



Weekly Bulletin Sunday 2nd February

Pull up a Pew

It was pointed out to me at the prayer meeting this week that I have thing about chairs, particularly empty ones at church! I was sharing the thoughts I had following Michael's invitation during Sunday's service to look at the empty chairs – having arrived late we'd snuck in and went upstairs



and so had a good view of what in times past would have been a full congregation. (We regularly sat on the balcony because it was easier than trying to find a place downstairs.)

Generally, I do have a thing about chairs and sofas. I am regularly reminded that I need to curb my desire to fill spaces in our home with comfy seating arrangements. Where does that come from? I don't know - maybe it's an attempt to create a welcome, to make sure there are lots of options for visitors to be comfortable, to enjoy the space and the company.

Michael encouraged us to reflect on our being the body of Christ. I looked at those empty chairs and thought to myself, it's really painful to lose part of the body. And it leaves scars. This will resonate with those who have had surgery of any kind. We were then challenged: 'If we are hurting for those empty seats, for one part of the body no longer present, then let's pray for them.'



I don't know about you but I have found it difficult to know how to broach people's decisions to remain apart from the body at PMC. I felt a wave a guilt looking at those empty chairs. There are people I really should have contacted but I was probably too worried about being seen as judgemental. There is a sense of loss because many have chosen to no longer identify with us at PMC and sadness for not trying harder to keep some relationships going. 1 Corinthians v 27 says

'Now you are the body of Christ, and each one of you is a part of it'. It can take a long time to find a body that we feel we fit with and if a part finds it is no longer able to stay in the body, the whole body is caused to suffer. (see v26).

We are immensely grateful for those in the PMC body who have prayed, sustained, and hurt with us through my cancer journey so far. My ongoing prayers are that together we would be moved to action, be bold in renewing friendships, continue in fellowship and welcome new faces. To use our gifts and service to build the body up, to show Jesus to one another.

Don't get me wrong, bums on seats for sake of numbers is not the goal here, but how good would it be to see every chair filled once again? Dare we pray that we might not have enough and need to get more?

Oh no.... I might now have to resist the temptation to get more seating arrangements in place.

Nicola McNicol



Penrith

10.30am ~ Morning Communion – Rev Tim Cooke
Readings: Joel 2:21-24, 26, 28-30a; 2 Timothy 1:5-7

Skelton

10.30am ~ Morning Worship – Mrs Lois Morton

Stainton

10.30am ~ Morning Worship – Mrs Carolyn Dickinson

Cottage Wood Centre

3pm ~ Covenant – Rev David Milner

Alston Moor

11am ~ Morning Worship – Rev Mary Elliot

Nenthead

5pm ~ Pennine Praise

Culgaith

11am ~ Morning Worship – Mr Dean Lawson

Langwathby

11am ~ Morning Worship – Rev David Milner

***There are alternative Anglican services available.
For details, please see the EEMC website: www.eastofedenmc.org.uk***



Monday 3rd February

9.30am ~ Monday Walks – Meet outside PMC

2pm ~ All Together Fellowship - Church/PMC

6.15pm ~ Choral Group – Sandgate/PMC

7.30pm ~ Zoom Prayer Meeting –

All are welcome to join, please follow the link and use the Meeting ID below,

<https://zoom.us/j/97958259742?pwd=oiRL9sKL0a5HLaFltJwuT09krXA7Ug.1>

Meeting ID: 979 5825 9742

Password: 585914

Tuesday 4th February

10am ~ 'He Brews' Coffee Club – Gamblesby Methodist Chapel

10am ~ Midweek Service – Mr Morgan Tebb-Roger – Church/PMC

1.30pm ~ Prayer Meeting – Church/PMC

7pm ~ Blencow HG – The Hollies, Blencow *(We meet twice monthly at 7pm on a Tuesday. Contact Steve on 07711 088448 for further details.)*

