



## Weekly Bulletin

### Sunday 12<sup>th</sup> January

### Not Going Out



The words above are the title of a well-known TV Show. I also received an email advert which said 'Reasons not to go out', advertising programmes to be watched. This may well apply to many of us last weekend when the weather made it treacherous to walk and the snow and ice made it unsafe to drive.

How did that make us feel? Shut in? Bored with our own

company? Or an opportunity to catch up on something which awaited attention? If we are usually 'out and about' we perhaps entered into the experience of those who are unable to leave their home, often on a long-term basis.

We have just celebrated Epiphany when we remember the visit of the Magi to the infant Jesus. What if they had stayed at home rather than following a star? We certainly would not have heard of them. There would not have been a visit to King Herod which led to the massacre of the infants. There would have been no gifts which we think of in the message they brought about the future life of Jesus. The Magi had to leave home in order to offer their worship to the New Born King.

During ministry of Jesus we read of times when he needed to be alone. He probably had no fixed home in which to stay but metaphorically 'didn't go out' as he went to a lonely place to pray. It was only after such times that his busy ministry could continue.



So there are mixed feelings about 'going out' or 'staying in', giving advantages in both. In our Christian pilgrimage (a word which suggests travel) each experience

is valid. If we have to stay in we can have the opportunity to read, think and pray. We can remember others and as appropriate be in touch by phone or other media. That way we (and they) will feel less isolated. If we are able to go out then there is a big wild world to explore including the opportunity to meet with fellow Christians for worship, prayer and learning. Also to reach out to others in more practical ways in order to help and offer care.

Whatever our personal position we can trust that God knows. He understands us and will enter into our lives whatever they look like. May I commend the words of StF 610 where we are reminded 'Best of all is God is with us.... though faith is frail....love renews, will not forget...grace received and hope reformed....life is Christ and death is gain....love grows stronger.

*Lois Morton*



**Penrith**

**10.30am** ~ Covenant – Rev Tim Cooke  
Readings: Jeremiah 31:31-34; John 14:15-24 NLT

**Patterdale**

**10.30am** ~ Covenant – Rev Andrew Callaway

**Skelton**

**10.30am** ~ Members Service

**Stainton**

**10.30am** ~ Covenant – Rev Gillian Belford

**Cottage Wood Centre**

**3pm** ~ Members Service

**Alston Moor**

**11am** ~ Local Arrangement

**Kirkoswald**

**10am** ~ Covenant – Rev David Milner

**Gamblesby**

**2pm** ~ Covenant – Rev David Milner

**Renwick**

**2pm** ~ Covenant – Dr Peter Bowes

***There are alternative Anglican services available.***  
***For details, please see the EEMC website: [www.eastofedenmc.org.uk](http://www.eastofedenmc.org.uk)***



# Weekly Diary

## **Monday 13<sup>th</sup> January**

**9.30am** ~ Monday Walks – Meet outside PMC

**6.15pm** ~ Choral Group – Sandgate/PMC

**7.30pm** ~ Penrith Music Club Concert – Church/PMC

**7.30pm** ~ Zoom Prayer Meeting –

*All are welcome to join, please follow the link and use the Meeting ID below,*

<https://zoom.us/j/97436321089>

*Meeting ID: 974 3632 1089*

## **Tuesday 14<sup>th</sup> January**

**10am** ~ Midweek Service - Covenant – Rev David Milner – Church/PMC

**10am** ~ ‘He Brews’ Coffee Club – Gamblesby Methodist Chapel

**10.30am** ~ CAP Job Club – Beacon/PMC

**1.30pm** ~ Prayer Meeting – Church/PMC

**7pm** ~ Blencow HG – The Hollies, Blencow *(We meet twice monthly at 7pm on a Tuesday. Contact Steve on 07711 088448 for further details.)*

