.

If you can choose a local one and a national or international one, we will count the nominations and see which secure the most support.

Please email your nominations by **Friday 15<sup>th</sup> November** to Niamh:

[niamh@penrithmethodist.co.uk](mailto:niamh@penrithmethodist.co.uk)




**WILD ARTS**

G. F. HANDEL  
**MESSIAH**  
AT CARLISLE CATHEDRAL

Following their sell-out tour in 2023, critically acclaimed opera company Wild Arts (★★★★★ Opera Now, ★★★★ The Guardian) bring Handel's legendary telling of the Christmas story to Carlisle Cathedral.

With staging from theatre and opera director Tom Morris (*Breaking the Waves, Dr Semmelweis, War Horse*).

Wednesday 11 December, 7pm | Tickets from £15  
[www.wildarts.org.uk/messiah](http://www.wildarts.org.uk/messiah)





## **PLEASE HELP UKRAINE**



Thank you to everyone for contributing to the humanitarian aid that we are collecting for Ukraine. Everything that you donate goes directly from us to the soldiers and to the orphanage and refugee centre. Steve, our contact in Odesa (who used to live in Cumbria), comes back to the UK every few months to load his 44-tonne lorry with aid, so nothing is too big or too small!

Some of the things that we need are:

- Candles – preferably just plain wax ones, new or partly used (these are melted down and made into trench candles)
- Warm hats, gloves, socks and underwear for the soldiers, as well as toiletries, toothbrushes, toothpaste, paracetamol, razors and bandages.
- Chocolate, sweets and dried soup etc. that can be made into a meal by the addition of hot water. (These all need to have very long use-by dates.) To bring a little comfort to weary soldiers.
- Any items to help the wounded – such as disability aids.
- Adult clothes, bedding (including clean duvets) and towels for the refugee centre.
- Boxes of washing powder for laundry. Female sanitary and hygiene products. Soap, shampoo and shower gel.
- Children's clothes and toys, as well as any equipment relating to children for the orphanage.

With your help we will let the brave people of Ukraine know that they are not alone.

Thank you.

Viv and Colin 01768 863518



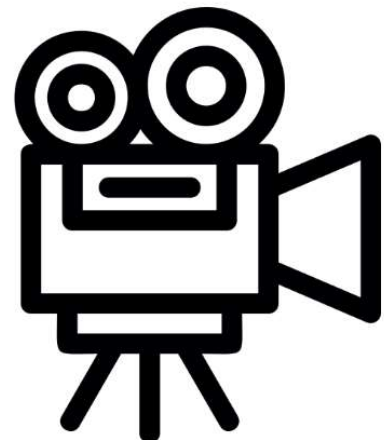
### **Clocks Going Back**

A reminder that the clocks will be going back on Sunday 27<sup>th</sup> October at 2am.

### **PMC Livestream Schedule – October**

Please see PMC's Sunday Service Livestream schedule for the rest of this month below:

**27th October: NO LIVESTREAM**



# Restore on the Road 2024–2026 and Beyond...



**Are you interested in connecting up people and places in our local villages, and finding a way to encourage sustainable community groups? If so, this project for people of all ages, all faiths and no faith may be for you. It won't cost the earth or all your time.**

Restore is taking the community space beyond the shops onto the road to connect Penrith with local villages through this project.

We have funds to invest in an electric van and we are looking for people to volunteer to be part of this project.

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## Can you be a...

- Team leader on the van, supported by the project leader; caring for the community around the van.
- Member of the community on the van; working together and encouraging community wherever the van stops.
- Van driver: an essential role but still part of the community.
- Event diary organiser; not necessarily going out on the van.

If you're interested in getting involved then we want to hear from you!

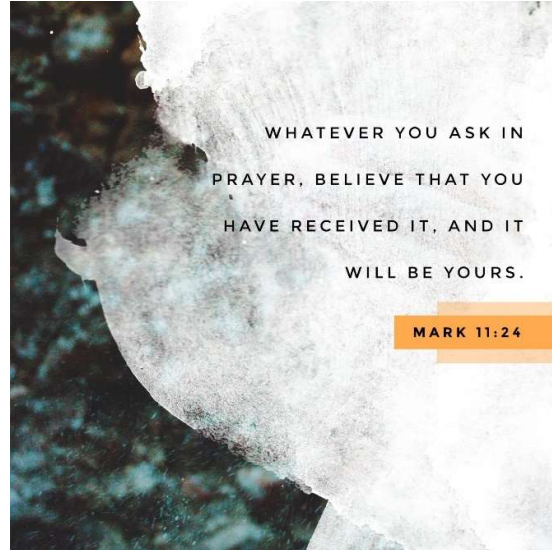
Please contact Beth Honey on:

[beth.honey@restorecumbria.co.uk](mailto:beth.honey@restorecumbria.co.uk)  
or  
**07831 991076**

Or drop into the shop & speak to her (Tues-Thurs).



## Thought for the week...



### Contact Details:

#### Co-Superintendent Ministers

**Rev. Tim Cooke:** 01768 890465 or email: [tim.cooke@methodist.org.uk](mailto:tim.cooke@methodist.org.uk)

**Rev. David Milner:** 01768 863209 or email: [dave@revmilner.plus.com](mailto:dave@revmilner.plus.com)

**Pioneer Enabler: Morgan Tebb-Roger:** 07949 156051

or email: [outreach@penrithmethodist.co.uk](mailto:outreach@penrithmethodist.co.uk)

**Circuit Pastoral Worker: Dean Lawson:** [laypastor@penrithmethodist.co.uk](mailto:laypastor@penrithmethodist.co.uk)

**Stainton Outreach Worker: Trace Cooke:** 01768 890465

or email: [tracecooke1@gmail.com](mailto:tracecooke1@gmail.com)

**Circuit Office:** 01768 862787 or email: [admin@penrithmethodist.co.uk](mailto:admin@penrithmethodist.co.uk)

(Open 9am - 1pm, Monday to Friday)

**Circuit Administrative Manager: Sarah Mulheron-Summers**

**Circuit Administrative Assistant: Niamh Ryan**

**Premises Manager: Lindsay Wilson**

**Eden Debt Centre Manager (CAP): Jen Dixon:** 07799 271710

or email: [jendixon@capuk.org](mailto:jendixon@capuk.org)

**Debt Coach: Jo Varley:** 07464 939138

or email: [jovarley@capuk.org](mailto:jovarley@capuk.org)

**Cottage Wood Centre - Please send a request to join our Facebook group.**

**East of Eden Mission Community Website:** [www.eastofedenmc.org.uk](http://www.eastofedenmc.org.uk)

**PMC Website:** [www.penrithmethodist.co.uk](http://www.penrithmethodist.co.uk)

**Find our Sunday services on YouTube**

**Follow us on Twitter @PMCmethodists and on Facebook**

**Let's stay connected with one another!**