7pm ~ Omega House Group – Sunningdale, Stainton

7.30pm ~ Junior Youth Club – Ullswater/PMC

Wednesday 5th February

10am ~ 3C's – Cottage Wood Centre

10am ~ Coffee Morning – Skelton Methodist Church

1.30pm ~ Wednesday Get Together - Skelton Methodist Church

7pm – 8pm ~ Cottage Wood Monthly Prayer Time - *We are continuing to pray at home, and all are welcome to take part for any or all of the hour.*

7.30pm ~ Living Room HG, contact Morgan or Sarah for details

Thursday 6th February

10.15am ~ Meeting Point – Langwathby Methodist Chapel

1pm ~ Thursday Tots – Ullswater/PMC

2pm ~ Parklands HG – Upper Link/PMC

7.30pm ~ Fellside HG *(Contact Mike on 07511089321 or Ange on 07808801229 for more details)*

Friday 7th February

12 noon ~ Lunch Club – Ullswater/PMC

7.30pm ~ Supper Club Quiz Night – Ullswater/PMC *(see separate notice)*

Sunday 9th February

Penrith: 10.30am Morning Worship – Rev David Milner

Patterdale: 10.30am Morning Worship – Mr Morgan Tebb-Roger

Skelton: 10.30am Morning Communion – Rev Tim Cooke

Stainton: 10.30am
Cottage Wood: 3pm
Alston Moor: 11am
Kirkoswald: 10am
Gamblesby: 2pm
Renwick: 2pm

Morning Worship – Mr Michael Boone
Afternoon Worship – Mr Michael Boone
Local Arrangement
Morning Worship – Rev Andrew Callaway
Afternoon Worship – Rev David Milner
Afternoon Worship – Mr Morgan Tebb-Roger

Penrith Music Club – William Bracken
(Piano)

Monday 10th February at 7.30pm at PMC

William Bracken is in high demand as a recitalist, concerto soloist, chamber musician and teacher. Concert highlights include several concerto performances at The Barbican, Liverpool Philharmonic Hall, St. John's Smith Square and recitals at Chipping Campden Festival, LSO St. Luke's and most recently Wigmore Hall, where he was praised by the Telegraph for his *"courage and stamina and musicality in abundance"* and *"an ability to hold an audience in the palm of his hand"*. William also made his New York debut at Carnegie's Weill recital hall in January 2024.



Tickets are £20 in advance or at the door (£5 for students)

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**NEEDED – URGENTLY!**  
**CANDLES**

**New candles - - - - - Old candles**  
**Ends of candles - - - - ANY candles!**

**These will be taken to an orphanage and refugee centre in UKRAINE where they will be made into TRENCH CANDLES, which are used for light, heat and even cooking.**

**Thank you!**





We meet for our next " All Together Fellowship "  
at **2 pm** in church on **MONDAY, FEBRUARY 3rd.**

The session will begin with a short act of worship.

The Cumbria Coastal Way  
Graham Allan will take us on  
the walk and show us the  
route and its highlights.



The path which links the  
Lancashire and Scottish  
borders was opened in  
1985 and is 182 miles long.

Talk and slide presentation

Afterwards, there will be time to enjoy each other's company and tuck  
into some tasty refreshments.

**Our next " All Together Fellowship " is on Monday, March 3rd.**

This will be an audio visual presentation given by Rachel Smith.  
We will hear about the red squirrel's struggle for survival and the work  
being done in helping them to survive in this pocket of England.

All donations from this meeting will be given to :-  
" The Penrith and District Red Squirrel Group "

If anyone hasn't got a programme of meetings from January to June and  
would like one, please ask us.

John & Margaret

# A QUIZ NIGHT & MORE

Invitation from

## SUPPER CLUB

to an evening of  
fun, fellowship and refreshments at PMC  
on Friday February 7th at 7 30 pm



**ALL ARE WELCOME TO THIS EVENT.**

Teams will compete against each other answering questions on a variety of topics. Points will also be accumulated by identifying the correct definitions of obscure words.