**7pm** ~ Omega House Group – Sunningdale, Stainton

**7.30pm** ~ Junior Youth Club – Ullswater/PMC

## **Wednesday 15<sup>th</sup> January**

**10am** ~ 3C’s – Cottage Wood Centre

**1.30pm** ~ Wednesday Get Together - Skelton Methodist Church

**2pm** ~ Langwathby Community Fellowship – Langwathby Methodist Chapel

**7.30pm** ~ Living Room HG, contact Morgan or Sarah for details

## **Thursday 16<sup>th</sup> January**

**10.30am** ~ Oasis – Langwathby Methodist Church

**1pm** ~ Thursday Tots – Ullswater/PMC

**7pm** ~ Foundation Safeguarding Training – Sandgate/PMC

## **Friday 17<sup>th</sup> January**

**12 noon** ~ Lunch Club – Ullswater/PMC

**7.30pm** ~ Woodland Collective – *Meet at PMC for car share*

## **Sunday 19<sup>th</sup> January**

**Penrith: 10.30am** Morning Worship – Mr Morgan Tebb-Roger

**Skelton: 10.30am** Covenant – Rev David Milner

**Stainton: 10.30am** Morning Worship – Mr Lawrence Tomlinson

**Cottage Wood: 3pm** Afternoon Worship – Rev Tim Cooke

**Alston Moor: 11am** Morning Worship – Mr David Pepin

**Kirkoswald: 6.30pm** Third Sunday Service – Mr Dean Lawson

**Please note that, due to poor weather last week (Sunday 5<sup>th</sup>), the worship schedule for this week has changed (Sunday 12<sup>th</sup>) – please see the list on the previous page for more details.**

'MAY YOU BE  
COVERED IN THE  
DUST OF YOUR RABBI'

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PMC COVENANT SERVICE  
SUNDAY 12TH JANUARY  
10.30AM

**Penrith Music Club – Pei-Jee Ng (Cello)**  
**& Chiao-Ying Chang (Piano)**

***Monday 13th January at 7.30pm at PMC***

Australian-born Pei-Jee Ng studied at the Royal Academy of Music and has appeared as soloist at numerous international venues, including New York, Taiwan, Berlin and London. Chiao-Ying Chang was born in Taiwan and also studied at the Royal Academy of Music, since when she has enjoyed a successful career as both a solo performer and chamber musician.



Tickets are £20 in advance or at the door (£5 for students)

**Change to Service**

Please note that the PMC Tuesday Service on the **21<sup>st</sup> of January** is now taking place at **12.30pm**, not 10am.

This is to coincide with the week of prayer for Christian Unity.







## Langwathby Community Fellowship

Wednesday, 15 January at 2pm at the Chapel

*An informal afternoon of table games*

*This meeting is open to everyone and includes refreshments*



## OASIS

*Come to our monthly Oasis of refreshment and reflection*

Thursday, 16 January at Langwathby Chapel

Coffee served from 10.30.

A short service follows and a light lunch

***You will be very welcome!***

Restore Penrith

[www.restorecumbria.co.uk](http://www.restorecumbria.co.uk)

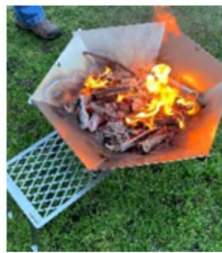
## Restore on the Road 2024–2026 and Beyond...



**Are you interested in connecting up people and places in our local villages, and finding a way to encourage sustainable community groups? If so, this project for people of all ages, all faiths and no faith may be for you. It won't cost the earth or all your time.**

Restore is taking the community space beyond the shops onto the road to connect Penrith with local villages through this project.

We have funds to invest in an electric van and we are looking for people to volunteer to be part of this project.



### Can you be a...

- Team leader on the van, supported by the project leader; caring for the community around the van.
- Member of the community on the van; working together and encouraging community wherever the van stops.
- Van driver: an essential role but still part of the community.
- Event diary organiser; not necessarily going out on the van.

**If you're interested in getting involved then we want to hear from you!**

Please contact Beth Honey on:

[beth.honey@restorecumbria.co.uk](mailto:beth.honey@restorecumbria.co.uk)  
or  
07831 991076

Or drop into the shop & speak to her (Tues-Thurs).



FOR  
US

## PMC Coffee

It would be appreciated if folks can please sign up on the Sunday morning coffee rota, 29th December to the end of March is currently empty!

Perhaps it could be a New Year resolution to take a regular slot on the rota, as it facilitates an important part of PMC's caring nature.



# JOIN OUR TEAM !

Centre  
Development  
Manager

Organised?

Motivated?

Leader?