{ Remember " Call my Bluff " .. BBC TV Panel game }

Do come along if you can .... We look forward to seeing you.

John & Margaret ( Gore )

PLEASE JOIN US FOR

# ★ SUNDAY LUNCH ★

FEBRUARY 16TH | AFTER THE SERVICE | PMC

Serving Casserole (Veggie option available) and Sponge Pudding with Custard

Please let Ange know if you have any dietary requirements.

An illustration of five people sitting around a table, eating and talking. There are plates of food, glasses, and a small menu on the table. The background is a gradient of blue and yellow with some decorative circles.



**YOU ARE INVITED TO**

**4F**

**AT PENRITH METHODIST  
CHURCH**

~~~~~  
17th February 2025

8th April 2025

15th April 2025

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**11am - 2pm**

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**To book your place please
contact
admin@penrithmethodist.co.uk**



Eden CAP Service



Are looking for a new Secretary

The CAP Services Management Team are looking to appoint a new secretary who will assist with running of the Management Team meetings.

This is a voluntary position

If you are interested or would like more information please contact

Fred Setters, Chair of the Eden CAP Services Management Team

fsetters@suremail.gg

Closing date: Friday 28th February 2025

OVERVIEW

Christians Against Poverty is a national award-winning charity on a mission to end UK poverty. CAP equips the local church to work effectively in their community combining the provision of services to alleviate poverty and the hope of the gospel. The Eden CAP Services Management Team oversees the work of the CAP Debt Centre, CAP Job Club and CAP Money Coaching budgeting course. These services provide free help to the residents of Penrith and the Eden District. The Debt Centre works in partnership with, and is supported by, a network of churches around Eden.

The successful candidate will be expected to attend four meetings per year.

Essential duties will include taking minutes at the meetings.

Desirable applicants will also be open to and have experience of:

- Looking for suitable grant applications
- Assisting in the writing of grant applications
- As part of the wider management team, provide wisdom, support and accountability to the Eden CAP Services

World Day of Prayer 2025

World Day of Prayer is a worldwide movement led by Christian women of many traditions who call the faithful together to observe a common day of prayer each year.

More than 120 countries participate in an annual day of celebration which brings together people of various races, cultures and traditions sharing God's word and worship.

This year in Penrith the Service* will be held on **Friday 7th March 2025 at 2pm** at **Penrith Methodist Church.**

ALL are welcome.

**Which has been prepared by the women of the Cook Islands - 'I made you wonderful'.*



wholehearted
monthly

Hosted by [The Methodist Church](#) in Britain and open to all.

Wholehearted Monthly is a monthly online gathering of diverse people who are passionate about mission, the sessions will be held on the second Tuesday of each month starting from March 2025 from 7.00pm to 9.00pm.

Think community organising rally meets immersive spiritual laboratory. It's for anyone committed to a vibrant friendship between "Church" and "World" — and a desire for both to flourish. Each month, testimony from local innovators, input from a renowned guest speaker, and wisdom-sharing in networks around Gospel justice, inclusion, evangelism, and growth.

11th March - Nadia Bolz-Weber is a best-selling author, public theologian and pastor, and is the founder and church planter of House for All Sinners and Saints.

8th April - Rowan Williams is a theologian, poet and former Archbishop of Canterbury, and is author of fifty books on literature, politics, and being Christian.

13th May - Chine McDonald is a writer, broadcaster and author, and is Director of Theos, the religion and society think tank.'

To find our more or sign up follow <https://tinyurl.com/yjpspsp7>

Accommodation Requests

Accommodation needed for a single gentleman who is starting work at the Glenmore Trust in Arthur Street. He doesn't drive and has been Stella's lodger for the last 18 months.

Please contact Stella Restarick if you can help at 07453 090134



Christian Cambridge vet student Oliwia is looking for accommodation from the 1st to the 14th of September. Would anyone like a lodger?

Thank you,
Chris Swift (07748 988033)

CAP Management Group

Due to the imminent departure of Tim and Trace, we are looking to recruit a couple of people to be part of the CAP Eden services Management Group.

This group oversees and manages the work of CAP across our area – namely, the Eden Debt Centre, Job Club and Money Courses.

It is a small, ecumenical group who share a passion for reaching out in practical ways to help people in our community – especially the poor or vulnerable.

The Group meets quarterly to pray, review operations, and plan for the future.

If this is something that you might want to consider, please contact Rev. Tim Cooke at tim.cooke@methodist.org.uk



Garden for Use

Large garden/allotment available on Wordsworth Street. Free to use for a good home!

Contact 07960 958367 – Ian Whiteon



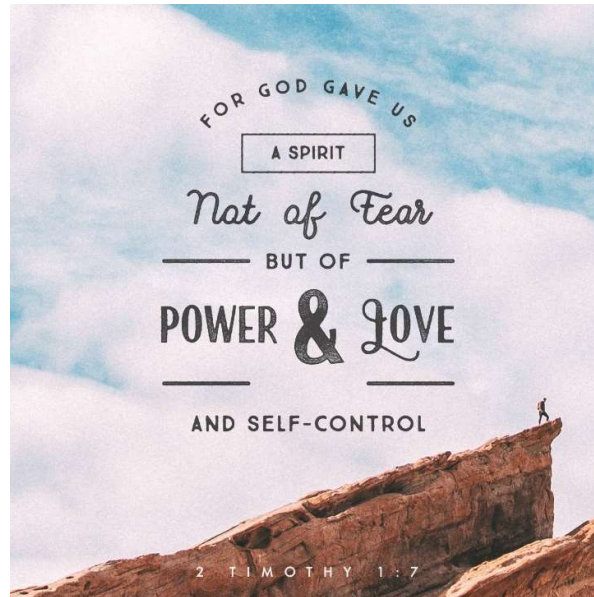
Ministry of Flowers

Thank you so very much for the donations which you have given us towards providing the church flowers at PMC.

These gifts make such a difference to the flowers that we can put in the church and which give so much pleasure to many. Should you like to make a donation towards this ministry, please contact a member of the Flower Team.

We are also in need of some extra help distributing flowers following the Tuesday service (we have 4 months this year without a flower distributor). These flowers are delivered to those who are unwell, lonely, in need or have a special occasion. Please contact the Circuit Office or a member of the Flower Team if you would like to get involved!

Thought for the week...



Contact Details:

Co-Superintendent Ministers

Rev. Tim Cooke: 01768 890465 or email: tim.cooke@methodist.org.uk

Rev. David Milner: 01768 863209 or email: dave@revmilner.plus.com

Pioneer Enabler: Morgan Tebb-Roger: 07949 156051

or email: outreach@penrithmethodist.co.uk

Circuit Pastoral Worker: Dean Lawson: laypastor@penrithmethodist.co.uk

Stainton Outreach Worker: Trace Cooke: 01768 890465

or email: tracecooke1@gmail.com

Circuit Office: 01768 862787 or email: admin@penrithmethodist.co.uk

(Open 9am - 1pm, Monday to Friday)

Circuit Administrative Manager: Sarah Mulheron-Summers

Circuit Administrative Assistant: Niamh Ryan

Premises Manager: Lindsay Wilson

Eden Debt Centre Manager (CAP): Jen Dixon: 07799 271710

or email: jendixon@capuk.org

Debt Coach: Jo Varley: 07464 939138

or email: jovarley@capuk.org

Cottage Wood Centre - Please send a request to join our Facebook group.

East of Eden Mission Community Website: www.eastofedenmc.org.uk

PMC Website: www.penrithmethodist.co.uk

Find our Sunday services on YouTube

Follow us on Twitter @PMCmethodists and on Facebook

Let's stay connected with one another!