Full Time permanent contract,  
£32-34K job share considered  
for the right person  
Closing date 19th January 2025



**AMBLESIDE  
PARISH CENTRE**

*For the community  
and churches of Ambleside*

For more info or an application pack  
contact  
[grace.cauldwell@methodist.org.uk](mailto:grace.cauldwell@methodist.org.uk)  
07341960506





You are welcome to join us for our first “All Together Fellowship “ meeting of 2025 .... **at 2pm in church on Monday January 20th.**

Our time together will begin with a short act of worship.

The sport of lacrosse has a rich history and its popularity has grown in recent years.



Morgan Tebb-Roger will talk about how the sport has very much shaped the person he is today.

Lacrosse has taken Morgan around the world, and, in addition to being formational, it has embedded a sense of fairness into his life.

He says “Sometimes our own prejudice or ignorance can stop us from experiencing something amazing “.

Our fellowship always ends with opportunities to meet others, have a good chat and enjoy drinks and homemade cakes.

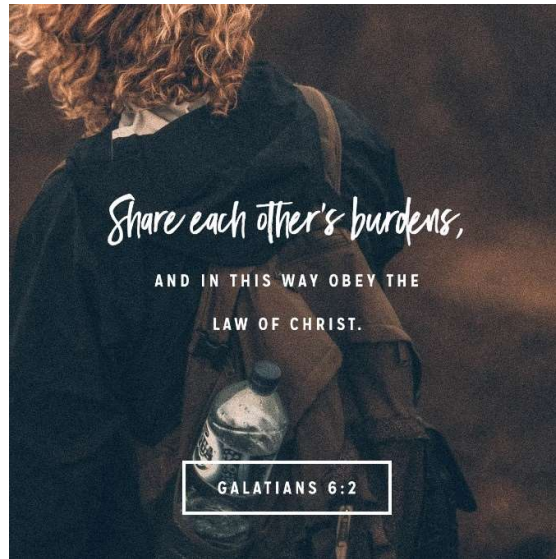
**PLEASE NOTE that we meet again on Monday, February 3rd.**

Graham Allan will take us on the Cumbria Coastal Way and show us its route and highlights.

If anyone hasn't got a programme of meetings from January to June and would like one, please ask us.

John & Margaret

## Thought for the week...



### Contact Details:

#### Co-Superintendent Ministers

**Rev. Tim Cooke:** 01768 890465 or email: [tim.cooke@methodist.org.uk](mailto:tim.cooke@methodist.org.uk)

**Rev. David Milner:** 01768 863209 or email: [dave@revmilner.plus.com](mailto:dave@revmilner.plus.com)

**Pioneer Enabler: Morgan Tebb-Roger:** 07949 156051

or email: [outreach@penrithmethodist.co.uk](mailto:outreach@penrithmethodist.co.uk)

**Circuit Pastoral Worker: Dean Lawson:** [laypastor@penrithmethodist.co.uk](mailto:laypastor@penrithmethodist.co.uk)

**Stainton Outreach Worker: Trace Cooke:** 01768 890465

or email: [tracecooke1@gmail.com](mailto:tracecooke1@gmail.com)

**Circuit Office:** 01768 862787 or email: [admin@penrithmethodist.co.uk](mailto:admin@penrithmethodist.co.uk)

(Open 9am - 1pm, Monday to Friday)

**Circuit Administrative Manager: Sarah Mulheron-Summers**

**Circuit Administrative Assistant: Niamh Ryan**

**Premises Manager: Lindsay Wilson**

**Eden Debt Centre Manager (CAP): Jen Dixon:** 07799 271710

or email: [jendixon@capuk.org](mailto:jendixon@capuk.org)

**Debt Coach: Jo Varley:** 07464 939138

or email: [jovarley@capuk.org](mailto:jovarley@capuk.org)

**Cottage Wood Centre - Please send a request to join our Facebook group.**

**East of Eden Mission Community Website:** [www.eastofedenmc.org.uk](http://www.eastofedenmc.org.uk)

**PMC Website:** [www.penrithmethodist.co.uk](http://www.penrithmethodist.co.uk)

**Find our Sunday services on YouTube**

**Follow us on Twitter @PMCmethodists and on Facebook**

**Let's stay connected with one another!**

